Duathlon debut a winning one for local teen

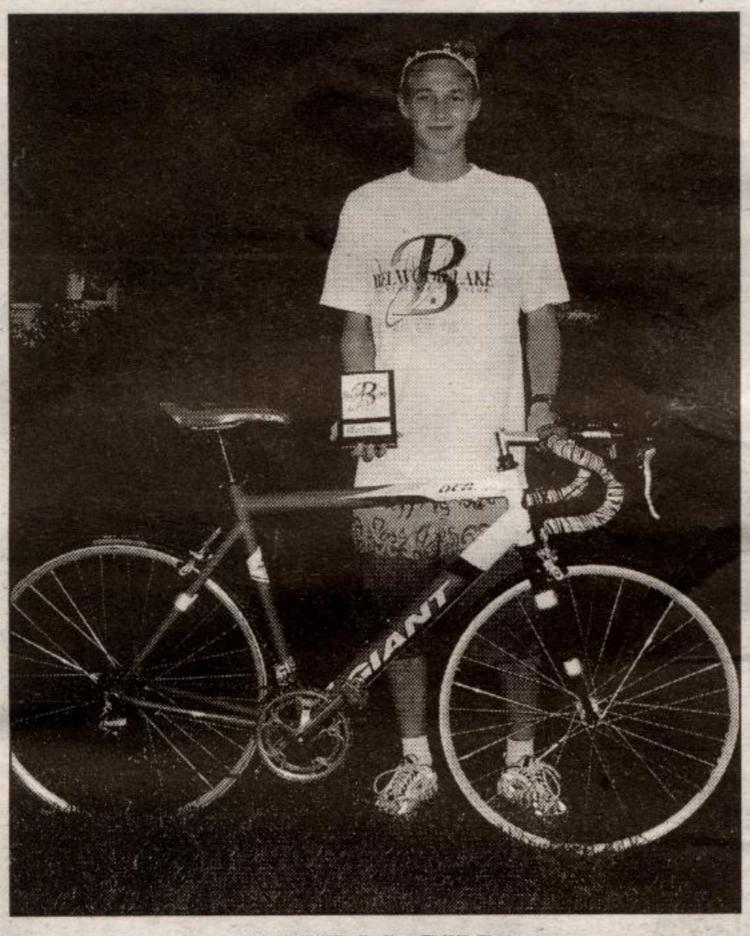
eorgetown's Mike McGill made quite the duathlon

The 17-year-old won his age class (19and-under) and finished 15th overall out of 186 competitors at the Belwood Triathlon & Duathlon. The race, part of the Subaru Triathlon Series, was McGill's first duathlon.

McGill, a former Golden Horseshoe Athletic Conference (GHAC) cross-country champion, took full advantage of his running skills. He was fourth after the two-kilometre run to start the race, finishing in five minutes and 56 seconds.

Though being a newcomer to competitive cycling, McGill finished the 33-kilometre ride in under an hour, leaving him two minutes behind the leader in his age class, but still in striking distance.

He delivered in the race's final leg, a seven-kilometre run. He finished in 26 minutes and three seconds for the thirdbest overall time. That moved him into



MIKE McGILL

15th overall and his total time of one hour, 31 minutes and 28 seconds won his division by a minute and 24 seconds.

In the Belwood Triathlon, John Grace of Georgetown finished second in the men's 50-54 division and 70th overall in the field of 424 competitors. Grace finished with a strong run, placing 24th overall on the final leg by completing the seven kilometre run in 26 minutes, 37 seconds.

POWER Pilates FALL CLASSES

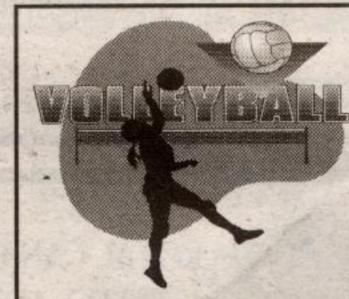
Norval Presbyterian Church Starting Sept. 14/04

Please call Jodi Livingstone for more information

905-796-0183



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HALTON HILLS LADIES VOLLEYBALL LEAGUE Registration

LADIES RECREATIONAL & COMPETITIVE VOLLEYBALL

Registration Georgetown Market Place on Guelph St., near the Zellers mall entrance. MONDAY, SEPT. 13th, 2004

from 7:00 to 8:00 p.m.

Fee: \$90.00 ind. or \$720.00 team Cheques only payable to HHLVL

- Games are now being played out of St. Bridgets in Georgetown South.
- •Games are played on Monday nights commencing Oct. 04th.
- •Players must be 19 yrs. of age
- •Recreational & competitive divisions depending on turnouts.

FOR MORE INFORMATION CALL ROSEANN 905-877-7255



GEORGETOWN MEN'S **NON-CONTACT** HOCKEY LEAGUE

2004/2005 Season Registration

The Georgetown Men's Non-Contact Hockey League, open to players 30 years of age and older, is holding three registration sessions for the upcoming season.

Registration is for all players who played in the league during the 2003/2004 season and want to play this season, and for any new players interested in joining the league for the upcoming season.

The three registration days are being held at Mold-Masters SportsPlex on the following days:

Tuesday, September 7th, 2004 - from 6:00 PM to 9:00 PM Thursday, September 9th, 2004 - from 6:00 PM to 9:00 PM Saturday, September 11th, 2004 - from 9:00 AM to 1:00 PM

(The registration table will be set up in the lobby in front of Ice Pad B)

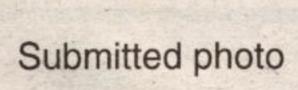
COST IS \$350.00 PER PLAYER FOR THE SEASON.

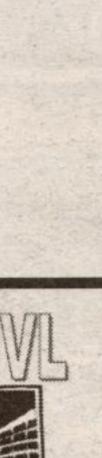
FOR DETAILS ON THE LEAGUE, ANY QUESTIONS OR FOR NEW PLAYER INQUIRIES, PLEASE CALL... PAUL BROMBY at 519-833-0281

> or E-Mail your inquiry to the league at: gmnchl@sympatico.ca

Local player named MVP

Holden Vetro of Norval was selected as the tournament MVP at the 21st Annual Mississauga International Soccer Tournament recently. Vetro scored once and set up four more goals to lead the North Mississauga Under-11 Panthers to a 8-0 victory over the Mississauga Falcons in the championship game.





HALTON HILLS MIXED **VOLLEYBALL LEAGUE**

Registration

If you are interested in playing Adult Co-ed Volleyball, registration will take place at:

Georgetown Market Place on Guelph St., near the Zellers store entrance. Monday, September 20th, 2004 7:00 - 8:00 p.m. Fee: \$105.00/player or \$825.00/team Cheques only, payable to HHMVL

- There is a minimum of 8 players per team and a minimum of 3 females per team.
- The HHMVL can accommodate up to 30 teams. They will be filled on a first come, first serve basis.
- Players must be 19 years of age or older.
- Due to insurance purposes, no spectators under the age of 19 years will be allowed

For more information please call the league hotline at 905-702-9823 or visit our website: http://web.stn.net/haltonvb/

Referee needed carded or uncarded'. If interested contact Kate at 905-702-9436