



318 GUELPH ST., GEORGETOWN
 (Between Honda & Swiss Chalet)
 905-702-8701

www.figuresgeorgetown.ca
 Locally Owned and Operated

Fast Fun Fitness For Her!

Come Celebrate our 1ST ANNIVERSARY

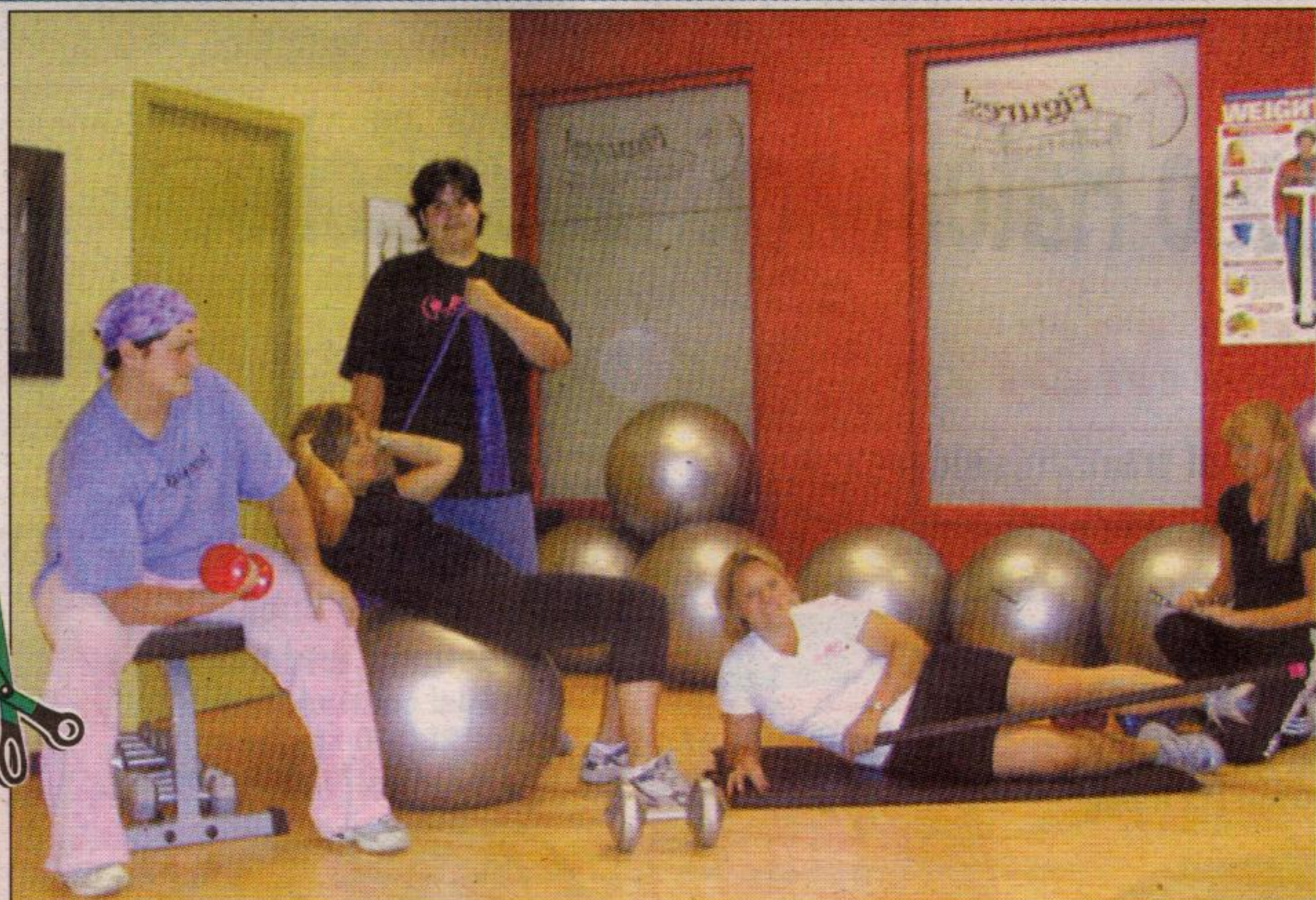


Our Figures Staff: Caroline Harris Club Manager, Helen Noble - owner, Barb Ridd - owner, Attie Jones - Certified Instructor, Bonnie Gonchar - Personal Trainer,

- * VARIETY OF CLASSES
- * CARDIO EQUIPMENT
- * CERTIFIED STAFF
- * SMALL GROUP PERSONAL TRAINING



Call NOW to pre-book your appointment
 mention this ad to receive a
FREE FIGURES Water Bottle!



SMALL GROUP PERSONAL TRAINING AVAILABLE AT A REDUCED RATE the two additional people are Amanda Curry - member - she lost over 28" doing small group training, Jen Harlow - member she lost over 34" doing small group training.

COUPON

Fast Fun Fitness For Her!

FREEDOM SUMMER
 Sign up for 12 months, first payment starts September '04.

EXCEPTIONAL VALUE
 Limited Time Offer.

Hurry in - First 75 to join
1/2 OFF SERVICE FEE
 with this ad.
 Coupon expires September 11/04

"ANNIVERSARY SPECIAL HELD OVER ONE MORE WEEK - ALL APPOINTMENTS BOOKED BY SEPTEMBER 11TH, 2004 RECEIVE THE SPECIAL RATE."

" LOOK WHAT A ONE YEAR OLD CAN DO "

- Raised over \$3500 riding the Big Bike for the Heart and Stroke Foundation
- Found out how to manage our Stress level at a Stress Management seminar
- Great monthly prizes!
- Proper footwear seminar
- Sponsors Georgetown Soccer Club Girls Division
- Donated over 50 One month memberships to local charities / fundraisers
- Improved our health and beauty at a workshop hosted by Nancy Desjardins RNCP
- Summer Maintenance workshop hosted by Nancy Desjardins RNCP
- Helped participants reach their fitness and nutrition goals through our PILOT kit to get fit program
- Lost over 1834 inches - Club total
- Had a custom fit bra workshop
- Pampered our members with a hand massage and facial
- Gave away great prizes: custom fit bathing suit, beach bag, running jacket, set of wine glasses, tablecloth and napkins with napkin rings, dinner for 2, back to school knapsack, hair cut style and consultation.

* initiation fee based on one year membership, not to be used in conjunction with any other offer*