

Healthy Living



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THANK YOU

Thank you from 103 Rexway Drive to all the special neighbours we have had over the years; and the kindness shown on the evening of Oct. 23/03 reminiscing over stories from the past and extending best wishes for the future. Thank you Pat Cannon, Wayne & Marlene Preston, Pat Carliso and especially to Klaus & Marilyn Becker for planning the evening & for being such outstanding next door neighbours over the years.

All will be truly missed.

Marion & Barry Grummett

NORTH PARK SECONDARY SCHOOL

HARVEST OF TREASURES

Arts & Crafts Show
over 100 Quality Vendors...

Sat. Nov. 8 & Sun. Nov. 9
10 am to 4 pm both days!

Admission \$2.00
Children under 12 FREE

Door Prizes!



10 North Park Dr. (410 & Williams Parkway E.)
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A North Park S. S. Fund-Raising Event

KIDS GET ARTHRITIS TOO.

THE ARTHRITIS SOCIETY
Ontario Division

Please help us find the cure! To donate, or for more information, call

1-800-321-1433

Get your child evaluated at clinic

A DEIPP Clinic will be held at the Ontario Early Years Centre, Georgetown Satellite, 96 Guelph St. (old Wigglesworth School) on Monday, Nov. 10, 9:30-11:30 a.m.

The Developmental Early Identification and Prevention Program is a free service for parents with children from 0-5 years. If you have concerns regarding your child's speech, hearing, behaviour or general development, you can come for a 15-minute consultation.

No appointment is necessary—first come, first served. For more information call 905-873-2960.

Parents invited to support group Monday

Halton Regional Police is hosting a support group meeting for parents or caregivers of adolescents on Monday, Nov. 10, 7-9 p.m.

Guest speaker will be Charles MacIntosh on Youth Culture, followed by small group discussion. The meeting will be held in the Georgetown police station's community room, 217 Guelph St.

For more information call Eileen Walker, 905-878-5511 ext. 2406

Breast health workshop to be held tomorrow

Halton Healthcare Services (Milton Hospital) invites all to a free breast health workshop on Thursday, Nov. 6, sponsored by Breast Cancer Support Services.

It will be held at Loblaws (upstairs), 75 Nipissing Rd., Milton, 7-8:30 p.m.

To reserve a seat, call 905-338-4379.

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TWO FOR ONE ADMISSION

FRIDAY, NOVEMBER 7: 10:00AM - 6:00PM
SATURDAY, NOVEMBER 8: 10:00AM - 6:00PM
SUNDAY, NOVEMBER 9: 10:00AM - 5:00PM

INTERNATIONAL CENTRE
Hall 5, 6900 Airport Road, Mississauga
www.travelandleisureshow.com Show#1212 905-815-0017 ext. 304

Bring this "2 for 1" admission coupon to The Travel & Leisure Show. Valid for admission on any one day November 7, 8, 9, 2003. Regular admission \$10 per adult. Seniors (50+) & Youths (13-18) \$7. Kids under 12 FREE when accompanied by an adult. ML25B

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... Lend Me Your Ears

By Cory Soal
R.H.A.D.

New technology developed in the past several years can help most people with hearing loss to achieve improved communication. Today's hearing instruments have evolved from simple devices to remarkably sophisticated and technologically advanced personal hearing computers. In just the last few years, more advances in hearing aid technology have been made than throughout history.

In many hearing aids, there are no longer knobs or controls, because the instruments automatically adjust loudness. Some hearing aids are programmed so that they require only the push of a button either on the hearing aid or on a wireless remote control to switch to different listening situations and provide balanced sound in the office, at home, on the telephone, or at a concert. Digital and digitally programmable hearing aids have been introduced that amplify signals in new ways and make the benefits of hearing aids even more customized. Many hearing aids are virtually computers with flexible and sophisticated processors that analyze and respond to specific sounds. Some advanced hearing instruments process sound more than a million times per second.

To find out more about these latest advancements call...

The Georgetown **HEARING CLINIC**
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Professional Arts Building
99 Sinclair Ave., Suite 210
Georgetown
(905) 873-6642

Your Health... Naturally

By Nicole Meier, BSc. N.D.
Doctor of Naturopathic Medicine

Why see a Naturopath?

I am asked this question often. You may visit a Doctor of Naturopathic Medicine because:

- You want a highly trained "alternative" medical professional.
- Your medical condition is not being relieved by conventional medicine alone.
- You want to learn about the prevention of illness and chronic disease.
- You want a health professional who will listen and spend time reviewing your health needs.
- You want to take more responsibility for your health.

Naturopathic medicine is a regulated profession in Ontario and many extended health care programs cover our services.

Nicole Meier, BSc. N.D.
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Georgetown, ON, L7G 4K1
(905) 873-2361