

HALTON HILLS PARENTING MAGAZINE OCTOBER 2002



A Supplement To

The Independent
& Free Press

- Tips for Kids • Taming the Wicked Witches
- Hallowe'en Safety Tips • Health Page • "Self Respect"

Your eyes
don't come
with an owner's
manual

No instructions...no warranty. No 1-800 number for questions. Well, here's a tip: if you want to take good care of your eyes, see your optometrist. That's right, your optometrist – because a complete eye exam is one of the best ways to ensure that your healthy eyes stay that way. *Make an appointment today.*

YOUR EYES DESERVE
AN OPTOMETRIST

October is Eye Health Month

A message from
**Dr. Caroline Teske and
Dr. Trisha Beal, optometrists.**

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