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Business of the Month

Halton Hills Chamber of Commerce recently named Ares Restaurant as Business of the Month as Chamber director Travis Allinott (left) and Chamber president Norm Paget (right) presented the sign to Ares co-owner Zoe Propopapas, staffers Linda Arnold, Doreen Gobas, and co-owner Sam Propopapas in front of their 232 Guelph Photo by Ted Brown St. restaurant.

Four women headline 2003 Success Conference

Tour powerful, successful business women headline the 2003 Success conference, presented by Halton Hills Women in Business in conjunction with Halton Hills Chamber of Commerce on October 23 at Acton's Blue Springs Golf Course.

Acton resident Helen Lomax, of Pathways and Transitions, a national and international speaker, will talk on confidence and motivation. Strategies on marketing and sales will be presented by award winning speaker, Wendy Marlow, of the Art Marketing. Mary Ann Mathews, of handwriting.ca, who has appeared on television and in many publications, will address the topics of building rapport, respect and clients through networking. Canadian author, Karen Sencich of Sencich Solutions, will offer techniques in conflict resolution and dealings with difficult people. Local politicians, Halton Regional chair Joyce Savoline and Halton Hills Mayor Kathy Gastle, will also be part of the program.

This event is also sponsored by Cogeco Cable and Sheridan College. For more information call the Chamber at 905-877-7119 or visit www.haltonhillschamber.on.ca.



1st Class co-ed fitness facility opening soon!! The best personal trainers and instructors Step, Pilates, Yoga, Cardio Pump, Kickboxing, more! ALL NEW QUALITY EQUIPMENT On Hwy #7 between Tim's and Swiss Chalet CALL 905-702-1774 *0 Initiation Fee if you sign up now!



Your Health... Naturally

By Nicole Meier, BSc. N.D. **Doctor of Naturopathic Medicine**

Treat the Cause

Fundamental to naturopathic medicine is the concept of "treat the cause". This means that your naturopathic doctor is interested in why you have a particular health problem, not just in relieving symptoms. Let me give you some examples...

Eczema that is treated with steroid creams continues to come back because the cause of the eczema has not been addressed.

Chronic headaches may require some pain relief, but until the cause of the headaches is discovered and treated, they will continue.

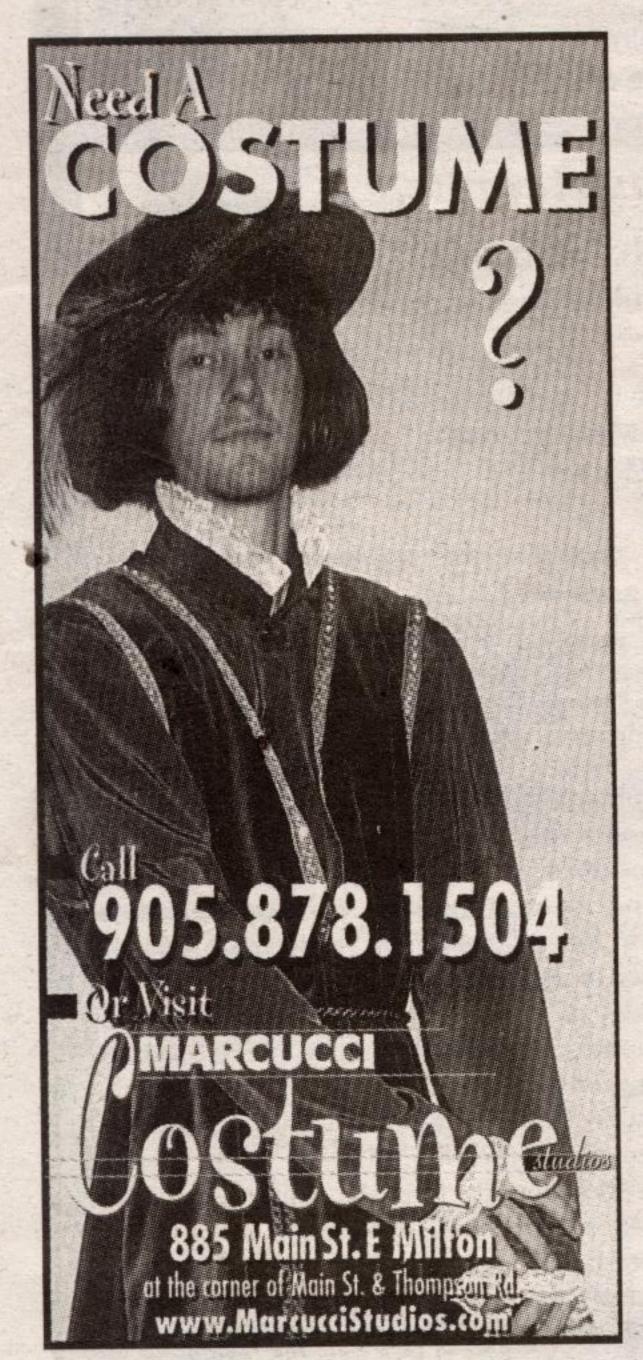
· A child with recurrent ear infections or asthma may need symptomatic relief because the condition is painful or even life threatening, but until the underlying cause is identified, the symptoms will return.

