



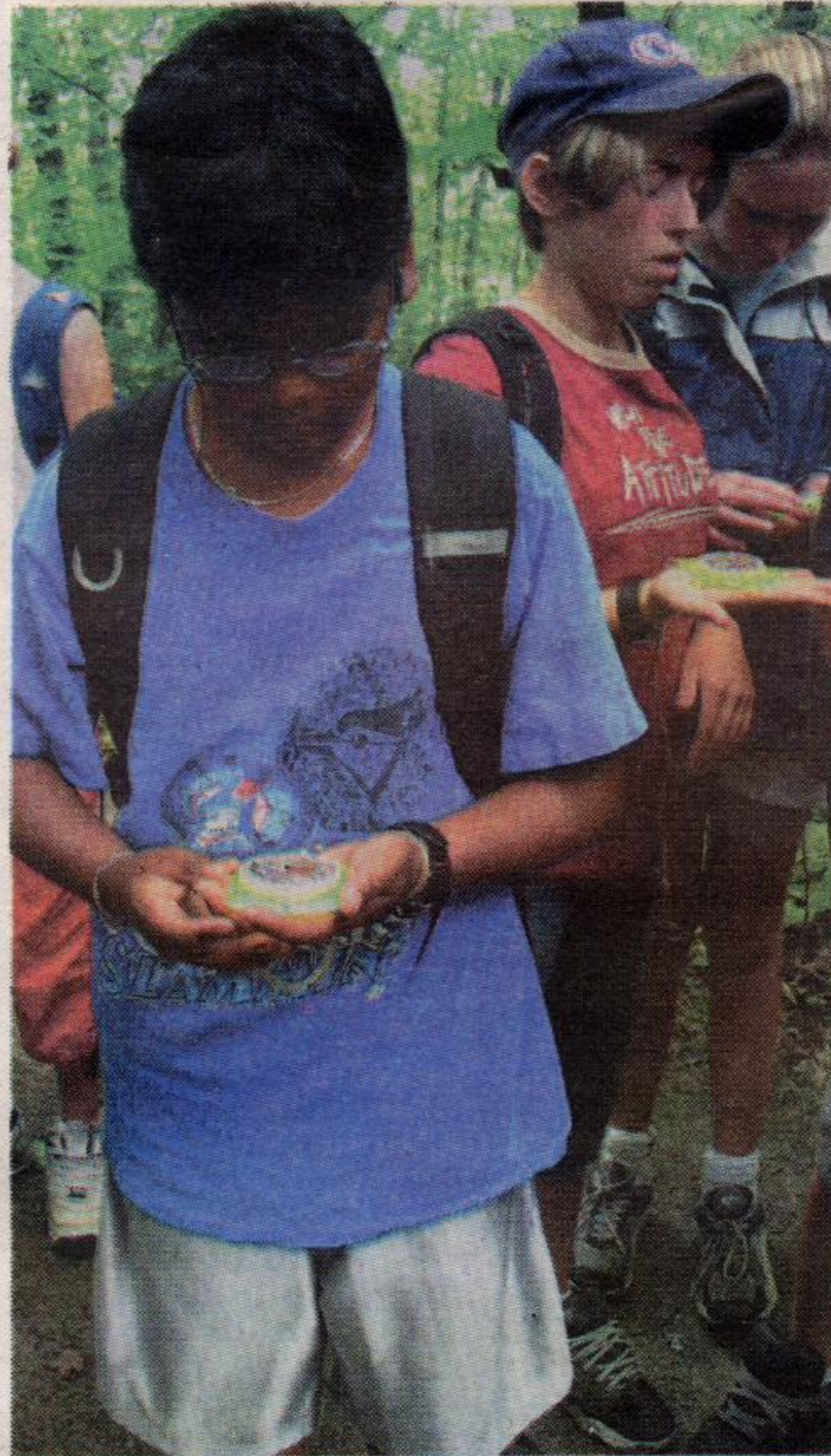
Give your kids an adventure of a lifetime at Ways of the Woods Camp

Give your kids a taste of the great outdoors through a high quality and educational camp experience at the Mountsberg Conservation Area located near Campbellville. When they come home from Ways of the Woods (WOW) summer day camp, you may be hearing about the tadpole they saw morph into a frog, the archaeology hunt, the orienteering and other outdoor living skills they learned, or they may bring home their very own pottery creation. Older campers also participate in caving, kayaking, fossil hunting and other exciting adventures. Activities are designed to be appropriate for the age and developmental stage of each camper.

Kids eagerly anticipate the camp experience. "My kids looked forward to WOW every day, and even now [three weeks later], they can't stop talking about the fun," said the parent of two 2003 summer campers.

WOW is based out of the Mountsberg Wildlife Centre and takes advantage of the best natural features available at Mountsberg and other Conservation Halton parks. Each week, campers travel to a different park for various program activities.

