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ONE DAY ONLY

SUNDAY, MAY 4, 2003 ~ 12-3 P.M. CASH Acton Arena Community Hall ONLY 415 Queen St. E., ACTON

sunshinekidswear@sympatico.ca (519) 836-8522



For more information contact Lisa at (905) 877-2273

All monies raised to benefit Georgetown Bread Basket

## Tip for Teens – The bottomless (?) teenage pit depletes parents

Can teens

expect parents

to buy

expensive

brand name

shampoo,...?

uring teenager years, a quiet, unspoken painful, psychological struggle goes on in the inner world. Giving up the nurturing they enjoyed as young children does not come easily, and when teens are struggling psychologically to wean themselves from parental support, their methods of "taking" from parents can actually increase, although the methods use to "take" become more subtle.

To help teens in this struggle, parents can be very clear in just what they will do, to fill what might seem like a bottomless pit of financial requests. How much will parents contribute towards clothing, transportation, personal grooming products etc.?

Can teens expect parents to buy expensive brand name shampoo, or does the teen have to make do with the family "no name" products or does the teen have to buy all personal grooming products? How much allowance does the teen get and what is s/he expected to cover with that money?

There will be no other period in life that it will be so necessary to make these agreements clear, perhaps even in writing.

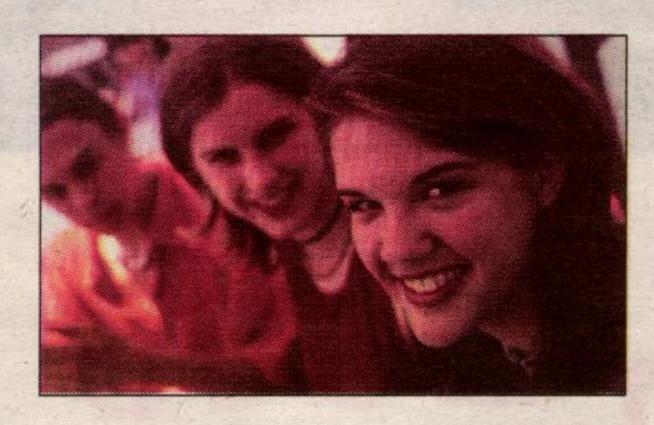
Expect angry episodes from the teen when the "eternal supply of love" dries up and you remind your teen that he is responsible for his movie admission, as previously agreed. This is when going back to original, written agreements can help a great deal.

The more concrete these financial arrangements can be for the adolescent,

the easier it is for the teen to cope with the sadness and loss (which often remains hidden on an unconscious level) he experiences as he assumes financial responsibilities that were once offered generously by parents.

Keeping this psychological struggle in mind might make parents less angry when their children

try to make unreasonable demands. Next issue: Teens and credit cards.



2.9% Interest

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