

Healthy Living

153RD ERIN FALL FAIR THANKSGIVING WEEKEND



OCT. 10, 11, 12 & 13

**"COB" Along To The Fair!
You'll Be A-MAIZE-D!**

**Highlights:
FRIDAY**

- Ambassador Competition - 7 p.m.
- Truck Pull - 7 p.m.

SATURDAY

- Darryl Hunter, Magician 12 & 3:30 p.m.
- Pet Show 10 a.m.
- Baby Show 1 p.m.
- Fire Department Demonstration 11:30 a.m.

SUNDAY

- Entertainment All Afternoon in Exhibit Hall
- Talent Competition 7 p.m.
- Demo Derby 8 p.m.

MONDAY

- Horse Whisperer 10 a.m.

Concert Featuring:

Beverly Mahood & John Landry 1 p.m.

BINGO SATURDAY & SUNDAY 10 - 10 p.m.
PLUS MUCH MORE ~ ALL WEEKEND LONG!

Admission:

Adults \$7.00 Children 5-12 \$3.00
4 & Under FREE

Step back in time with historic walk

Halton Hills Community Support and Information and the United Way of Halton Hills present Memory Lane Historic Walks in both Acton and Georgetown on Sunday, Oct. 19, from noon to 3 p.m.

Pick up your pledge sheets or call to book a guided tour at either office. Guided tours are \$10 per person and \$20 per family with a tour leaving each hour, on the hour. The last tour leaves at 3 p.m. Win a prize for the most number of pledges or the most amount of pledges if you want to walk at your own pace.

For more information, to book a tour (space is limited), or to be part of our volunteer team assisting with this event, call HHCSI, 905-873-6502 or UWHH, 905-877-3066.

ADHD workshop series

Register for the Thursday, October 16 feature presentation What is ADHD? with Dr. Jill Pickett. Gain more in-depth knowledge of issues related to ADHD during a five-evening workshop series, starting Tuesday, October 28, 7-9 p.m. Fee: \$15, covers speaker presentation (at John Elliott Theatre in Georgetown) and all five workshops at the Ontario Early Years Centre, Georgetown Satellite. For more information call 905-873-2960.

Meals on Wheels

HHCSI Meals on Wheels program offers a variety of meals to seniors and disabled adults



who, for any reason, are unable to manage food preparation. Meals are delivered to the clients' door. Hot lunch meals or sandwich meals are available Monday to Friday. Meals can be geared toward individual dietary needs, likes and dislikes. The cost for each meal is \$3.75. To order meals or for more information, call Terri (Acton) 519-853-3310; Liz (Georgetown) 905-873-6502.

HHCSI needs wool

If you have any extra wool you don't need, HHCSI can put it to good use. We have volunteers who knit mitts, hats, etc. for our Community Support Program which in turn, supplies these necessities free of charge to people in need. So if you have any wool you would like to donate, drop off at 36A Armstrong Avenue in Georgetown or 47 Mill St. East in Acton.

Check out our Web site at www.hhcsi.ca for more information on all of our programs and services. HHCSI is a multi-service organization, with offices in Acton and Georgetown, supporting people of all ages. It is a member of the United Way of Halton Hills.

**HAPPY 30TH BIRTHDAY
JASON**

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Encouraging Today's youth

Nominations are now being accepted for the **Ontario Junior Citizen of the Year Awards**

Let's recognize the best of our young people. If you know a young person, aged 6 to 17, who is involved in worthwhile community service; a special person who is contributing while living with a limitation; a youth who has performed an act of heroism; or a "good kid" who shows a commitment to making life better for others, doing more than is normally expected of someone their age - help us recognize their contribution - nominate them today!

Nominations will be accepted until November 30.

Contact this newspaper or the Ontario Community Newspapers Association at www.ocna.org or 905-639-8720.

Program sponsored by: **Tembec** Paper Group
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