Counsellors are well-trained and care-



Ways of the Woods campers learn valuable skills such as orienteering.

fully selected for their skill and enthusiasm in working with young people. All are first aid and CPR certified.

Supervised bus transportation is provided from various locations throughout Oakville, Burlington and Milton. Cost is \$155 per week for one child (aged 9-12 years) and \$165 per week for Wee Ways of the Woods campers (aged 6-8 years).

Call Mountsberg for a registration package at (905) 854-2276 or visit www.conservationhalton.on.ca.

Run, walk or waddle at the annual Mountsberg Trail Run



Runners cross the finish line at the Mountsberg Trail Run.

Come out and join us for the Mountsberg Trail Run that is being held Saturday, September 18, 2004. This annual classic offers a two-kilometre "waddle, dawdle and stroll," a five-kilometre run, and a 10-kilometre run, through the fields and forests along the trails at Mountsberg Conservation Area. There are prizes for the top finishers, and t-shirts and certificates for everyone. The five-kilometre and 10-kilometre runs are professionally timed events.

Come out for the run and enjoy a fun-filled day of activity for the whole family. The Mountsberg Conservation Area, located west of Campbellville, is a Conservation Halton park that includes a 500-acre lake, 20 kilometres of hiking and biking trails, a children's PlayBarn, a raptor centre with presentations and exhibits. Race registration includes park admission. "We've had very good feedback from

runners in the past," says John Riddell, Mountsberg Manager. "There are many road races, but trail runs are few and far between and people tell us our trails are in quite good shape."

Call Mountsberg to pre-register, or download a registration form from our Web site www.conservationhalton.on.ca.

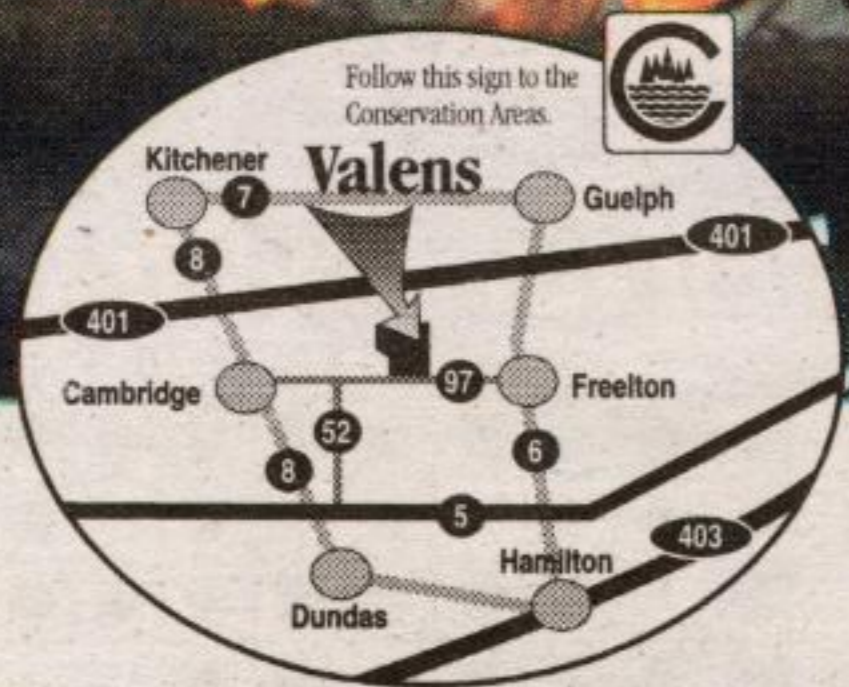
Watershed Viewpoints

Golden Horseshoe Greenbelt

Conservation Halton supports the Ontario Government's proposal to create a Golden Horseshoe Greenbelt to protect environmentally sensitive lands in Ontario's most populated area. This includes linking its 9000 acres to the greenbelt protection area and acquiring other significant lands for natural corridors.

Come for a day, or camp for a week

Fish, hike, boat, swim, or camp – relax! Get away from it all in a true wilderness experience that's really closer than you think.



Located near Cambridge, Valens Conservation Area is only minutes from Hamilton and Highway 401. We offer 200 campsites in a 300-hectare paradise of a mature pine and spruce forest.

Not only does Valens have all the comforts of home — from modern shower and laundry facilities to the new campground store — but camping is available 11 months of the year. A computerized camping reservation system allows easy planning, while a convenient swipe card allows you 24-hour access to and from your campsite.

