



Hilton Falls mountain bike event – a stellar success

Manager. "Everyone had a great time." A thank you to our sponsors: Loblaw's (Milton), Maple Leaf Foods, Conservation Halton Foundation, Wizards of Wheels, and the Glen Eden Ski Area for their donations of food, drinks and prizes for the event.

A very special thank you to Matt Burger of Spokes N' Slopes for his continued participation as the title sponsor. Matt was presented with a plaque prior to the awards ceremony to thank him for his support during the past five years.

All proceeds from the event and the barbecue lunch support trail development and maintenance at Hilton Falls.

The conservation area, located near Milton, has 33.5 kilometres of some of the most scenic hiking and biking trails in the Greater Toronto Area.

Thank you to all sponsors of the Spokes N' Slopes 5th Annual All-Weather Challenge held Sunday, April 4, 2004 at Hilton Falls.

"We had 100 hardy participants and although the forecast was for colder weather, the day actually turned out pretty decent with sun and temperatures just above freezing," says Ron Kindt, Area

Try some of Ontario's best mountain biking trails

Conservation Halton offers some of the best mountain bike trails in all of Ontario. The three parks within Conservation Halton that offer mountain biking incorporate over 70 kilometres of well-marked, easy recreational to technically challenging mountain bike trails. These trails extend through the beautiful Niagara Escarpment region that is endowed with breathtaking views of its limestone cliffs, extensive woodlands and lakes.

Kelso has 22 kilometres of winding mountain bike trails on the majestic

Milton Outlier. Hilton Falls' 33.5 kilometres of woodland trails weave around its reservoir, streams and beaver ponds. Finally, Mountsberg's 16 kilometres of trails pass along the scenic shoreline of its 500-acre lake and extensive woodlands.

Visitors can help protect these beautiful natural habitats, by staying on marked trails, not removing any natural materials, and not littering. Mountain bikers should always keep to the right, yield to all other trail users and remain in control of their bicycle. Helmets are mandatory at all of the Conservation Halton parks.

New rock climbing guidelines help protect ancient cedars

Conservation Halton has established new rock climbing guidelines to help preserve the Escarpment's cedar ecosystem and climbers are co-operating.

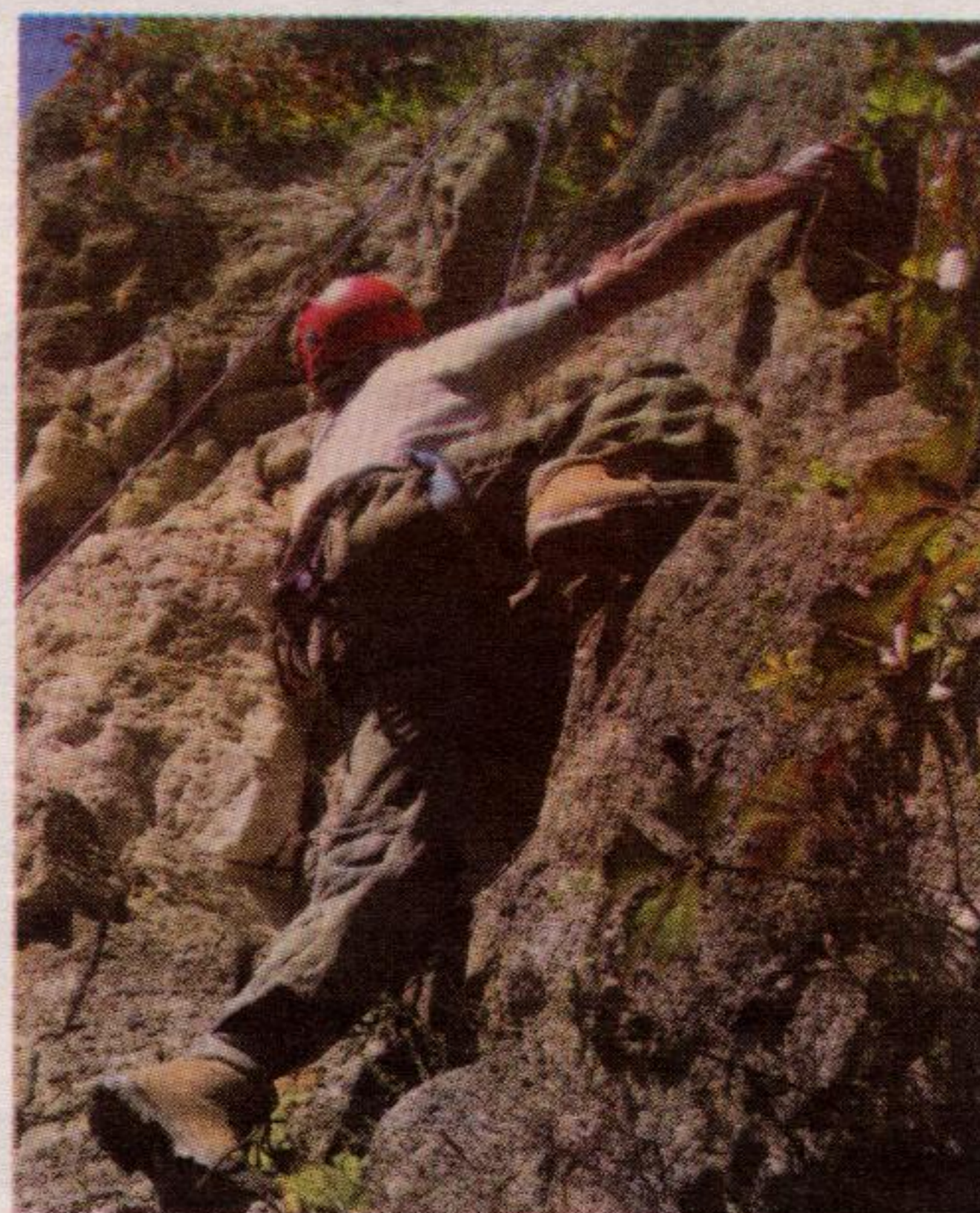
Using cedar trees and places where the seeds germinate in cliff ledges and crevices as hand and foot holds can cause damage to cedar trees and prevent future generations from establishing.

