

CANADIAN FOOT PAIN CLINIC

Downtown, Brampton (905) 457-3510

Do you suffer from:

- Arch Pain • Painful Joints
- Flat Feet • Arthritis
- Back Pain • Cold Feet
- Heel Spurs • Bursitis
- Leg Pain • Hip Pain

ORTHOTICS 50% OFF

Including Instep/Arch Adjustments, Acupuncture, Pain Control, Natural Remedies, Physical Treatment, Foot Massage

NO CHARGES ABOVE OHIP FOR FIRST 4 VISITS
Limited Number of Spaces
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Foot Care for Children & Adults

FREE PARKING at rear

THIS PROGRAM INCLUDES THE FOLLOWING:

- Neurological (Nerve) Test
- Myological (Muscle) Tests
- Orthopedic (Bone) Tests
- Personal Consultation
- X-Rays
- Biomechanical Analysis
- GAIT Analysis

CALL NOW and ask for details.



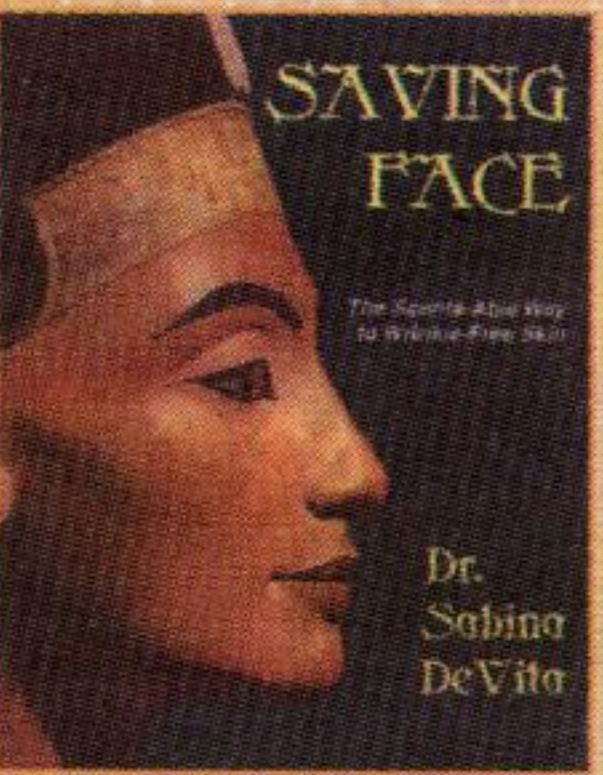
Saving Face

The New Book Release On Holistic Skin Care


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By Dr. Sabina DeVita



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Contact 905-451-4475 • Brampton, ON for book or workshop information



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Back Pain, Sciatica CURED through biomechanical process

ADVERTORIAL

The end result of the SpinaCure™ biomechanical process is a cure that is as permanent as healing of bones that had been broken and skin that had been cut. According to laws of physics, it is not possible to have a more effective natural cure for posture-acquired injuries to spinal discs.

Success rate is nearly 100% for the non-invasive physical therapy performed gradually and gently to clients' individual comfort levels without the aid of surgery, lasers, needles, pills, powders, liquids, magnets or forceful thrusts. Ordinarily, back pain and sciatica are cured in about 10 days. Complete healing of rehabilitated discs occurs later but clients are virtually pain-free during the healing process.

Throughout SpinaCure™ treatment programs, clients are educated to take active roles in maintaining therapeutic effects achieved in clinic. Clients are supplied lumbar orthotics which are much more than support devices to be used when sitting. Especially in cars, Lumbarthotics™ apply forward pressure on lumbar spines to maintain and enhance positive gains achieved through in-clinic and at-home therapy.

