

Watch for & WIN!

THE "HOME PUBLICATION" YOU DON'T WANT TO MISS...

COMING TO YOUR DOOR SEPTEMBER 24-26, 2003

LOOK INSIDE FOR YOUR CHANCE TO WIN!

There's no place like home

presented by "There's No Place Like Home"

BLACK & DECKER

Grand Prize WORKSHOP



Economize to keep your home cozy

This winter, staying warm and cozy doesn't have to completely throw off your budget. The experts at Canadian Tire have some money-saving tips to help cut the cost of gas/electricity while conserving resources.

Keep the Heat In-

- Weatherstripping and caulking are key elements to getting homes ready for winter and can reduce energy costs by as much as 30 per cent. Window shrink kits make older windows more efficient and help heat from escaping

- Thresholds (steel piece with rubber on bottom) should be maintained at the bottom of the door to stop air loss

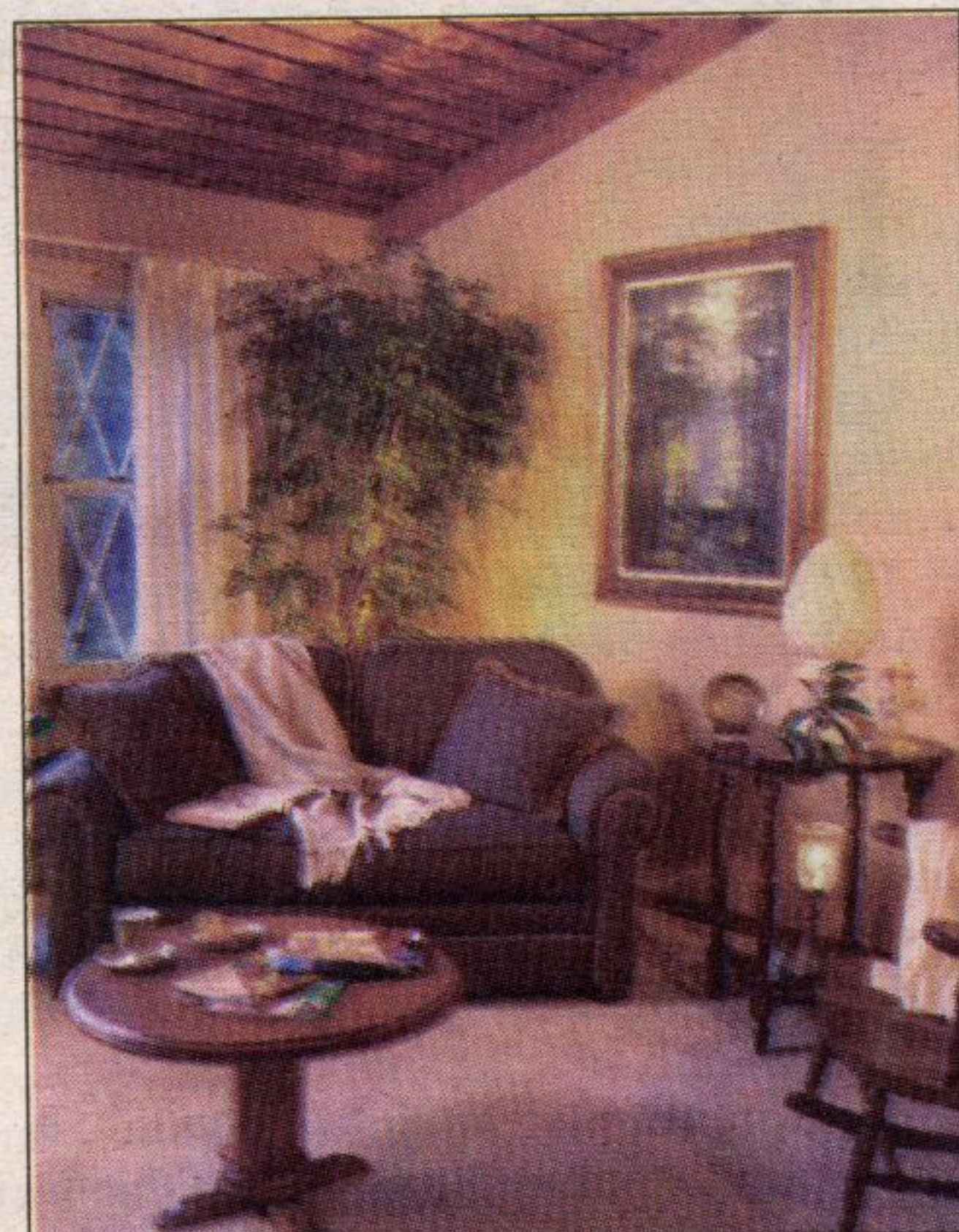
- Caulking and foam insulation should be used to seal windows, doors and the garage and for filling in holes or gaps in walls

- EPA-approved woodstoves provide a steady source of heat at an affordable price and will take the chill out of any room or basement

Time is Money

- Programmable thermostats can help cut costs by 33 per cent or as much as \$200 depending on where you live. Set the thermostat so that it's at room temperature when you are at home and then turn it down when you'll be out of the house or sleeping