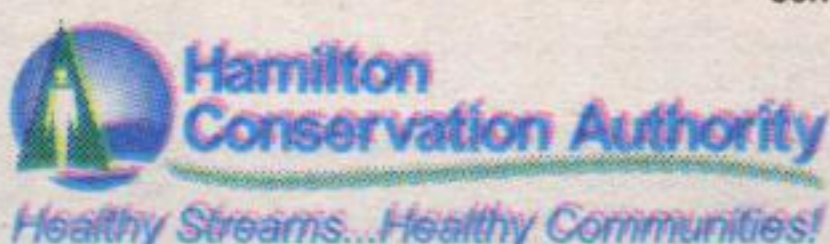
So, come for a day, or stay for a week. To reserve your spot, call 905-525-2183 or 519-621-6029

*** Nightly Camping Rates: Non-Service \$22.50, Electrical Service \$26.50**

For a specific campsite that is reserved, confirmed and held advance of arrival, reservation fee is non-refundable, per transaction. No shows also pay 1st night camping. Campsite Reservation Fee \$9.00 To Change Reservation \$5.00 *All rates subject to change without notice.

\$5.00 off Camp any night Monday through Thursday, and get a \$5 discount off the regular campsite rate for one night.

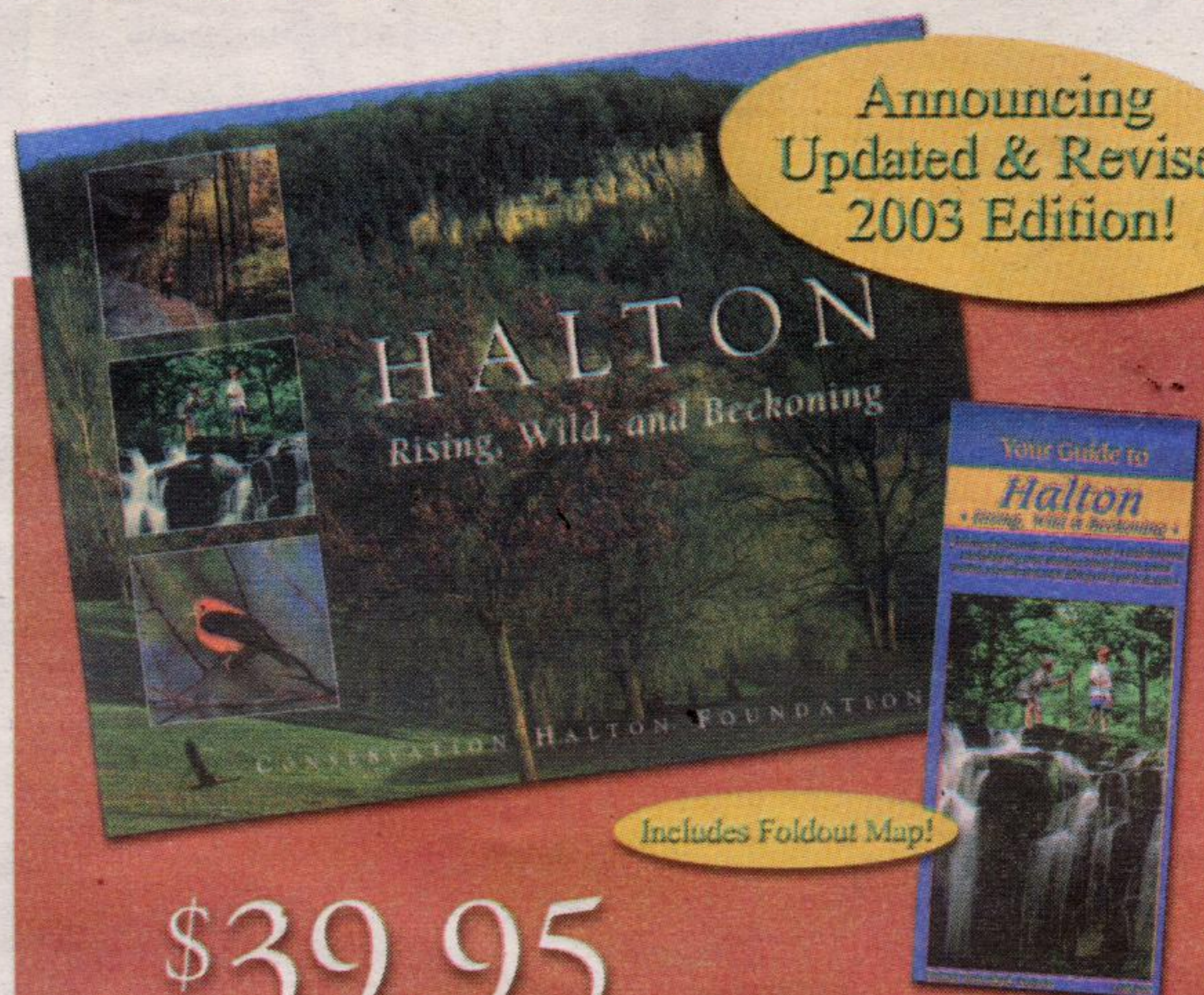
Reservations Recommended. This coupon has no cash value and may not be combined with any other offer. Coupon must be presented at time of campsite reservation. This coupon expires Nov. 30, 2004. Reservations recommended.



Valens Conservation Area
1691 Regional Road #97, R.R. #6, Cambridge, ON N1R 5S7
905-525-2183 or 519-621-6029

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