

# Seniors' Lifestyles

## Flu shots, teas, and wild birds part of Acton Seniors' agenda

A great day was spent at Casino Rama on Sept. 24th. Cathie Blair won the 50/50 draw while Bette Footitt's birthday and Beryl Clegg's anniversary were the closest to the date. Kitty Dennis and Clare Buna had the lucky seats. The next Rama date is Wednesday, Oct. 29 so call Ruth at 519-853-5124 to book your seat.

Bid euchre on Sept. 25th had one mooner, Edna Nellis. The two mooners at bid euchre last Thursday were Mary Papillon and Ruth Burke.

Don't forget the lunches on Fridays.

Have you ordered your pies for Thanksgiving? Let our great cooks at the Centre make them for your celebrations and save you some time and energy. They can be bought at a sale at the centre today (Friday), 10 a.m. to noon and 4-7 p.m. Members of the community are welcome to buy these pies also.

A "Wild Bird" presentation is being held at the centre on Oct. 21 at 1:30 p.m. It sure sounds interesting.

Don't forget the free flu clinic at the Community Hall on Oct. 22, 1-7 p.m. Get your shot and stay healthy this winter. If you

can help at the clinic for a few hours, please sign up. You're really needed.

Our New Members' Tea is at 1:30 p.m. on Oct. 28. Come, enjoy the refreshments and find out what our centre is all about.

November is looking to be another busy month. Call the centre at 853-5951 or watch for more information about the following:

- Nov 3: Fort Erie Raceway and Slots (the list for this trip has taken legs and walked away so please double-check that your name is on the new one)
- Nov. 4,5,6: trip to Casino du Lac Leamy in Gatineau
- Nov. 6: Roast Beef Dinner at 6 p.m.
- Nov. 7: John Elliott Theatre, GLT's *Cooking With Gus*
- Nov. 10: 1:30 p.m. "Heads Up" with Bill Rowley
- Nov. 22: Seniors' Christmas Bazaar
- Nov. 23: John Elliott Theatre, *Globe's Cabaret*

In spite of what you might have heard, the draw for Maria Sallay's watercolour print will take place at our Christmas Dinner on Dec. 12. Get your tickets and don't be disappointed.

—By Ena Gibson,  
Acton Seniors Centre

## Georgetown Seniors get sizzling with new fund-raising cookbook

In our last column we noted that our Thanksgiving luncheon was to be held on Tuesday, October 7. But we did not expect the meal we served. Approximately 140 seniors were given a full course turkey dinner with all the trimmings including the pumpkin pie and whipped cream. We can only say well done and thank you for a great dinner to June Gilson and her crew. Our drama club closed out the day with a humorous skit, *A trip to Spain*. All this for only \$6. You can't beat that!

On Tuesday, October 14 at 1 p.m. we are looking forward to a visit from Sheila Smith of CAS-HH (Cancer Assistance Services of Halton Hills) who will speak on the services that this organization provides to the community. Come out and hear this informative talk.

Other dates and activities to note are:

- October 18: Bid Euchre at 7 p.m. Open to all.
- October 20: Bingo at 1:30 p.m. Members only.

• October 21: Euchre at 7 p.m. All are invited.

Also on October 21 starting at 10 a.m. there will be a flu-shot clinic at the centre. With all the problems we have experienced with SARS this past summer you are urged to get your flu shot.

Looking for an ideal Christmas gift for a friend or even yourself? The craft club will be selling draw tickets on a beautiful quilt at the Georgetown Market Place mall on Saturday, October 18. Drop by, see the quilt and purchase your tickets—\$1 each or three for \$2. A real bargain.

Our cookbook, *Sizzlin' with Seniors*, is still available. Copies are \$10 each for some great recipes and can be purchased at the center.

If you enjoy slots, the next trip to Rama is Monday, October 27. Don't forget that buses now leave from the Alcott Arena.

Until next time—cheerio!

—By Dave Hastings,  
Georgetown Seniors Centre

### IN BRIEF

**Oldtimers Hockey:** Georgetown Hockey Heritage council presents the 19th annual Oldtimers Hockey Tournament at the Mold-Masters SportsPlex, Oct. 30-31 and Nov. 1-2. Play is scheduled for Thursday, 7-11 p.m., Friday, 6-11 p.m., Saturday, 8 a.m. to 11 p.m. and Sunday, 8 a.m. to 6 p.m. Admission is free.

**VON Alzheimer Services:** VON-AS continues to offer support groups for family caregivers of relatives with Alzheimer

Disease and related disorders. The Halton Hills area family support group meets at Mountainview Retirement Residence, 222 Mountainview Rd. N. on the first Tuesday of each month, 7-9 p.m. If you wish to attend this group, call VON-AS, 1-800-387-7127. New members are welcome.

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