

Dog owners push for leash-free zone

Dog owners are straining at the leash for the Town of Halton Hills to designate a leash-free zone in this community.

HH-Dog is a group of Acton and Georgetown dog owners founded this fall with the purpose of working with the town to develop a leash-free park in Halton Hills in 2003. A leash-free zone is an area where owners can walk or play with their dogs without a leash. The current bylaw requires all dogs to be on a leash when in a public place.

Spokesperson Cindy Knill told council at Monday's meeting the group intends to contribute to the monitoring and clean up of the park along with paying for future improvements through membership fees and fundraising.

Council voted that a leash-free zone trial—about one acre in size—be considered during 2003 budget deliberations in January. The cost is estimated at about \$20,000 for fencing, signage, garbage cans, advertising, and staff time for garbage pickup and grass mowing. No site has been selected; that will be done through a public process.

Knill said urban density has resulted in more dogs in less space leading to more complaints. Leash-free zones, she said, create more

socialized dogs that are less likely to intimidate other residents, allows residents who are afraid of dogs to avoid a specific area and lessens workloads on bylaw enforcement officers.

Hazel McColl, the leash-free zone co-ordinator in Mississauga where there are approximately seven designated areas, and Diane Petrie, a member of a dog owners' group RDog, supported Knill's arguments.

Both outlined the positive experience that city has had with the zones. McColl has had inquiries from as far away as Australia about Mississauga's success with the designated parks.

Mayor Kathy Gastle is a longtime advocate of leash-free zones and has attempted, but failed, for several years to get a budget approved for a trial area.

"I know many members of this council also will probably be supporting it (at budget time). I know the issue in the past was the dollars, but with the partnership it certainly changes the whole perspective of approving such a facility," said the mayor.

HH-Dog can be contacted through its Web site: www.hhdog.com or by calling Cathy Dorbeck, 905-702-1603.

—By Cynthia Gamble, staff writer

Town to take over church's portion of cemetery

The town will acquire ownership and assume maintenance of St. Paul's Anglican Church's portion of Hillcrest Cemetery on Adamson St. in Norval. The cost is estimated at \$10,000 (survey, legalities, tree removal and monument repair).

This came about after neighbours complained to the town about trees at the St. Paul's Anglican Church cemetery (which is part of Hillcrest Cemetery).

Due to the "extensive requirement for tree removals, fencing and monument repairs" a title search was done. While records in the land titles and cemeteries offices of the Ontario Ministry of Consumer and Business Services confirm that Norval Presbyterian Church trustees are the registered owners, members of that church and St. Paul's believe the town had already assumed maintenance obligations since the 1940s. While there are no town records to confirm this, the town has been cutting the grass for a number of years.

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After Being Hypnotized to Shed 72 Lbs., This Woman Says, "Now you, too, can be rid of your weight problem for good!"

Diets Don't Work

For 15 years my immense weight caused me pain and suffering. I suffered both physically and mentally. I avoided going out for fear someone might look my way. I always thought people were snickering behind my back. I hated to shop so I wore the same old clothes until they were faded and worn. I hid myself away and never expressed my true personality. But that wasn't the worst of it. Imagine what it was like to be 70 lbs. overweight and work as a desk clerk at a health club!

I tried a multitude of diets, weight loss programs and gimmicks. I attended group meetings faithfully. I'd lose 5 to 10 pounds, get bored, stop going, and gain all my weight back. I didn't like the way it was handled so I eventually dropped out.

I'd dream about being slim, but had no idea how to get there. I'd tell myself that I could stay on a diet. Two days later I'd be back to my same old fat-lady routine.

The Miracle

One day I read about Positive Changes Hypnosis in the newspaper. It was a big feature story (probably much like the one you're reading now). I cut it out and put it on the refrigerator. Later that day I discussed it with my husband and we agreed that I should give Positive Changes

a call. It was the best decision of my life!

My first step was to attend the Positive Changes' free hypnotic screening. It was surprisingly fun and informative. For the first time, I felt that someone understood what I was going through. It gave me a little spark of hope.

I kept waiting for the sales pitch, but it never happened. I was never pressured. Everything was explained in detail and the fee was surprisingly reasonable. I knew that I desperately needed help, and the Positive Changes philosophy made sense to me. I signed up.

After my first hypnosis session, I had no doubt that I'd come to the right place...

Instant Results

I arrived home from my first session with a big smile on my face. My husband asked me, "What's up with you?" "Oh nothing," I said. "I'm just in a good mood," and I went right on smiling.

I lost 4 lbs. that first week. After that, my weight kept melting away. In one month I'd taken

off 16 lbs. My total reduction was 72 lbs. and four dress sizes. To be honest, I don't even remember losing my weight - it was that fast and easy.

Hypnosis eliminated my cravings and poor eating habits. I'm free from the hassle of dieting forever! I don't have to go to meetings, count calories, or weigh my food. I simply enjoy healthy, flavorful foods like fruits and vegetables, and drink lots of water. It's been as if my mind is on autopilot. To be honest, I still don't understand it. I just know that my weight melted away at an average of 3 pounds a week and I never felt deprived.

