

Serving Halton's senior citizens

This month, residents of John Armstrong Terrace, a Georgetown facility administered by the Halton Community Housing Corporation, celebrated their 25th anniversary.

Thanks to the efforts of these residents, Armstrong Terrace is a wonderful place to call home, and a vital part of the community. Many local officials, businesses and friends have taken the opportunity to congratulate the residents of Armstrong Terrace on their milestone, recognizing their important contribution to community life in Georgetown.

Halton Region supports seniors' quality of life with a range of services including supportive housing, long-term care and day programs. The region also offers public health programs designed to meet the unique needs of senior citizens.

A home visiting program for older adults at risk of falling is now offered by Halton Region's Health Department. A public health nurse conducts an assessment of the client's health status and risks in the living space. The nurse works with the client to create a fall prevention plan suited to the client's individual needs. This personalized program builds on the community falls-prevention program already in place in Halton Hills that focuses on raising awareness about the three main risk factors for falls: multiple medication use, environmental hazards and lack of physical activity.

Halton Region also addresses the common problem of poor oral health among the frail, elderly and adults with special needs through the Halton Oral Health

THE REGION REPORT



Joyce Savoline

Outreach Program. This community project works with area long-term care facilities, hospitals, community agencies and the Community Care Access Centre of Halton. Unique to Halton, this program provides financial assistance to the frail, elderly and adults with special needs who cannot afford to pay for dental treatment.

In 2003, this program will help implement dental programs in new long term care facilities that have recently opened in the region and help hospital dental clinics function as treatment sites for the hard-to-serve population and long-term care patients in hospitals.

Halton Regional Council actively supports facilities, programs and services that contribute to our senior citizens' quality of life by assisting them to live independently and with dignity.

For more information about Halton Region's programs and services for seniors, call us at 905-825-6000 or toll free at 1-866-442-5866 or visit our Web site at www.region.halton.on.ca.

—Joyce Savoline is the chair of Halton Region

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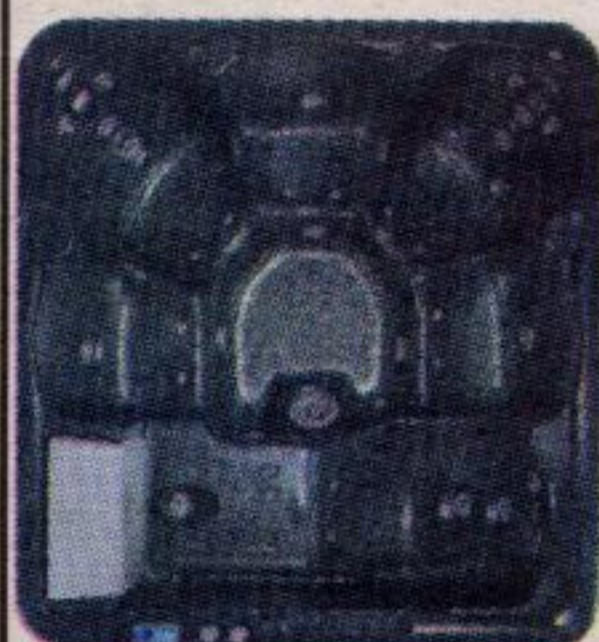
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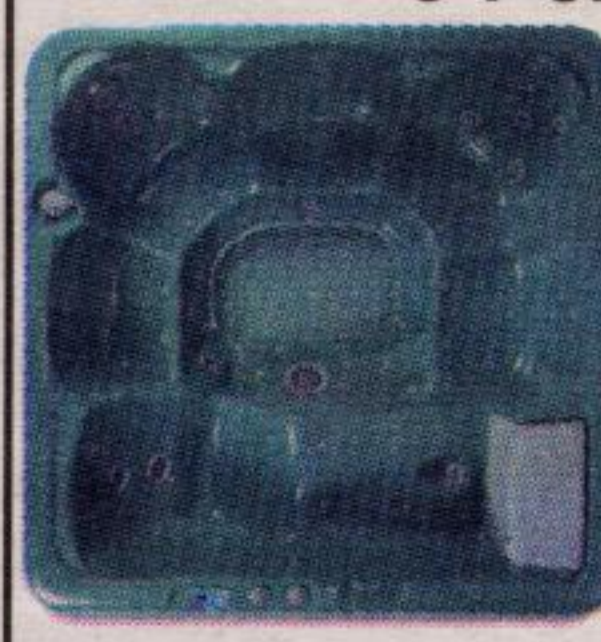
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