

Tooth Chatter



by
**ALEX
TRENTON
DENTURIST**

**ADJUSTING TO NEW DENTURES
FEEL**

At first your new dentures might feel very large in your mouth. You may even experience a gag reaction. This is normal in the beginning. In time, with a little patience and practice, you will adjust naturally to this initial fullness and barely notice it in your mouth.

SPEECH

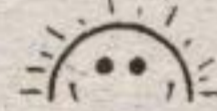
Many new denture wearers have difficulty at first with their speech. Words containing "S" sounds can be a problem. Practicing speech aloud with your new dentures in place will help restore your normal speaking quality. Try reading aloud from a book or magazine in front of the mirror. This will help you to get used to the new speaking position of your tongue and new denture. This will also give you more confidence. Also, before you speak, it is helpful to first bite and swallow. This will "set" the dentures in position and improve clarity.

EXCESS SALIVA

When you first receive your new dentures, you will probably notice an increase in the flow of saliva in your mouth. This is a normal response to the unfamiliar new denture. On the average, most people swallow about 600 times a day. For the first few days after receiving your new teeth, you should try to swallow more frequently. After a few days have passed, your mouth will become used to the denture, and saliva flow will return to normal.

You do not need a referral; simply call our office direct.

Creating confident smiles since 1982



Alexander Trenton, D.D., F.C.A.D. (A)
Denturist

Georgetown Denture Clinic,
18 Church Street,
Georgetown, Ontario

(905) 877-2359

(Across from the Library and Cultural Centre)
www.georgetowndentureclinic.com

Books available to take the fear out of school

Back-to-school time is often a period of mixed emotions, especially for children starting school for the first time.

Some children charge into their classrooms eagerly while others have more difficulty adjusting. The library has many books that can help familiarize children with the sights and routines of school, comfort the anxious and interest the enthusiastic. Here are some titles suggested by Marie Vickery, our Children's and Youth Services specialist at the Acton Branch:

In *The Twelve Days of Kindergarten* by Deborah Lee Rose and Cary Armstrong-Ellis students tour their new classroom through the "gifts" their teacher gives to them. This book is full of detailed illustrations full of fun things to look for, and the story is especially silly if you can manage to sing it.

When You Go to Kindergarten by James

**AT
THE
LIBRARY**



Clare Hanman

Howe and Betsy Imershein gives a factual tour of a kindergarten classroom through photographs. This is a great way to prepare children for what they will see at school and can be a starting place for talking about school routines and activities.

Look Out Kindergarten Here I Come! by

Nancy L. Carlson is a delightful story about a little mouse who is very excited about starting school but changes his mind when he gets to the classroom. Luckily he finds out that making new friends and experiencing new things is not as scary as it looks.

Nervous new students might find comfort in reading *Annabelle Swift, Kindergartner* by Amy Schwartz. In this book Annabelle overcomes her initial mistakes and embarrassment to become her school's first kindergarten milk monitor.

For more information on these or any other books for children, please contact our Children and Youth Services Department at 905-873-2681, extension 2520 in Georgetown, or at 519-853-0301 in Acton.

—Clare Hanman is a circulation supervisor at the Halton Hills Public Library

Georgetown carpet bowlers earn gold at Senior Games

While most Ontarians were spending their leisure time watching the Olympians compete at the world level, 44 seniors from Halton were in St. Catharines competing in the Ontario Senior Games Association's Actifest 2004.

The 44-person contingent from across Halton Region managed to win a record four gold medals and one bronze medal.

Victorious in the carpet bowling event were Marilyn Mason and Gwen Wenham of Georgetown. The gold medal winner for low handicap golf was

George Stoddart of Burlington. The men's 65+ tennis doubles winners were Tony Schafer and Gary Gregson of Burlington. In the three-person lawn bowling battle, Burlington's Albert McClure, Ron Du Feu and John Tennant finished the two days with the best record.

Anne De Groot of Georgetown was fifth in swimming. Halton had entered 25 of the 33 Actifest events including all of the four card games. The results in this area were a little disappointing as they ranged from 16th to the lower half

of the fields.

This biannual competition brought 1,400 seniors from across Ontario together as the winners of competitions at the 40 allocated districts. St. Catharines had bid for the Actifest and had spent over a year assembling the staff and over the 300 volunteers that it takes to host this event. The participants were housed in Brock University residences.

Most of the meals and some of the events were held at the university. Various clubs around the city loaned their facilities for their respective games.



**Georgetown GLOBE Productions
SUBSCRIPTION SERIES
2004-05 SEASON**

City of Angels

November 18-20, 24-27 @ 8pm
November 21 @ 2pm
Performed at the John Elliott Theatre

Cabaret 2005: Globetrotting

February 3-5, 9-12 @ 8pm
Performed at the GLOBE Hall in Norval
(St. Paul's Parish Hall)

OKLAHOMA!

April 28-30, May 4-7 @ 8pm
May 1 @ 2pm
Performed at the John Elliott Theatre

SHOWS PENDING AVAILABILITY OF RIGHTS. PROGRAM SUBJECT TO CHANGE.

Tickets for all performances are available at the John Elliott Theatre:

**Box Office
905-877-3700**

Order by mail, telephone or in person ~
9 Church St., Georgetown, ON L7G 2A3
Box Office Hours: Tues-Sat: 2-6pm.

REGULAR TICKET PRICES

Adults: \$20 (CITY OF ANGELS & OKLAHOMA!)
\$18 (GLOBETROTTING)
Children 12 & Under: \$16
Groups of 10 or more: \$16 each

SUBSCRIPTION TICKETS

\$51

(buy tickets for all three shows and save!)

(cut and bring/send this portion into the John Elliott Theatre Box Office to reserve your tickets now)

Name: _____ Number of tickets: _____
Address: _____ Phone #: _____
Payment: _____ Cheque (Payable to THE TOWN OF HALTON HILLS) _____ Debit _____ Visa _____ M/C Account #: _____ Expires: _____

City of Angels

- Thurs. Nov. 18 @ 8pm
- Sat. Nov. 20 @ 8pm
- Wed. Nov. 24 @ 8pm
- Fri. Nov. 26 @ 8pm
- Fri. Nov. 19 @ 8pm
- Sun. Nov. 21 @ 2pm
- Thurs. Nov. 25 @ 8pm
- Sat. Nov. 27 @ 8pm

Cabaret 2005: Globetrotting

- Thurs. Feb. 3 @ 8pm
- Sat. Feb. 5 @ 8pm
- Thurs. Feb. 10 @ 8pm
- Sat. Feb. 12 @ 8pm
- Fri. Feb. 4 @ 8pm
- Wed. Feb. 9 @ 8pm
- Fri. Feb. 11 @ 8pm

Oklahoma!

- Thurs. April 28 @ 8pm
- Sat. April 30 @ 8pm
- Wed. May 4 @ 8pm
- Fri. May 6 @ 8pm
- Fri. April 29 @ 8pm
- Sun. May 1 @ 2pm
- Thurs. May 5 @ 8pm
- Sat. May 7 @ 8pm

Georgetown GLOBE Productions 905-873-6016

WWW.GEORGETOWNGLOBEPRODUCTIONS.COM

georgetown_globe@yahoo.ca