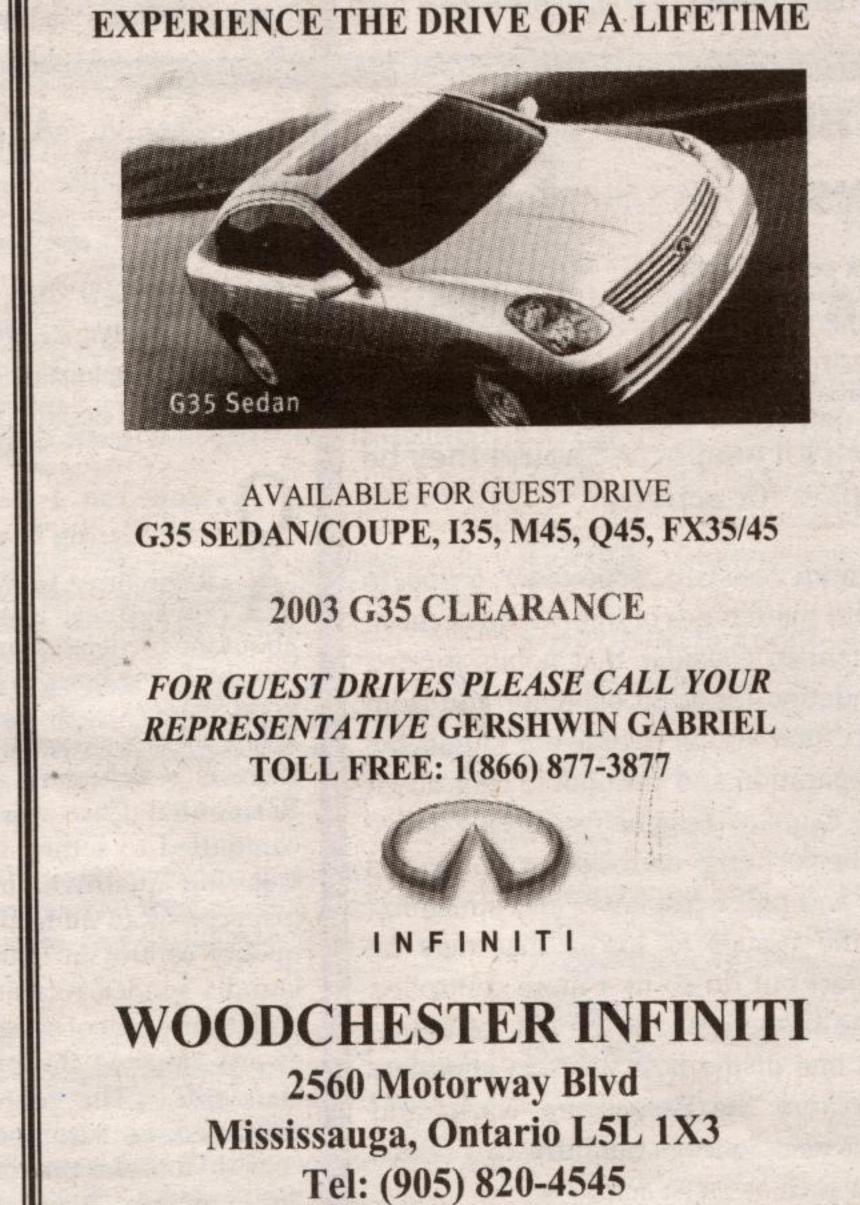
Naturopathic medicine balances symptom relief with investigation into the "cause" of the problem. Whenever possible, the cause is the focus of treatment, not the symptoms.