"Conservation Halton extends a big thank you to climbers for adhering to the new guidelines," says Ron Kindt, Park Manager. "This co-operation is just the beginning in helping to ensure the future regeneration of our ancient cedars. It has also helped our non-climbing clientele who have noticed and changed their perception of the sport to a more favourable one."

The current policy for rock climbers to abide by includes these measures:

- A top rope ban is in effect at Mount Nemo. Only trad and sport climbing are permitted.
- In areas where trees can still be used as top anchors, cedar trees are not to be used as anchors.
- Other tree species must be wrapped with an appropriate protective material.

More information and updates to the policy are posted on www.conservationhalton.on.ca. Rock climbing is permitted in selected areas at Kelso, Mount Nemo and Rattlesnake Point.



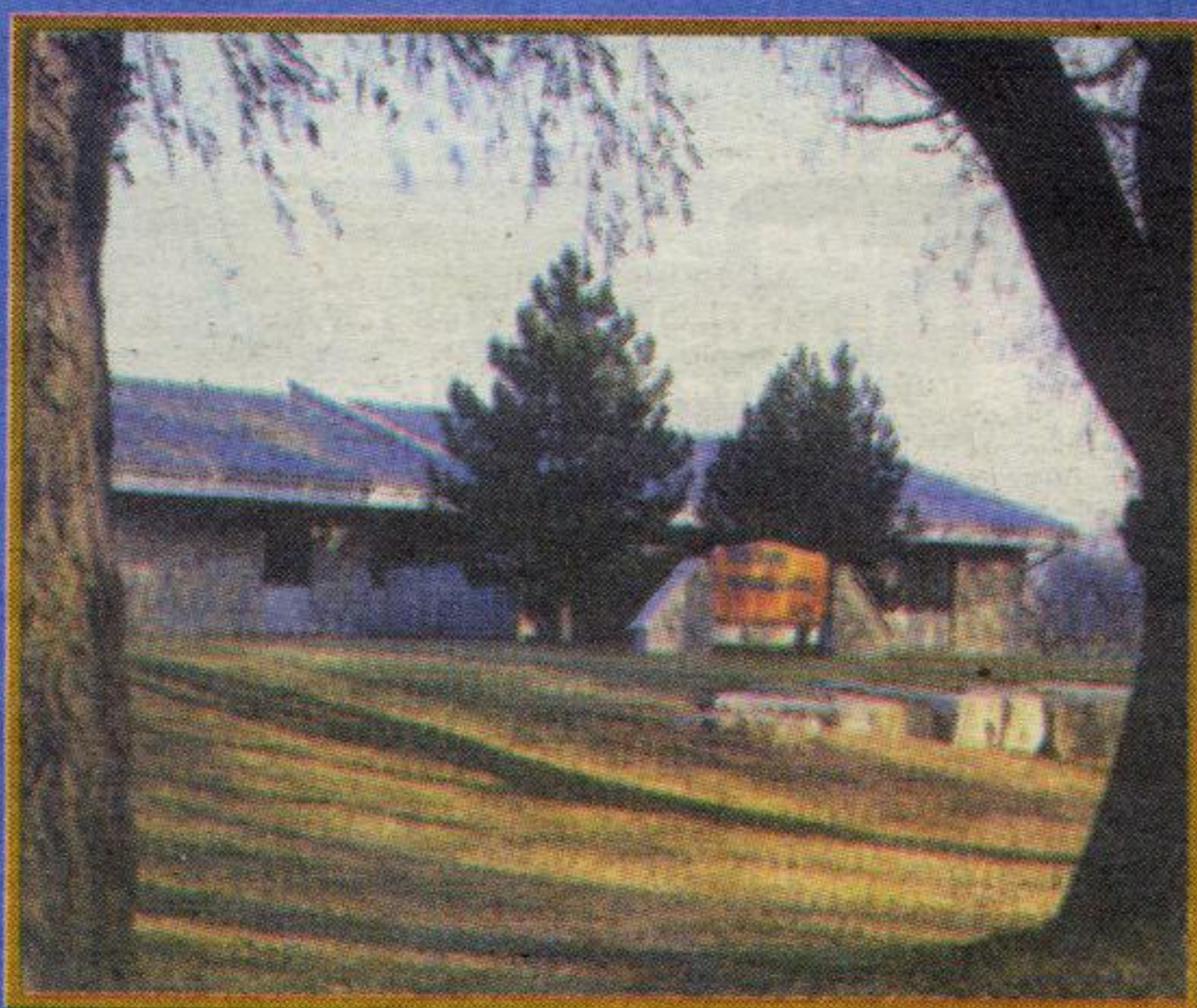
Rattlesnake Point has three designated sites where experienced rock climbers can scale challenging cliffs.

Watershed Viewpoints

Pesticides

Conservation Halton believes that the reduction of pesticide use and using an ecological approach to plant management will contribute to fewer risks to wildlife and people. This includes being careful with West Nile virus control actions to ensure that there are minimal negative impacts on the health of the watershed.

