Sports & Lessure

Friday, May 16, 2003

Rowland a fine fill-in at Halifax gym meet

legan Rowland may have been a last-minute substitute but she certainly didn't perform like one.

A little more than 48 hours after finding out she would compete at the Eastern Canadian Gymnastics Championship, Rowland won the gold medal on bars and placed fifth all-around in the Open 4 division.

Rowland had placed fifth at the provincial championships but when one of the four qualifiers for the Eastern Canadian meet pulled a muscle, Rowland got the call. That call came Wednesday night and left her just one day to polish her routines.

"I had taken the week off to rest and relax," she said. "I just worked on basic skills."

Thursday was her only day to prepare and Friday morning she caught a plane to Halifax. Saturday Rowland scored a 9.100 on bars to take the gold. The 17-year-old member of the Winstonettes Gymnastics Association in Unionville placed fifth on floor, sixth on vault and seventh on beam.

Stephanie Palichuk earned three medals, placing first on beam, second on bars and finishing third allaround in the Open 2 division.

Senior Bearcats cap undefeated season with 4-0 whitewash

The Acton Bearcats senior girls soccer team will head into the Halton playoffs undefeated after capping their regular season with a 4-0 shutout against Christ the King.

"They've been getting better with every game," said Gemma Warner, who coaches the team with Lisa Zazarra. "They pass the ball well and they read plays well. They're also very quick."

Despite being one of the smallest schools in the Halton league and having a team that is still half junior age, the Bearcats put together a 3-0-2 record this season.

Holly Goddard scored twice and Emily Henderson recorded the shutout to secure home field advantage for the Bearcats for next Wednesday's playoff opener. Heather Atkinson and Nicole Fendley also scored for Acton.

Even bigger than Wednesday's victory was a 2-2 tie against first-place Bishop Reding Royals on Monday. Goddard gave the Bearcats a 1-0 lead but the Royals jumped in front 2-1. Acton's Amy Boileau tied the game on a penalty kick and the Bearcats used their strong defensive play to keep it that way.

The toughest challenge to Acton's undefeated season came the week before when it earned a 2-2 tie against Milton despite having no substitutes for the game.

Acton started the year with a 7-1 victory over King Christian College and then defeated Georgetown 5-2.



In sync

The Halton Hills Synchronized Swim Team held its annual showcase Saturday at the Georgetown Indoor Pool. Carolyn Hait, Maureen McMulkin and Emma Troughton were among the swimmers taking part in this year's program entitled, Entertainment Tonight.

Photo by Stephen Uhraney

Greenwell opens year in fine form

obbie Greenwell was uncatchable after the fir-Ling a two-under par 70 at

the season-opening Canadian Junior Golf Association tournament at Woodington Lake Golf Club in Tottenham.

Greenwell opened up a ROBBIE seven-stroke lead GREENWELL

after the opening round and despite struggling on the second day with an 84, he held on for a one-stroke victory over Scarborough's Ju Young Park.

"It was definitely a good round," Greenwell said. "I recovered a lot better. When I hit loose shots, I'd make a good chip or good putt to recover. I didn't do that the second day. I really capitalized on my opportunities the first day."

Greenwell not only won the 15-16-year-old division but also took the Esquire Excellence Award for the lowest overall score.

After a 14-shot swing between rounds, Greenwell said there's no surprise what he needs to work

"It's been hard finding my consistency but in May most players aren't that consistent."

Boast 2-1 preseason record

van Wissen Mustangs get premier experience

The van Wissen Garden Centre Boys Under-12 ▲ Mustangs improved to 2-1 in exhibition play as they got their

The Mustangs were blanked 3-0 by Brampton in their first pre-season game but bounced back to down Waterloo 7-1. Kamil Burghhardt and Erik van Wissen each scored twice in the victory

with singles going to Travis Wright, Rourke Bannerman-Maxwell and Adam Quinlan.

The Mustangs then topped the first taste of premier division soc- Bolton Wanderers 5-1. Burghardt and Bannerman-Maxwell each had a pair of goals. Chad Fellows added the other goal.

The Mustangs were promoted to the South Region Soccer League's premier division after winning the second division championship last season.

The Mustangs had a tough draw for the Niagara Soccer Tournament. Georgetown was blanked 3-0 by York United in their opening game. Georgetown then met one of the top-five teams in Ontario, Burlington United, and lost 6-1. Niagara Falls handed the Mustangs a 4-1 loss in their final game. Burghardt and van Wissen had the Mustang goals.



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