


# Healthy Living



Stick with your high blood pressure treatment, or you may be in for a nasty surprise.

Canadian Coalition for High Blood Pressure Prevention and Control  
http://cohort.library.mcgill.ca

**LASER HAIR REMOVAL**

- Affordable • Safe • Gentle
- Permanent Hair Reduction

**For Him:** chest, back, shoulders, etc.  
**For Her:** bikini, facial, underarms, etc.

Call today for a free consultation  
\*Certified Electrologist & Laser Technician

**Bare Image Electrolysis & Laser Inc.**  
50 Main St. South, Georgetown 905-873-6388  
downtowngeorgetown.com/bare-image

## FREE Garden Seminar!

Join the *Experts* at **Sheridan Nurseries** on **Saturday, September 28** from **10:00 am to 12:00 pm**

**Great Perennials for all Seasons!**  
Learn how to design with perennials for a fantastic display in your garden from April to November!



**Sheridan Nurseries**

*Reserve your space today!*  
Contact: Irene at 905-873-0522, ext. 264

12302 Tenth Line  
(1/2 km south of 22nd Sideroad)  
Georgetown, Ontario  
www.sheridannurseries.com



**Jenn's Aesthetic Services**

*Jenn announces her new location and invites former and new clients to experience care in a comfortable home environment located in Acton.*

**Specializing in "Natural-Looking" Artificial Nails using a unique system of combining Acrylic and Gel.**

*This system creates a strong nail without the thickness!*

- no UV lights required • no drills or primers
- no odour • no yellowing
- no burning • no crystallizing

Full set \$35.00, Fill \$24.00, Manicures \$15.00, Pedicures \$28.00

To book an appointment for Artificial Nails, Manicures, or Pedicures

call JENN:  
519-853-1834 or  
cell 905-691-7700 (Local Call)



### Free seminar on arthritis on Oct. 2

The public is invited to a free seminar, Treatment and Early Management of Arthritis, on Wednesday, Oct. 2 at 7 p.m. at the 707 Galaxy Banquet Hall in Oakville. The event has been organized by Halton Healthcare Services and the Arthritis Society. Call 905-338-4379 to reserve a seat.

First Star's Famous

## Psychic Fair

★ Psychic Readers ★ Aura Photos ★ Vendors  
★ Free Lectures ★ Hourly Draws ★ & More!

**September 27, 28, 29**  
Fri: 1-10 - Sat: 11-10 - Sun: 11-7

**Bramalea Legion Hall**  
Branch 609 — 1133 Queen St. E., Brampton  
(From Hwy 410, turn East on Queen St.)

**Admission \$5 - Valid All Weekend**  
Under 12 Free With Adult - Free Parking




Pre Christmas **SALE** New stock arriving soon. Need to make room!

All Christmas items **40% off**  
Halloween items **25% off**  
Fall Florals **30% off**  
...Just to name a few

Come in and see our great selection!  
**Join us for Seniors' Day - Sept. 24.**

**Class schedule now in!** **CRAFT TREE**  
All ages welcome!  
327 Bronte St. S., Milton  
905-875-4917

**... Lend Me Your Ears**

By Cory Soal  
R.H.A.D.

**IS IT TIME FOR A HEARING AID?**

If you feel as if you are missing out - on conversations, movies, plays or public meetings - or if your loved ones are getting tires of constantly repeating themselves, it's time to get your hearing tested.

And if your vanity has you balking at the idea of wearing a hearing aid, you should know that they're smaller and better than ever, thanks to technological developments such as digitization and background noise filtering. More importantly, while hearing aids are still considered a "device" they have significantly improved the quality of life for many users.

Not only do more than 50 per cent of senior citizens need at least one hearing aid, so do many other Canadians. These include younger adults exposed to long-term damaging noise, children who are "higher risk" at birth and people of all ages whose hearing is affected by injury or disease, such as meningitis.

The Georgetown **HEARING CLINIC**  
*We care about your hearing!*  
Professional Arts Building  
99 Sinclair Ave., Suite 210  
Georgetown  
(905) 873-6642

### Divorce Recovery series to be held on Tuesday evenings

**S**ALT (Single Adults Learning Together) and Georgetown Alliance Church present Divorce Recovery, a series to help separated or divorced men and women deal with their situation.


The series is set in a Christian atmosphere and is based on the book by Jim Smoke, *Growing Through Divorce*. Led by people who have had firsthand experience, videos and small group discussions will be employed.

It will be held on Tuesdays, 6:45-9 p.m. starting Oct. 1 and continuing until Nov. 26. The cost is \$35 including the book.

To register or for more information call Sue, 905-702-1667 or Georgetown Alliance Church, 905-873-0249.

### CMHA offers sessions too

The Halton branch of the Canadian Mental Health Association is offering Seminars for the Separated, an education and self help group, starting Tuesday, Oct. 1. This 10-week program involves lectures, small group discussions and social activities (optional). For more information or to register, call the CMHA, 905-693-4270.



**MANON Dulude**  
PSYCHOTHERAPIST

INDIVIDUAL  
COUPLES  
FAMILY COUNSELING  
DEPRESSION  
ANXIETY  
SEPARATION/DIVORCE  
LIFE CHANGES

30 SHELLEY STREET  
GEORGETOWN  
ONTARIO L7G 3W9  
(905) 873-9393

**PROFESSIONAL COUNSELING SERVICES**

**Mortgage Rates are at historic lows and your home has never been worth so much! Why not consider a home equity consolidation loan?**



**Debbie Forget**  
Mortgage Consultant



- I can lower your monthly payments by consolidating all of your existing debts into one easy mortgage payment.
- I'll shop the market for the best rates.
- I will even show you how you can access up to 100% of your homes market value.
- And, I'll do it all at no cost to you! OAC

**Call 905-877-2426**

To learn more, log onto our web site at [www.moneyconnect.ca](http://www.moneyconnect.ca)  
16 Mountainview Road. S., Suite 301, Carretal Building, Georgetown