The Foundation of Burlington

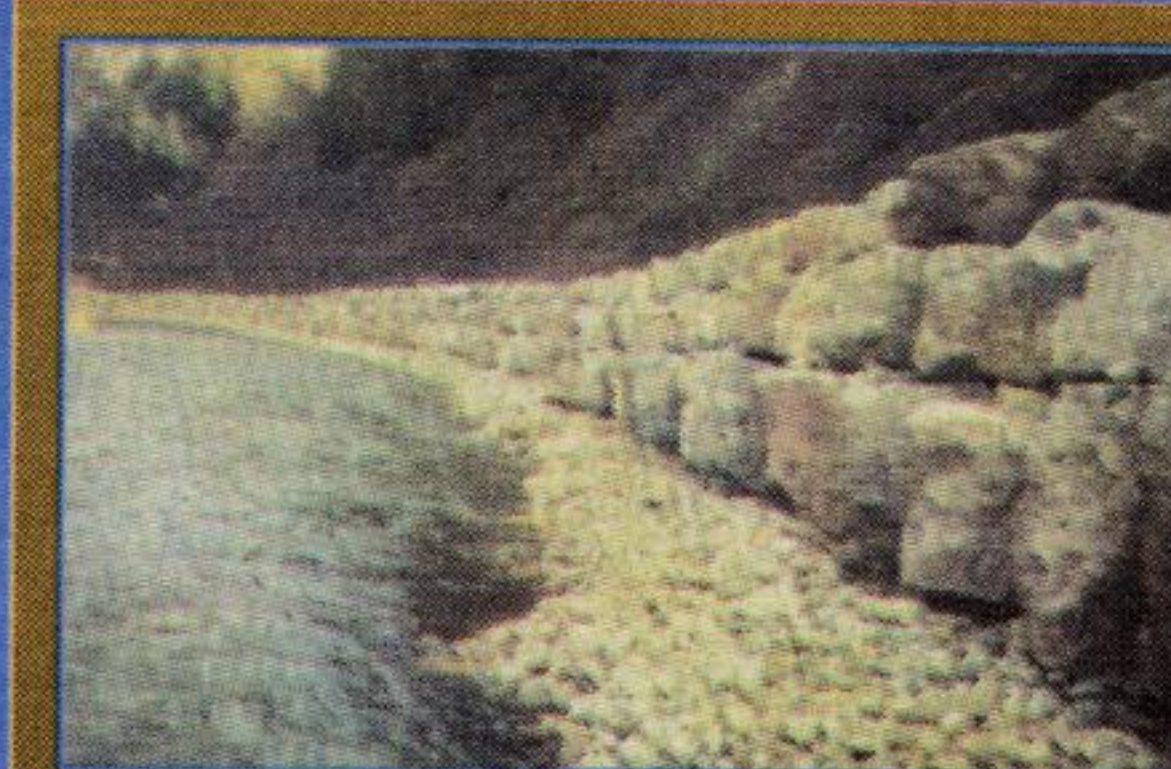


The land occupied by the City of Burlington has sat on a limestone bed from the beginning of time. Nelson Quarry has been situated on that bed since 1953 and continues to be the leader in uncut rock.

Nelson Aggregate's 600 acre quarry and head office located in North Burlington has served Southern Ontario's finest contractors since its inception back in 1983.

