


# Health Care

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ROBERT H. CRANFIELD D.C.



The Georgetown Knights of Columbus presented Halton Hills Community Support and Information with a cheque for \$7,420, which was raised during the Knight's golf tournament held in September. Handing the cheque over are, from left, Bill Van Ryn, Gene Adam and Bob Smith of the Knights to Joan Barham, HHCSI executive director.

Submitted photo

## HHCSI seeks holiday help



The holiday season is quickly approaching and applications and donations are now being accepted at Halton Hills Community Support and Information for the Christmas Needs Program.

Each year many generous and caring community members donate practical items and money to HHCSI during the holiday season. Financial donations enable us to purchase items of clothing for children of financially limited families. Halton Hills Community Support and Information will also accept donations of clothing, toys and knitted items.

If Christmas might be a little tougher this year for you and your family, please feel free to drop into our offices to fill out an application form for the program. All applications are kept strictly confidential. Our offices are located at 36A Armstrong Ave., Georgetown and 47 Mill St. E., Acton. For more information call Cathy at 519-853-3310.

HHCSI is a multi-service organization, with offices in Acton and Georgetown, supporting people of all ages. It is a member of the United Way of Halton Hills.

## Beat the flu

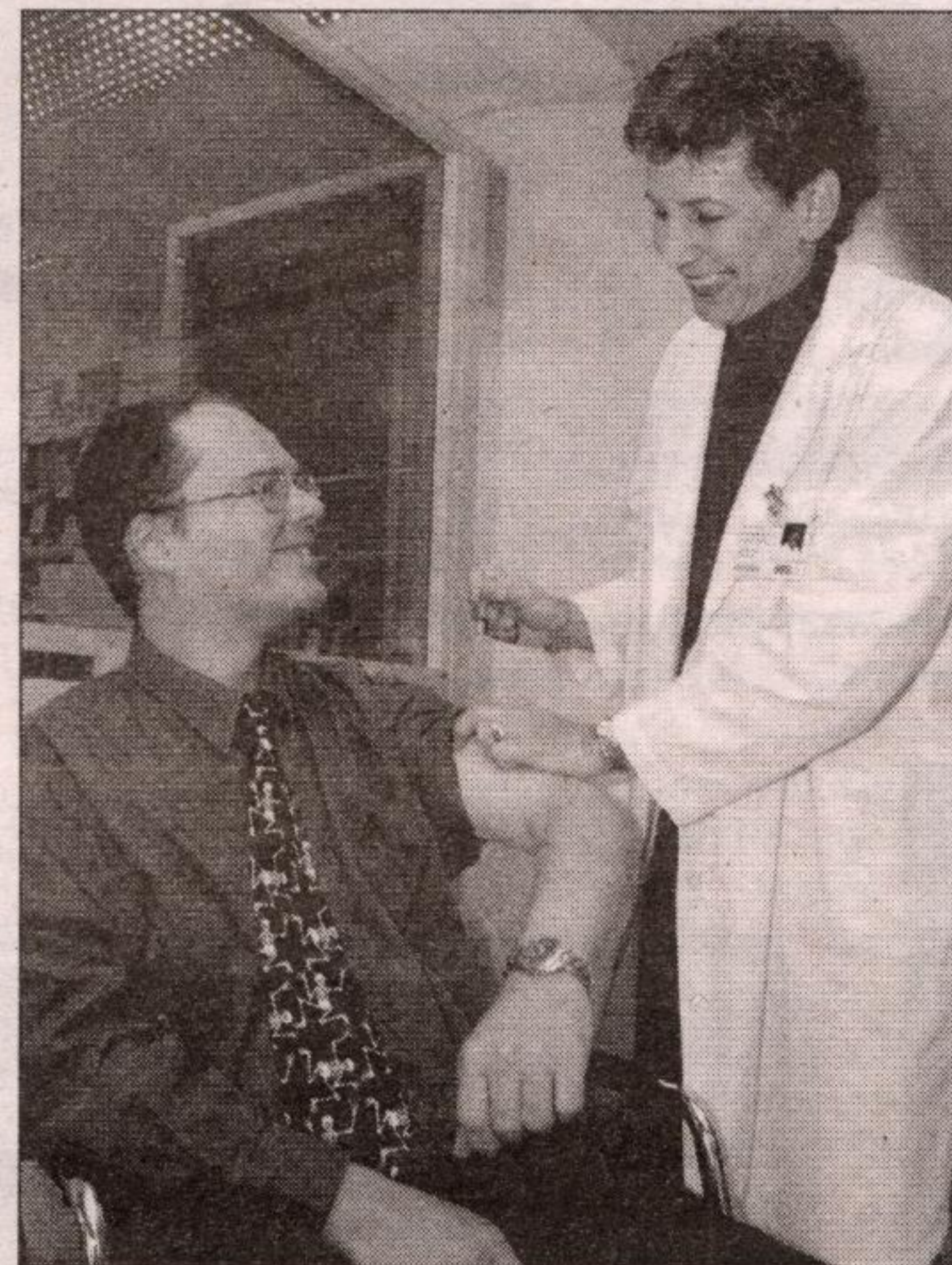
# Local pharmacy promotes good health by giving everyone the needle

