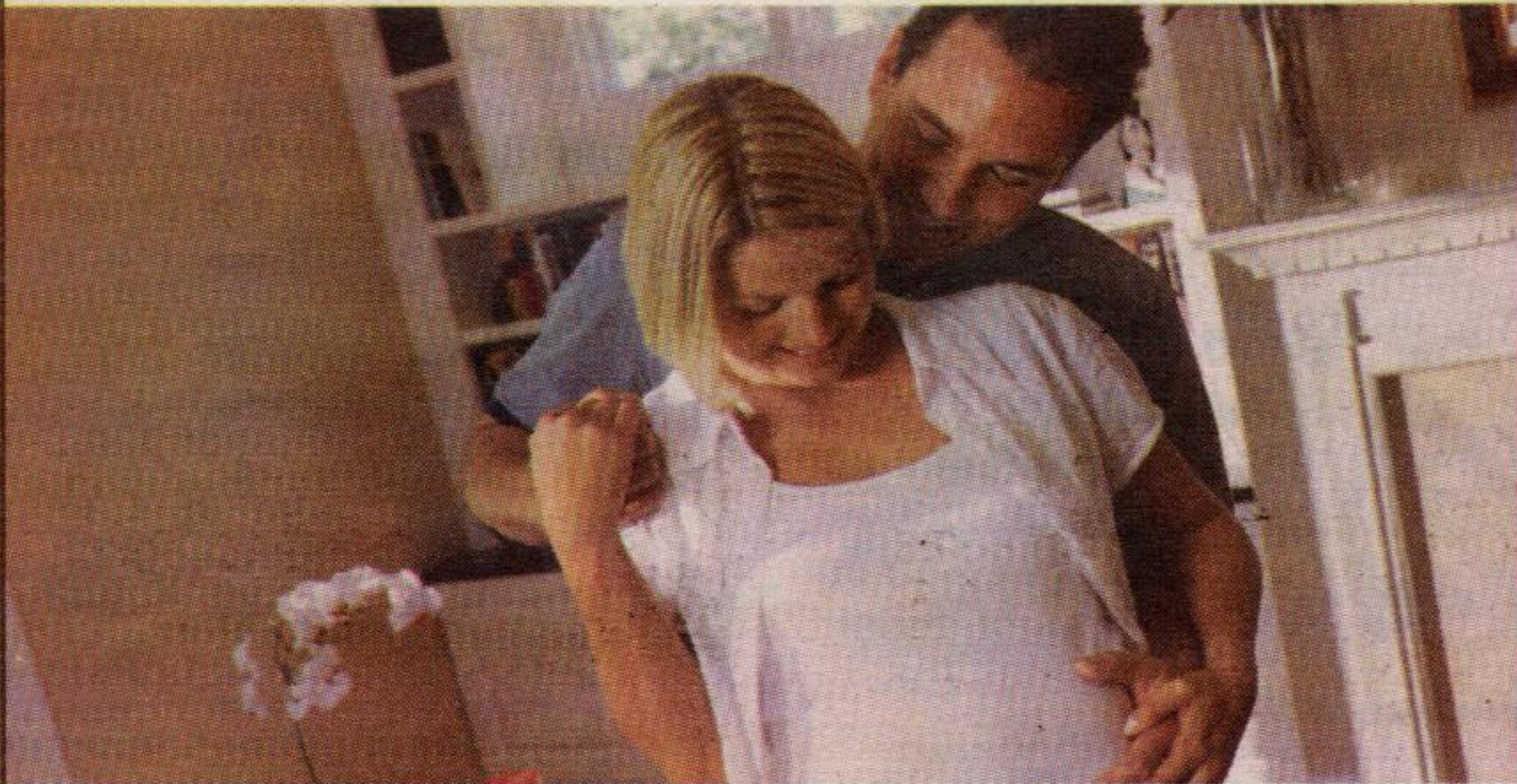


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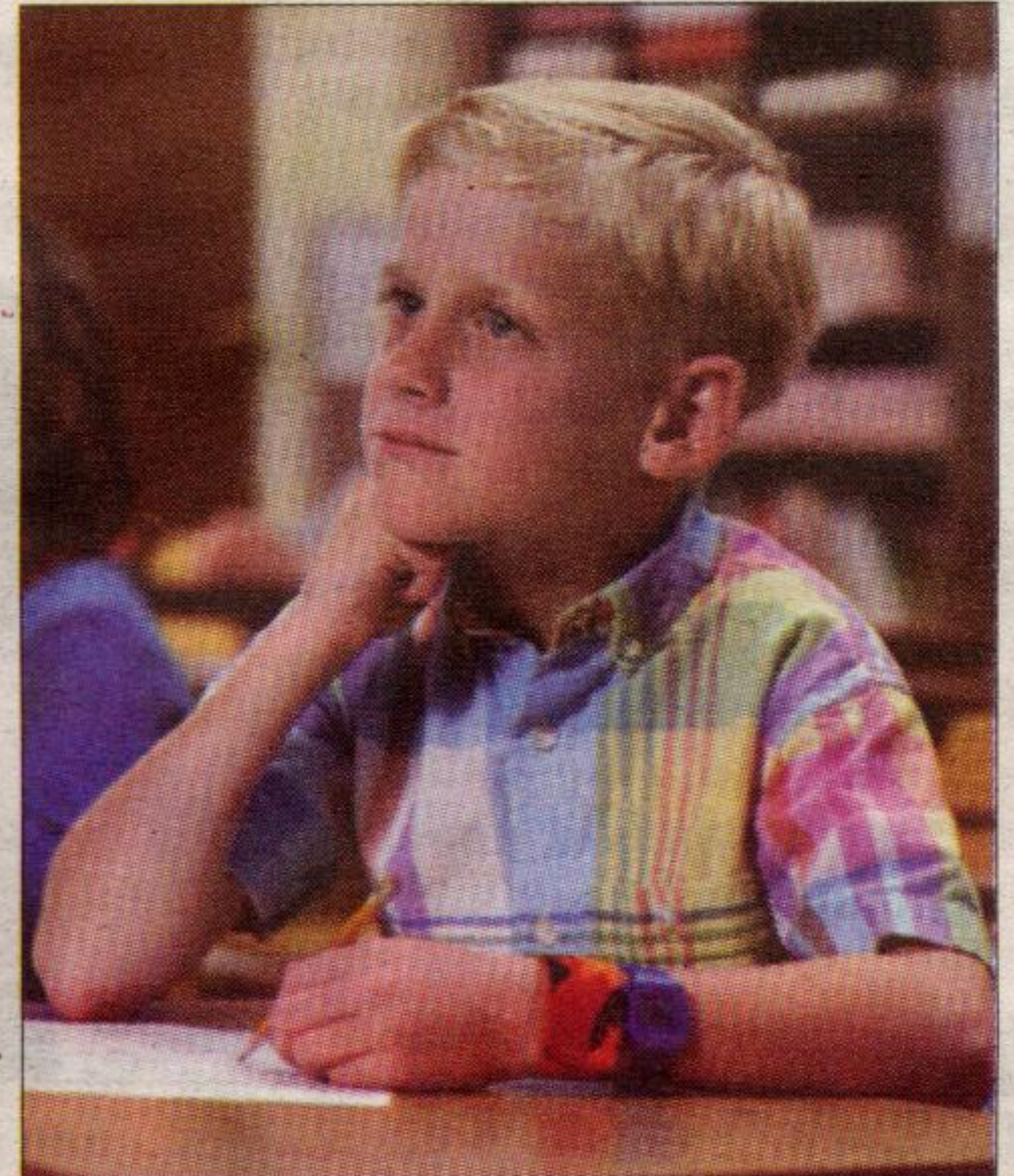
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Tip for Class – Writing about myself? No way!

Helping a child build his “self concept” is widely recognized as a good thing. Children at school are often asked to write stories about themselves to help them figure out more about what they think, how they feel and to strengthen their concept about who they are.

During these phases, some children find it very difficult to write about themselves, as they don't want anyone else to know about the part of themselves they feel is “bad”.



Sometimes children are trying to work through difficult problems, for example, how to get over angry feelings towards a younger brother who seems to get all of your mother's attention. School age children can have quite strict consciences, leaving them feeling quite guilty even for their thoughts. During these phases, some children find it very difficult to write about themselves, as they don't want anyone else to know about the part of themselves they feel is “bad”.

They can't reveal their real feelings without feeling horrible, making up something nice would be like lying to the teacher and procrastinating gets the teacher angry. There is no way out for the child.

Offering a picture of a young boy or girl in some difficult circumstance, about the age of the child, or even of young animals and encouraging the child to write a story, not about themselves, but about what they think has happened in the story might be a much safer assignment for some children.

The thoughts or circumstances the child projects onto the neutral third party will of course be her own, but with this safety buffer, many children can engage much more happily and actively in the writing process, and not feel “exposed”.



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