Providing professional product and service, Nelson Aggregate has been the foundation of subdivisions, highways, lakes, retaining walls driveway/garden landscaping projects.

Nelson Aggregate is proud to be a part of Burlington's vibrant business community, looking forward to future growth and success of one of Ontario's greatest lakefront communities.



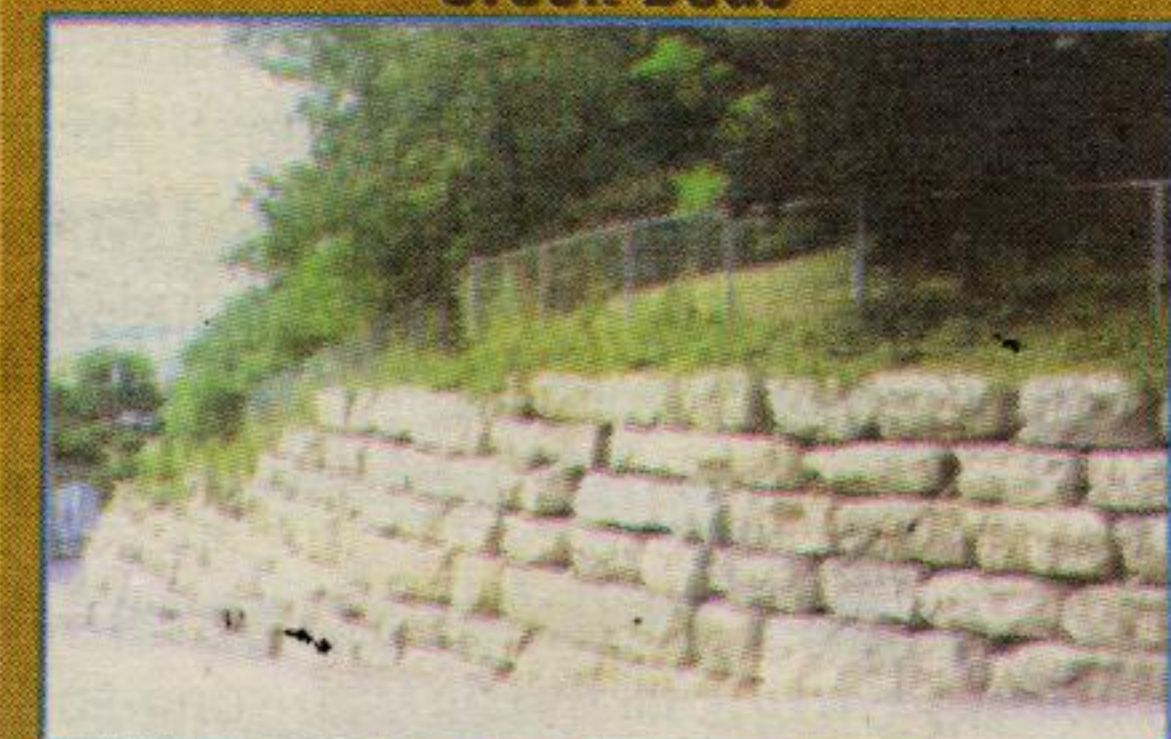
Bank Stabilization



Water Course Requirements



Creek Beds



Retaining Walls



Landscape Highlighting



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