

Healthy Living

Seminar to focus on parent-child communications

Have you ever wondered how what you believe about your children or spouse affects how you interact with them?

Have you ever wondered why they do not think more like you or what you could do to get them to change?

These questions and many more will be addressed at a parenting seminar on Saturday, Nov. 16, 10 a.m. to noon. Seminar instructors are Mark Norman, who is a respected and sought-after consultant and trainer on the psychology of human dynamics in the workplace and his wife Sandy Norman, who has her Masters in Education and is an accredited user of the Myers-Brigs Type Indicator.

The seminar will equip parents with

the tools necessary to better understand the personalities and learning styles of their children or spouse and to communicate more effectively with them. You will go home with a basic sketch of your own personality type, which will help you understand the similarities or differences we have with our children and others. Some of the tools they will use will be a mini Myers-Brigs Type Indicator, ladder of inference and reflective loop.

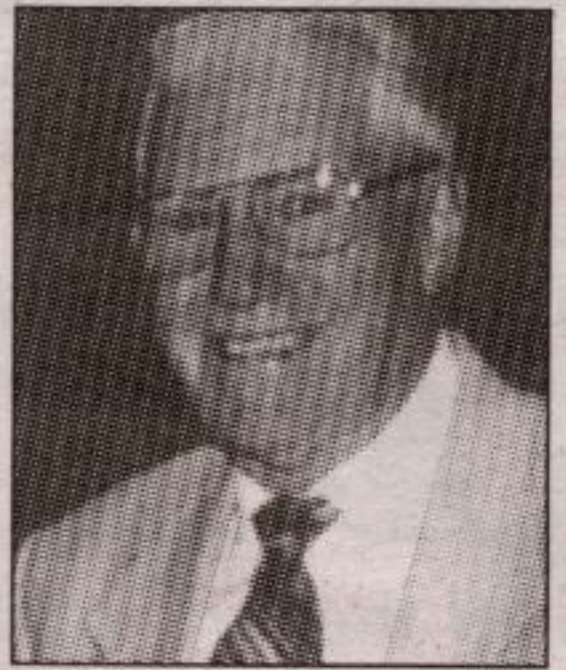
This seminar will be held at the Georgetown Alliance Church, 290 Main St. S., 905-873-0249. The cost is \$8 per person or \$12 per couple; tickets through the church office or at the door. Free nursery care is available but please call in advance to book a spot.

For more information, call Mary Ellen Stanley at 519-853-3234.

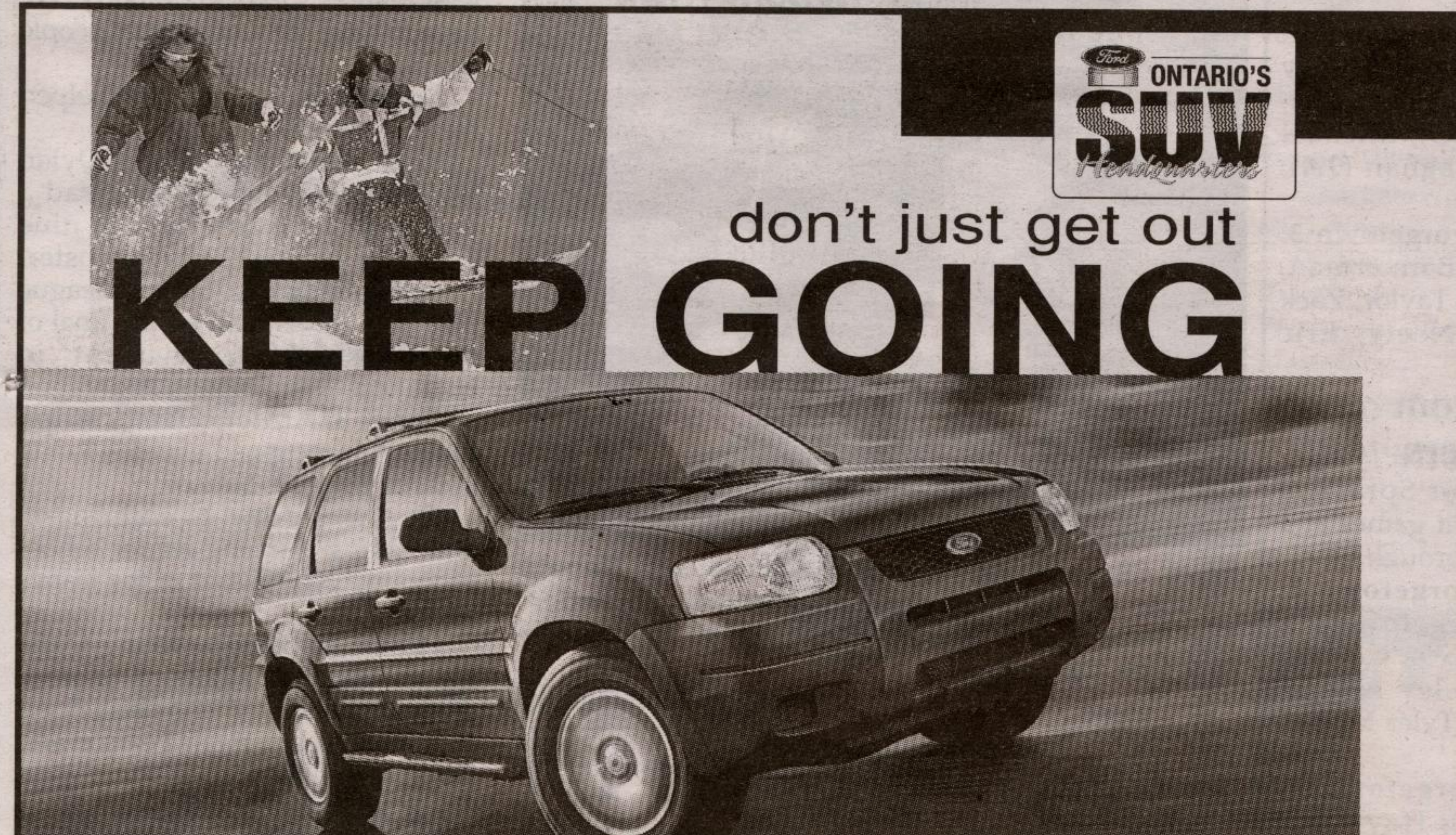
Doctor recruitment is focus of Savoline show

Recruiting physicians to Halton Region will be tonight's (Wednesday) topic of discussion on *PeopleSpeak In A Place Called Halton*. The show, hosted by Regional Chairman Joyce Savoline, will be broadcast live 7-7:30 p.m. on Cogeco Cable in north Halton.

Dr. Jeff Sutherland, Site Chief of Family Medicine, Georgetown Hospital Campus will join Savoline in a roundtable discussion.



You are invited to an open house for **Mac Sprowl's 75th birthday.**
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