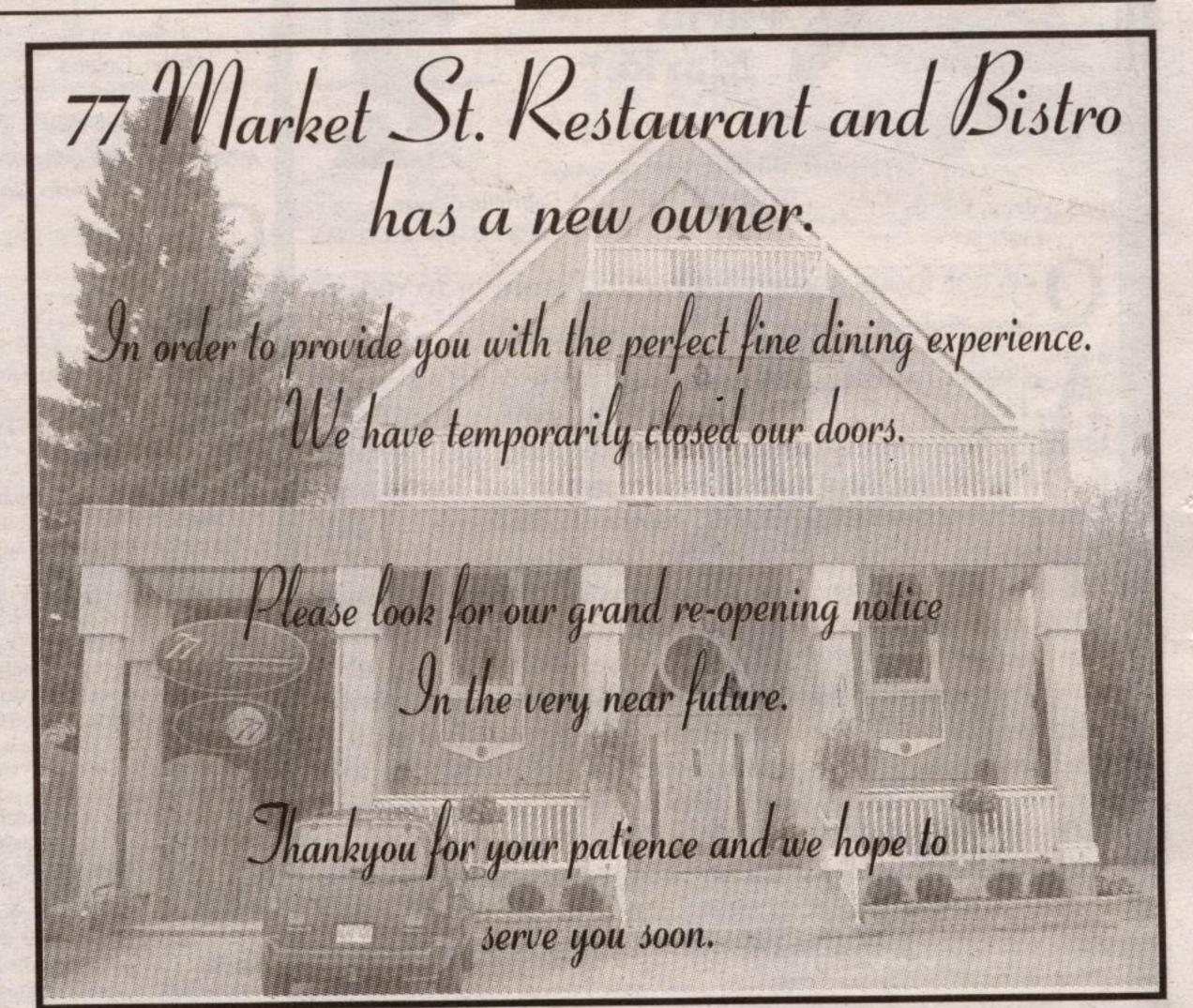
Nicole Meier, BSc. N.D.

