Please note: Community Calendar is a free editorial service to non-profit groups, churches, schools, and charity-supported events only.

- Deadline for submission is noon Monday for the Wednesday edition and 4 p.m. Wednesday for the Friday edition.
- A contact name and telephone number must be part of each submission.
- We reserve the right to edit the briefs- make sure the five 'Ws' (who, what, where, why and especially when) are included
- While every effort is made to publish an event at least once, there is no guarantee.
- We do not take community calendar items over the telephone.
- Fax to Community Calendar: 905-873-0398; e-mail: cgamble@independentfreepress.com or drop off at The Independent & Free Press front desk located in the Georgetown Market Place.

Wednesday, Sept. 8

Bruce Trail hike: Meet at the tall light standard between Zellers and the medical building for a 5 to 6 km hike departing at 9:30 a.m. Bring water and a snack. Leader: Maureen, 905-873-9757.

Stammtisch: German speaking women's group (Stammtisch) meets at the George & Dragon Restaurant every second Wednesday of the month from 7 p.m. New ladies always welcome. For info call 905-877-7196.

La Leche League meets: The Georgetown and Acton La Leche League, which offers mother-to-mother breastfeeding support with trained, experienced leaders, meets at 7:30 p.m. at the Ontario Early Years Centre, 96 Guelph St., Georgetown. For more information, and breastfeeding guidance call Sarah at 905-873-8023.

Cemetery walk: Esquesing Historical Society hosts a walk-about of historic Boston Church Cemetery at 7 p.m. with Rev. Rick Ruggle. The meeting will be inside the church if weather inclement. The church is located at Third Line, south of 10 Side Road on the east side.

Boating registration: The North Halton Power and Sail Squadron will be holding registration for boating courses at the Georgetown Market Place today and tomorrow (Sept. 9), 7-9 p.m. Boating and marine maintenance courses will be held Sept. 20 while the boating operators card course

COMMUNITY CALENDAR

will be held in September. Info: 905-877-8815.

Amnesty meeting: Amnesty International, Halton Hills, invites anyone interested in protecting and promoting human rights to attend its meeting at 7:30 p.m., St. John's United Church, 11 Guelph St., Georgetown. From more info call 905-877-8853 or visit www.haltonhills.com/amnesty.

Homeschooling meeting: New and seasoned homeschoolers are welcome to join members of the North Halton Homeschooling group for an informative and social night on home education at 7 p.m. Call Stephanie for info 905-877-3545.

Thursday, Sept. 9

Limehouse euchre: Play euchre at the Limehouse Memorial Hall, 7:30 p.m. Hosted by the Limehouse Women's Institute.

Emotions Anonymous: Is your life becoming unmanageable? Emotions Anonymous can help! No cost, no commitment and no appointment necessary. The group meets every Thursday, 7:30 p.m. sharp at Norval Presbyterian Church, rear entrance. Info: Angela or David, 905-873-2852.

Prenatal program: Halton Region Health Department's Healthiest Babies Possible prenatal program is accepting registrations for its free sixweek series, 7-9 p.m. at the Ontario Early Years Centre, Georgetown. Info: 1-866-442-5866 ext. 7899.

Knitters meet: Halton Hands In Motion Knitting and Crocheting Guild will hold its first meeting of the new season from 7-9 p.m. at the Georgetown Seniors' Centre, 318 Guelph St. (rear entrance). Membership is \$25/season; first visit is free. Info: Diane at 905-877-1521.

Seniors luncheon: The Georgetown and District Senior Men's Luncheon Club starts its new season with a noon meeting at the Holy Cross Church hall. The speaker will be from the new Gellert Community Centre. Admission is \$8 per person and new members are welcome. Info: George Miehm, 905-877-2697 or Ted Gorth, 905-877-6774.

More CALENDAR, pg. 19

Stick with your high blood pressure treatment, or you may be in far a masty surprise. Canadian Coabbon for High Blood Pressure Presentan and Control to the line of the line





HALTON HILLS MIXED VOLLEYBALL LEAGUE

Registration

If you are interested in playing Adult Co-ed Volleyball, registration will take place at:

Georgetown Market Place
on Guelph St., near the Zellers store entrance.
Monday, September 20th, 2004
7:00 - 8:00 p.m.
Fee: \$105.00/player or \$825.00/team
Cheques only, payable to HHMVL

- There is a minimum of 8 players per team and a minimum of 3 females per team.
- The HHMVL can accommodate up to 30 teams. They will be filled on a first come, first serve basis.

• Players must be 19 years of age or older.

 Due to insurance purposes, no spectators under the age of 19 years will be allowed

For more information please call the league hotline at 905-702-9823 or visit our website: http://web.stn.net/haltonvb/

Referee needed carded or uncarded'. If interested contact Kate at 905-702-9436

Tooth Chatter



ALEX TRENTON DENTURIST

DISCOVER YOUR DENTURIST IF YOU WEAR DENTURES

- 1. Avoid using pads, liners or denture adhesives to improve the fit or your dentures. If they're loose, see your denturist. Your gums, like your eyes, change as you get older. Dentures, like eyeglasses, must be adjusted or changed periodically.
- 2. Avoid using very hot or very cold water on your dentures, and don't let them dry out. Such extremes can cause your denture to warp.
- 3. Remove your dentures overnight and put them in a container filled with water. This won't cause your face to sag! It will give your gums a needed rest. Healthy gums will extend the life of your dentures.
- 4. Have yearly check-ups. Our office does not charge for consultations. If you follow these tips, your dentures will fit, function and look their best.

You do not need a referral - simply call our office direct.

Creating confident smiles since 1982.

Alexander Trenton, D.D., F.C.A.D. (A)

Denturist
Georgetown Denture Clinic,
18 Church Street,
Georgetown, Ontario

(905) 877-2359

(Across from the Library and Cultural Centre)
www.georgetowndentureclinic.com



ALTON HILLS HAWKS GIRL'S SOFTBALL TRYOUT CAMP

ALL TRYOUTS WILL BE HELD AT THE GEORGETOWN FAIRGROUNDS SENIOR DIAMOND 6 pm - 8 pm

NOVICE GIRLS (Turning 13-14 in 2005)
BANTAM GIRLS (Turning 15-16 in 2005)
Monday September 13th and 20th

MIDGET GIRLS (Turning 17,18,19 in 2005)
Tuesday September 14th and 21st

SQUIRTS GIRLS (Turning 11-12 in 2005)
MITE GIRLS (Turning 9-10 or under in 2005)
Wednesday September 15th and 22nd

For more information call: Janet Allison - 905-877-9219 Dave Lloyd - 905-702-3900

You've watched it at the Olympics - now come out and play one of Canada's fastest growing women's sports!

And the ball of the ball of the



Rampulla's
Martial Arts
211 Armstrong Ave.,
Georgetown
905-702-1116