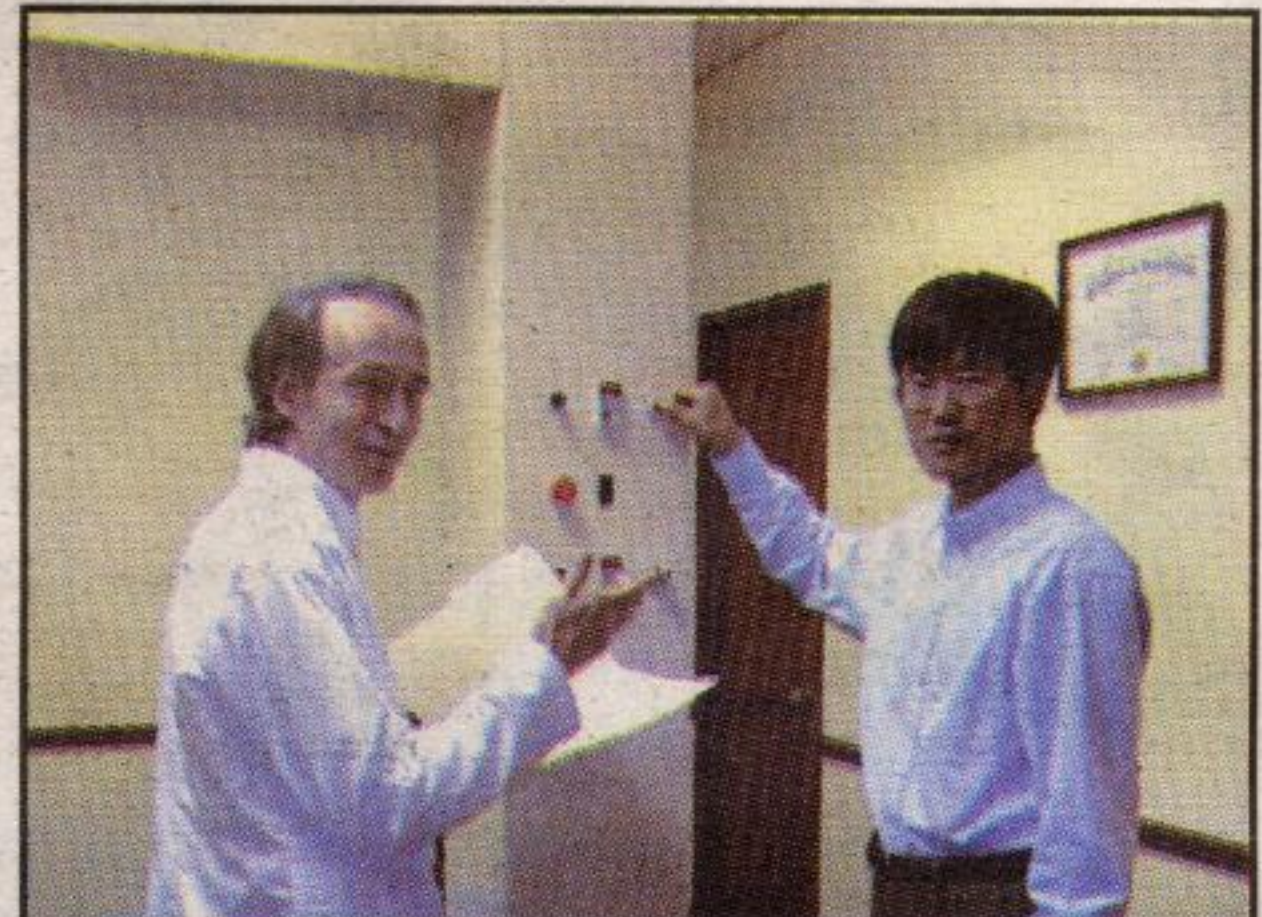
During the in-clinic treatment sessions, special equipment is used in pressuring discs so that displaced nucleus pulposus is moved toward original central position and past annular rings that had broken at time of injury because of hydraulic-like effects of disc fluid being compressed. When movement begins, disc bulges are altered, contacts with nerves are broken and pain signals are shut off - an effect similar to what is achieved by surgery. Healing of annular rings begins when previously displaced nucleus contents no longer prohibit scar tissue formation.

Trained therapists, regulated by Ontario's health professionals act, operate the equipment and apply select manual techniques to restore normal function to soft tissue.

Many health professionals know the effects of bulging discs such as pressure on sciatic nerve roots causing muscle malfunction and pain extending from lower back, down leg and into foot and toes. But not enough attention is given to possible domi-

no effects causing symptoms to move up back to neck and down arm into hand and fingers.

As indicated above, SpinaCure™ therapy is best suited for damaged discs. But under certain conditions the therapy is contraindicated such as when there is spinal stenosis or spondylolisthesis. Medical doctors should be consulted. More information is available at www.spinacure.com



At left is Pawel Polak, one of the SpinaCure™ therapists who applies manual techniques to release restrictions and adhesions in muscles, tendons and ligaments. At right, poised to operate equipment that applies pressure to spinal discs is physiotherapist Freeman Qu who was a medical doctor educated in western medicine and specializing in the spine before leaving China.

Currently there are two SpinaCure™ clinics in the GTA providing the therapy which is covered under most extended health care plans but not OHIP. Initial consultations are by appointment and there is no charge. Call Brampton, 905-450-1174 and Toronto 416-785-1636.

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