Life Is Wonderful!

When I look at old pictures, I can't believe that was me. People tell me I look like I've had a facelift. My husband says I seem twenty years younger.

I'm even saving money! My grocery bill has gone down because I no longer buy cookies, cake and ice cream. Now that I have lost my weight with hypnosis, I can't even fathom ever gaining it back.

Saved My Life

The truth is, Positive Changes saved my life. If it weren't for this program, I'd

probably be over 200 pounds and miserable. That's the reason I'm sharing my story, and the reason I'm recommending Positive Changes to you.

I know that you're skeptical. I was, too. But my skepticism vanished when my weight started melting off effortlessly. I'm confident that hypnosis can do the same for you.

Now please don't get trapped into thinking that I'm a single success story. I met a lot of nice people at Positive Changes and they were getting the very same results that I have.

Change Your Life Today!

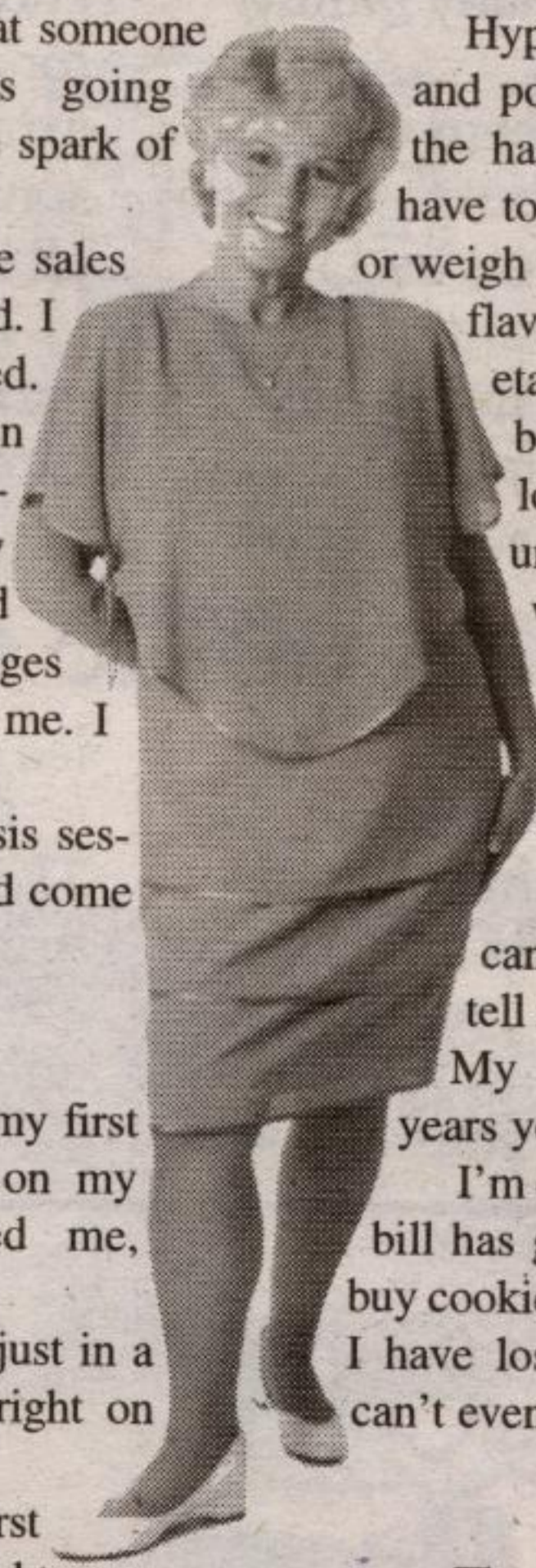
So set your skepticism aside. Stop hesitating. Pick up your telephone and call Positive Changes Hypnosis right now. Ask to schedule your complimentary hypnosis screening. Don't worry, if the staff doesn't think hypnosis is right for you, they will tell you so. Take it from me, you have nothing to lose, and a whole lot to gain—like self-esteem, happiness, peace of mind, and freedom from your weight.

Positive Changes gave me everything I needed to build a beautiful, healthy body and a wonderful frame of mind. Now go on, pick up the phone and call Positive Changes Hypnosis. If you're like me, it will be the smartest decision of your life!



"I hated to shop so I wore the same old clothes until they were faded and worn."
Janice Lerch Before Hypnosis

Hi, I'm Janice Lerch. For more than 15 years I dreamed of being slim. Then I made an amazing weight loss discovery that helped me melt off 72 lbs. of fat in 12 easy months. My dress size plunged from a hefty 18 to a slender size 10 and it was effortless. If you are suffering from a weight problem, please take a moment to read my amazing story. I believe that my weight loss discovery can make your dreams come true, too!



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