Pharmacist Neil Young and his staff at Young's Pharmacy & Homecare are providing free flu shots at their Georgetown Main St. location.

"Although the flu is mostly a nuisance to most healthy people, if we can reduce the number of flu cases in the general public, we can significantly reduce the chances of someone who has fragile health from contracting the flu and those are the people at risk of suffering serious consequences from the flu," said Young.

"We screen for other health risks when we accept people for their flu shot and always advise patients to see their family doctor whenever a significant health issue is encountered," he added. "I believe that pharmacies are the most primary healthcare resource available. It only makes sense that we include flu shots in our other disease prevention and health risk assessment activities."

Staff nurses at Young's Pharmacy gave 20 per cent of all flu shots given in Ontario pharmacies last year. Maureen Sokolowski, RN, and her nursing staff are confident they can exceed last year's achievement—in fact, almost exceeding



Young's Pharmacy pharmacist Randy Carman receives his flu shot from RN Maureen Sokolowski during one of Young's free flu clinics held this fall.

Photo by Ted Brown

that on their first clinic day in October.

Heather MacVicar, Young's Home Healthcare manager, said that no one waited longer than 30 minutes to get their shot, however she plans on doubling the nursing staff to reduce the waiting times

further.

Young said he wants to make the clinic days as pleasant as possible with short waits, lucky draws and refreshments. Even musical entertainment is planned for part of the days. Other downtown businesses are also supporting the clinics with coupons and other inducements for patients, many of whom are unfamiliar with downtown Georgetown.

"The clinics are a win-win for everyone. The public's health is served and downtown Georgetown gets to see a lot of new faces," he said.

Young said there are still dates available to employers who want to contract for the Young's nursing team for on-site flu shots.


The next pharmacy flu clinics will be held on Monday, Nov. 17 and Thursday, Nov. 27, 9 a.m. to 8:30 p.m. Clinics are free for those over three years of age.

In addition, Sokolowski is in the store weekdays and she or her staff can usually accommodate most walk-in requests for flu shots outside the clinic days. However, one is advised to call ahead to confirm a walk-in flu shot—905-873-4021.

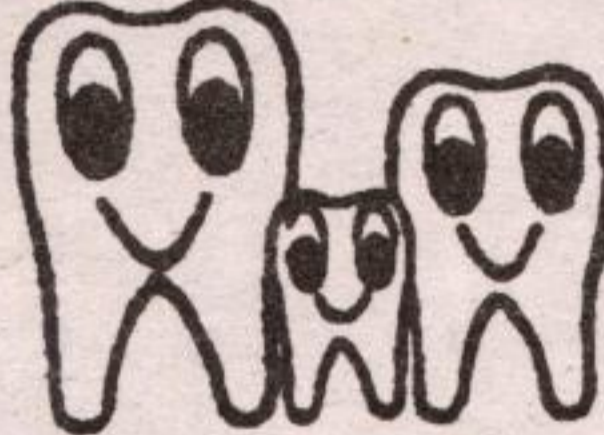
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