- Timers allow control of when lights go on and off so they aren't left on when they aren't needed. Or better yet, get an Occupancy Sensor that automatically turns lights ON when occupancy is detected and turns lights



OFF when the area is no longer occupied

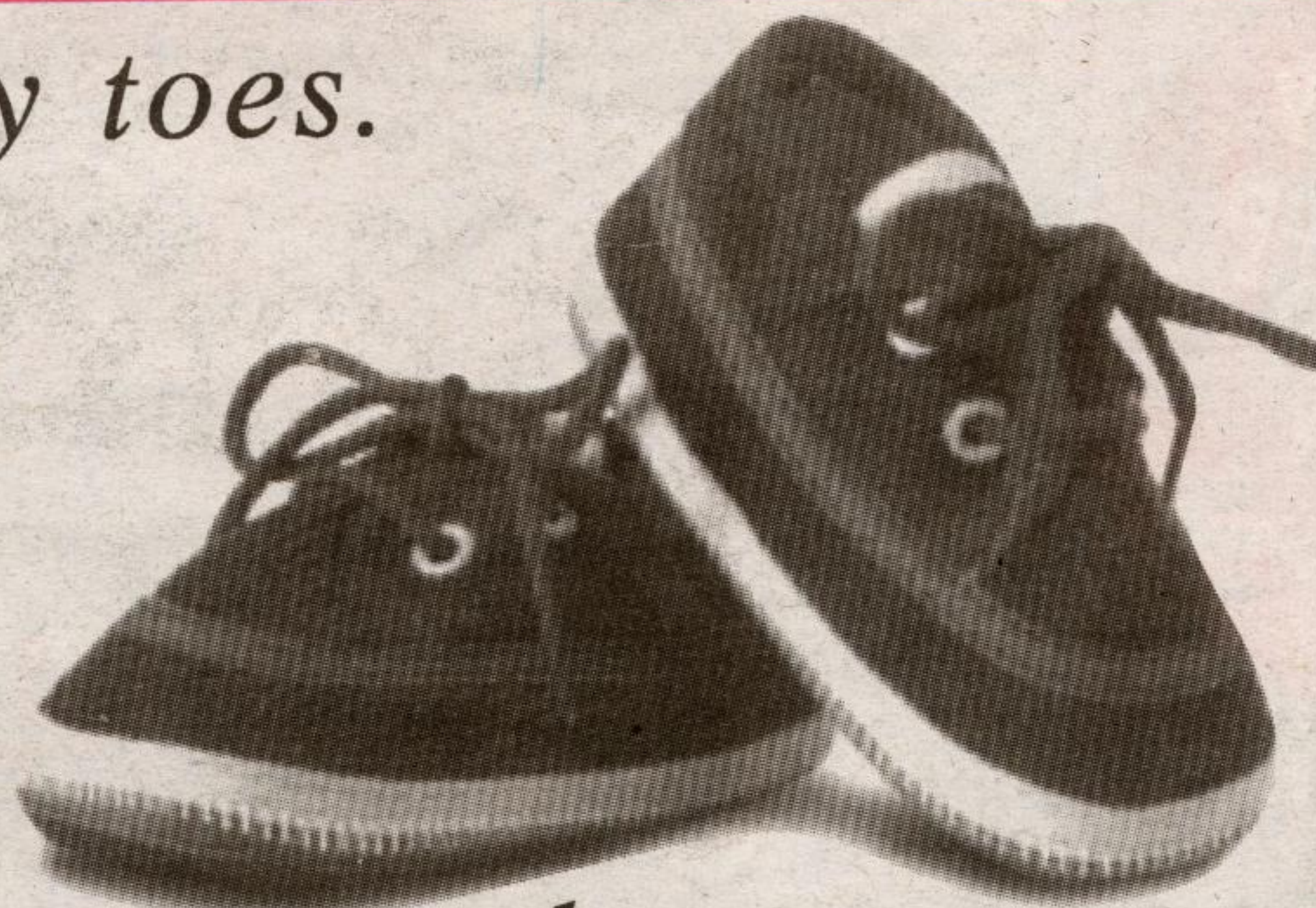
- Using a dimmer to dim lights 75 per cent can reduce the energy bill by as much as 60 per cent

- Choosing the right light bulb can also help save money. Compact fluorescent bulbs provide great light at a fraction of the cost of a standard bulb and they last five times longer

Conserving energy has never been more important. Look for the Energy Star symbol as it indicates products that are 'top of their class' in helping to conserve resources while helping to cut down on energy bills. For more information pick up an 'Energy Conservation Starts With You' brochure at your local Canadian Tire store.

—News Canada

Ten wiggly toes.



