

# Healthy Living

## To raise money for Huntington's Go-Kart Challenge fund-raiser planned

**B**ARC-Huntington's Indy Go-Kart Challenge will be held Sept. 20 and 21 at the Formula Kartways in Brampton.

The challenge is an enduro go-kart event that pits teams of drivers against one another to raise money for Huntington's disease. Major sponsors are BARC (British Automobile Racing Club) and Formula Kartways.

Participate by recruiting your own team of up to six drivers, or register as a solo driver and be connected with a team. Participants can

also join a pit crew with a monetary donation. Competitors must be at least 16 years of age with a valid driver's licence. Each team must collect a minimum of \$350.

Top pledge collectors could win a prize.

"Funds raised in this year's Indy will go a long way to support the Society's programs," said Judy Lang, event volunteer. "In 2002, BARC was able to raise over \$30,000 for the Society. In 2003, we're confident we can gain even more momentum and shatter that record-

with increased community participation."

Huntington's disease is a fatal, hereditary brain disorder with effects on both the mind and body. It afflicts one in every 1,000 Canadians and is, at present, incurable.

For more information or pledge sheets contact Judy Lang at 905-702-0124, or by e-mail at [jdlang@ilap.com](mailto:jdlang@ilap.com), or call Huntington Society of Canada, 1-800-988-7398 or go to the Web site [www.barc-oc.com](http://www.barc-oc.com)

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- meet new friends
- Story Hour for 4 & 5 yr olds
- Little Lambs for 2 & 3 yr olds
- nursery for toddlers and infants
- starts Sept. 9, 2003

**---it's free!---**

Due to construction at the Georgetown Christian Reformed Church our temporary location is  
St. John's United Church  
11 Guelph Street  
Tuesdays 9:30-11:00 a.m.

For more information  
Call Susan 905-877-5511 or Anne 905-877-8164


 

**... Lend Me Your Ears**

By Cory Soal  
R.H.A.D.

A diminished social life is one of the most difficult aspects of age related hearing loss. Many people avoid drawing attention to their hearing loss by having fewer social contacts when it becomes difficult understanding what is being said. The result is an altered and lonely existence that family and friends may mistake for dementia.

Learning new strategies to cope with hearing loss could go a long way to restoring confidence and improving communication. The Hearing Clinic recommends the following: Inform people of the hearing loss so they may modify their speech; eliminate background noise; watch the speaker carefully and sharpen natural lip-reading abilities; ask the speaker to repeat what was said if necessary, and above all else; have your hearing thoroughly tested and properly fit with one of today's modern hearing instruments. Contact The Hearing Clinic if you or someone you know needs assistance.

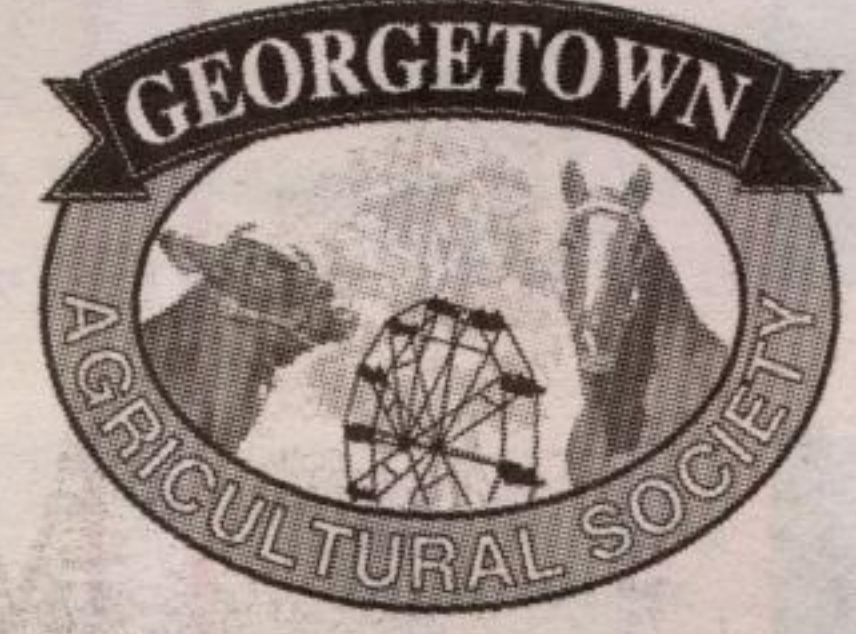
  
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### GEORGETOWN FALL FAIR

September 5, 6, & 7, 2003

**FRIDAY EVENING**  
Fair Ambassador Competition - 6:00 p.m.  
Lawn Tractor Racing - 8:00 p.m.

**SATURDAY**  
Kinsmen Girls' Softball - 8 a.m.  
English Horse Show - 9 a.m.  
Halton 4-H Rabbit Show - 9 a.m.  
Junior Dairy Show - 11 a.m.  
Demolition Derby - 7 p.m.

**SUNDAY**  
Poultry Show - 9:30 a.m.  
Heavy Horse Show - 10 a.m.  
Pony Mounted Games Show - 10 a.m.  
Children's Pet Show - 10:30 a.m.  
Kiddie Pedal Tractor Pull - Noon  
Demolition Derby - 1:30 p.m.

**WEEKEND HIGHLIGHTS**  
Midway by Funland Outdoor Amusements,  
Homecrafts and Exhibits,  
Agricultural Awareness Tent,  
Tiger Paw Exotics Petting Zoo,  
Canadian Vintage Motorcycle Group,  
Dr. Bandoli, Various Entertainers and Demonstrations.

Adult Admission: Friday \$7,  
Saturday \$7, & Sunday \$5.  
Children 7 - 12 \$3 any day  
Children 6 & under - Free  
Weekend Pass - \$15.00

[www.georgetownfallfair.ca](http://www.georgetownfallfair.ca)  
(905) 873-6157 or (519) 853-1465  
e-mail: [agriculture@haltonhills.com](mailto:agriculture@haltonhills.com)