The Georgetown Naturopathic Wellness Centre

16 Mountainview Rd. S., Suite 102 Georgetown, ON, L7G 4K1 (905) 873-2361







NOTICE OF PUBLIC INFORMATION CENTRE No. 2 WEST BRAMPTON RESERVOIR, PUMPING STATION, AND TRANSMISSION MAIN CLASS ENVIRONMENTAL ASSESSMENT

The Study

The Region of Peel, through their consultants Earth Tech Canada, has initiated a study for identifying a suitable site for the West Brampton Reservoir and Pumping Station and alignment for the West Brampton Transmission Main to connect into the existing Meadowvale North Reservoir (see map). The Region's Water and Wastewater Servicing Master Plan, May 1999, has identified the need to construct these water facilities in the Cities of Mississauga and Brampton to meet the demands of future development in West Peel.

The Process

The study is being conducted in accordance with the approved requirements of a Schedule "C" project of the Municipal Class Environmental Assessment (2000) (Class EA). The Class EA process includes public and review agency consultation, an evaluation of alternatives, an assessment of the impacts of the proposed improvements, and identification of measures to mitigate any adverse impacts.

A Public Information Centre (PIC) was held on February 6, 2003 for this project to present the preliminary results to date, including the need and justification for the project, recommended solution, and the alternative sites and alignments under consideration for public comment. Input received was considered and included in the evaluation of alignments and sites resulting in the identification of a recommended transmission main alignment and reservoir/pumping station location.

REGION HALTON

Recommended Alignment and Site

Beginning at the existing Meadowvale North Reservoir, the recommended transmission main

alignment would follow Heritage Road north to the recommended reservoir/pumping station site situated east of Heritage Road between Highway 7 and Embleton Road (see map).

Public Information Centre No. 2

The Region of Peel is planning to hold the second of two (2) Public Information Centres (PICs) in accordance with the Class EA planning process. PIC No. 2 will present the results of the evaluation process including the recommended transmission main alignment and reservoir/pumping station site. Attendees will have the opportunity to discuss their comments directly with Region of Peel and Earth Tech Canada staff. PIC No. 2 is scheduled for:

> Date: Time: Location:

Thursday, October 30, 2003 6:00 p.m. to 9:00 p.m. **Huttonville Public School** Huttonville, Ontario

Comments

Fax:

You are encouraged to attend PIC No. 2 and provide your comments so that they may be included in the study. We are interested in hearing any comments or concerns that you may have about this project. Any comments received at PIC No. 2 will be considered in documenting the recommended alignment and pumping station location. Following this, an Environmental Study Report documenting the process will be submitted to the Ministry of Environment and will be available for public review. Public notification will be given at that time.

Comments and information regarding this project are being collected to assist the Project Team in meeting the requirements of the Environmental Assessment Act.

Please contact either one of the following project team members if you have any questions or comments or wish to obtain more information on the project:

Mr. Binu J. Korah Project Manager Region of Peel 10 Peel Centre Drive, 4th Floor Brampton, Ontario L6T 4B9 905-791-7800, Ext. 4463 Telephone:

905-791-1442

korahb@region.peel.on.ca

Mr. John Bourrie, P.Eng. **Project Manager** Earth Tech (Canada) Inc. 105 Commerce Valley Dr. West 7th Floor, Markham, Ontario **L3T 7W3** Telephone: 905-886-7022 + Ext. 2469

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