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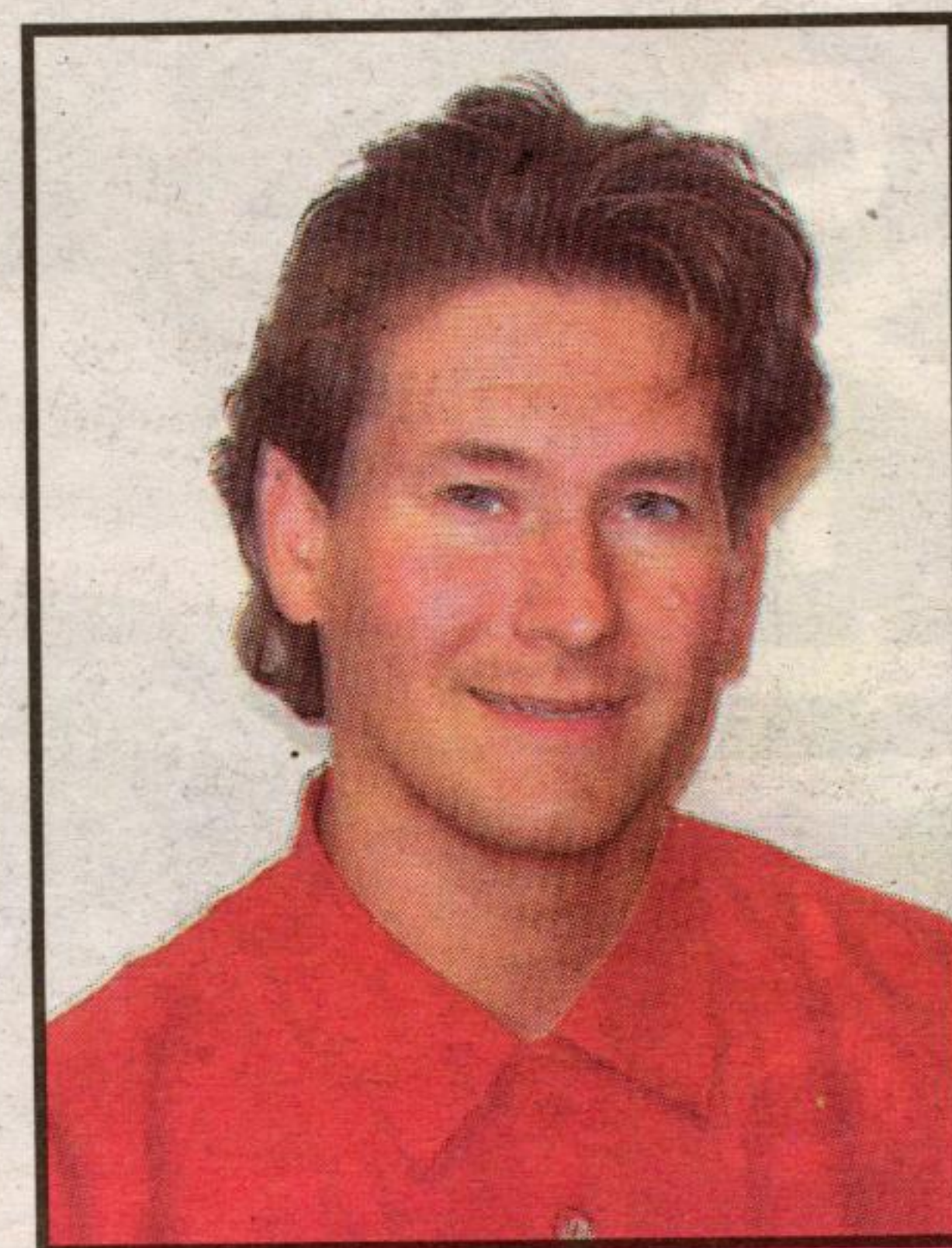
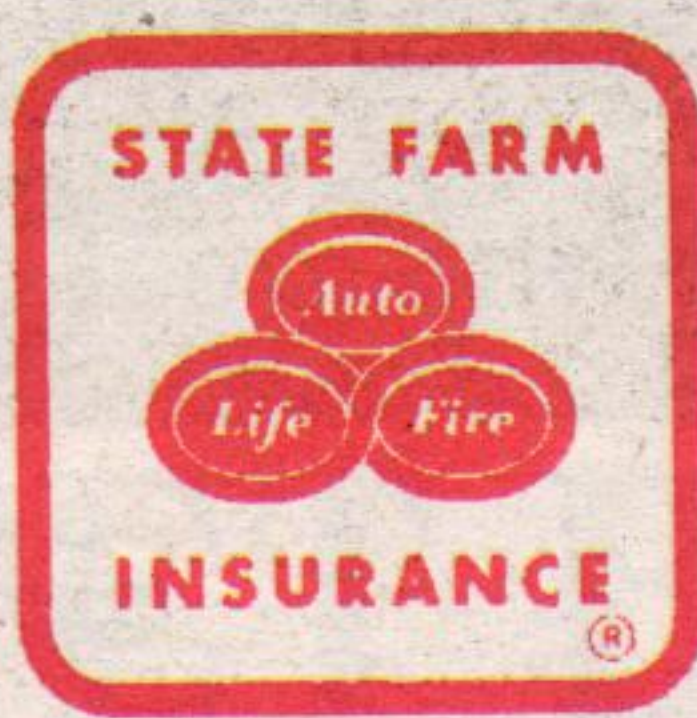
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