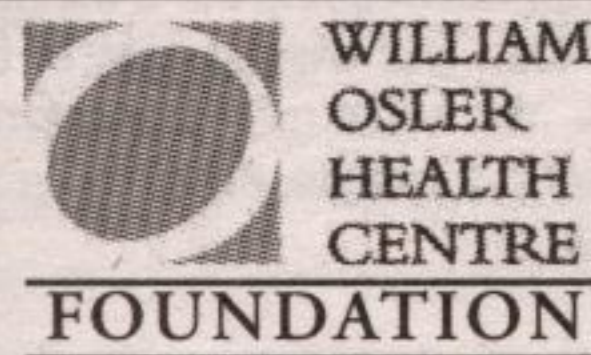


Healthy Living



With thanks . . .

William Osler Health Centre Foundation would like to thank all those who gave to the Georgetown Hospital campus in memory of a loved one this year. Your support means a great deal to their family healthcare for others in our community.

We remember...

Since January 1, 2003, gifts to the Georgetown Hospital campus have been made in memory of:

Kenneth G. Allen	Doris Davies	Dan Kavanagh	Willard Sanderson
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Walter Davidson	Neil Johnson	Harry Sanderson	

William Osler Health Centre Foundation, 1 Princess Anne Drive, Georgetown, Ontario L7G 2B8 Phone 905-873-4599
Visit us at www.williamoslerhc.on.ca for more information.



Pumped up

Marie Zions (left), a William Osler Health Care Foundation volunteer accepts a \$3,000 cheque from Nortel's Liz Potts, vice-president of community services. The money, raised by Nortel Networks Community Volunteers, will go towards purchase of a I.V. pump for surgery.

Photo by George Beshiri

Young's hosts diabetes care info night

New trends in diabetes care will be the topic of an information session presented free of charge at the Georgetown Alliance Church, Nov. 20, 6:30-9 p.m.

The Diabetes Education Centre of the William Osler Health Centre (Georgetown) and Young's Pharmacy & Homecare are presenting this event. Dr. Donna May, an endocrinologist at WOHC (Brampton) will be the guest speaker. There will a physician, pharmacist, chiroprapist, dietitian and diabetes educator on hand to answer questions during a Q&A portion. Diabetes care products will also be displayed.

More than two million Canadians have diabetes. The disease occurs when the pancreas is unable to produce any or insufficient insulin, or when the body does not effectively use the insulin that has been produced. Diabetes is very serious if it is not managed properly. The high level of blood sugar will slowly damage small and large blood vessels in the body. This

results in many complications. Heart disease, blindness, non-traumatic limb amputations and kidney disease are some of the complications of diabetes.

Refreshments will be provided. For more information call Young's Pharmacy & Homecare, 905-873-4021.

Local W.I. hosts health workshop

A health information workshop aims to end the confusion over medication and what medications conflict with others.

Brampton West Women's Institute hosts the health information workshop on Diabetes, Heart & Stroke ... Medicines: Drug Interaction and Natural Supplements. This free event— open to all— will be held on Thursday, Nov. 20, 1:30 p.m. at Huttonville United Church. Guest speaker is pharmacist Ophelia Wilson and a panel from Shoppers Drug Mart. Light refreshments.

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FUTURE SHOP

CORRECTION NOTICE

Sony Clie Handheld TJ25 10035267 In our November 14th flyer, rebate information for the Sony Clie Handheld TJ25 (10035267) item was inadvertently omitted. The advertised price of \$269.99 is the net cost after a \$30 mail-in rebate. The pre-rebate in-store price is \$299.99.

We sincerely apologize for any inconvenience this may have caused our valued customers.

FILL OUT THIS BALLOT FOR YOUR CHANCE TO WIN! or you can enter online at www.metroland.com

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Deadline for entries is December 31, 2003, 6:00 pm. Winners to be announced in your local Metroland community newspaper the week of January 5, 2003. Employees of Metroland Printing, Publishing and Distributing Ltd., and their families, are not eligible to enter or win this Contest. Limit one ballot per person.

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FUTURE SHOP

CORRECTION NOTICE

Mintek MDP5860 Portable DVD Player (10034273) Our November 14th flyer indicates that this item has a 25-hour battery life. This is a typographical error that should instead read "2.5-hour battery life".

We sincerely apologize for any inconvenience this may have caused our valued customers.