

ACTON
GARDEN MARKET IGA



**SHOP IGA
FOR ALL YOUR BACK
TO SCHOOL NEEDS**

HOLIDAY WEEKEND HOURS

Saturday, Aug 31st - Open 24 hours
Sunday, September 1st - Store closes at 10 pm
Labour Day Monday - Store closed

Bananas

From the
tropics
.73 kg

.33 lb

**Peaches, Nectarines,
Blue Grapes or Pears**

Product of
Ontario,
Canada No. 1,
or Bartlett
Pears, Product
of Ontario,
Canada Fancy
2 L basket

2.99 ea.

**Fresh
Lean Ground Beef**

Canadian
Select, Fresh,
Never Been
Frozen
4.39 kg

1.99 lb

**Kraft
Lunchables**

Selected
Varieties
315-380 g

3.49 ea.

**Black Forest
Ham**

1.10/100 g

4.99 lb

**Smart Choice
Cooked Shrimp Ring**

Frozen,
277 g

3.99 ea.

**Beatrice Yogurt
Case Sale**

Fruit
Bottom,
Light or
Fat Free.
Selected
Varieties,
175 g

12/3.99

**Our Compliments
Apple Juice**

1.36 L

.88 ea.

**Smart Choice
Chicken Nuggets**

or Strips,
Frozen,
1kg

3.49

Coke

Selected
Varieties
24 x 355 ml

5.99

Open 24 Hours

1 Hr Photo

Delivery

Satisfaction Guaranteed

**ACTON
GARDEN MARKET IGA**



372 Queen St., Acton
519-853-1960

Flyers in the mail

Region raises awareness of WNV

A flyer on West Nile Virus should be showing up in area mailboxes within the next week, as Halton Region steps up its efforts to inform people on the importance of protecting themselves from mosquito bites.

"It's just part of our overall efforts to keep the public informed," said Halton Region communications specialist Stacey Bartlett.

The flyer, which is being mailed to all Halton homes, includes a message from Halton's Medical Officer of Health Dr. Robert Nosal, and tips on how to avoid mosquito bites, report dead bird sightings, dispose of dead birds, and the need to remove standing water.

"Our monitoring activities in birds and mosquitoes indicate an increasing presence of West Nile Virus in Halton," said Nosal in the flyer. "The risk to humans remains low but may be increasing."

"Therefore I am re-emphasizing the importance of trying to avoid being bitten by mosquitoes, as well as the need to remove mosquito breeding sites from around homes," said Nosal.

Last week Halton received confirmation mosquitoes from south Burlington and south Oakville had tested positive for the virus. Previously only birds in Halton had tested positive for West Nile.

Mosquitoes, which get the virus by feeding on the blood of infected birds, can transmit WNV to humans and animals.

People over 50 and those with weakened immune systems have the highest risk of developing severe illness from the virus.

To date however, there have been no cases of the virus in humans in Canada.

Halton Region recommends people:

- avoid areas with high mosquito populations
- wear light coloured clothing, including long sleeves, pants and a hat to cover exposed

skin when outdoors in the evening or early morning

- spray clothing with a mosquito repeller containing DEET (the concentration of DEET should be no greater than 30 per cent for adults and no greater than 10 per cent for children between the ages of six months to years. DEET shouldn't be applied to infants under six months of age.)

- make sure all windows and doors have screens that are in good condition

- take extra precaution from dusk to dawn when mosquito activity is particularly high.

To reduce mosquito breeding areas:

- drain any areas of standing or stagnant water

- remove old tires

- turn over pails, toys, plastic wading pools and

- drill small holes in the bottom of recycling and trash containers

- change the water in birdbaths every few days

- keep eavestroughs clear to avoid trapped water

Dead birds aren't being picked up for testing, however, all birds are being recorded and the information used for tracking.

To report a dead bird, or for more information on West Nile Virus call Halton Region Health Department at 1-866-4-HALTON (1-866-442-5866), 905-825-6187, TTY 905-827-9833. Information is also available at www.region.halton.on.ca/health.

—By Lisa Tallyn, staff writer

We're closed Monday

The Independent & Free Press office will be closed Monday, Sept. 2 so staff can enjoy the Labour Day holiday.

The office will reopen Tuesday, Sept. 3 at 8:30 a.m.



Who are you
relying on for the
**hot water in
your home?**

You wash in it, do your dishes and laundry in it. Your family depends on it. So who do you rely on to supply your home with hot water?

You now have a choice!

Enjoy the value of hassle-free hot water from Enbridge Home Services. We offer rentals, sales and service for a complete hot water solution for all your home's needs.

- A quality, energy efficient natural gas water heater that saves more energy than a standard water heater
- Expert installation and service from our experienced technicians
- Access to a 24 hour/7 days a week emergency service phone number
- Peace-of-mind, hassle-free hot water with no extra maintenance or parts replacement charges*
- An agreement that's transferable to the next owner should you sell your home.

Enbridge Home Services offers competitive monthly rental rates which can be added to your Enbridge bill. No bill? No problem! We can arrange a monthly statement for your rental water heater charge.



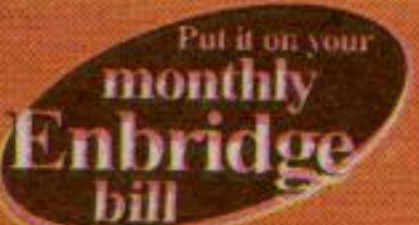
**ENBRIDGE
Home Services**



Enbridge Home Services is the recognized expert in water heaters for your home. With many years of experience supplying home comfort and peace of mind to Canadians, Enbridge Home Services currently has over 1.2 million satisfied rental water heater customers in Ontario.

**And now, for a limited time only, get your first
3 MONTHS RENTAL FREE!**
Call your local Enbridge Home Services dealer today.

In the Georgetown area call direct
905-876-1020
or call toll free 1-800-266-3939
Visit our website at enbridgeservices.com



Enbridge Home Services is a trade name used under license from Enbridge Inc. *Some conditions may apply. Call your local Enbridge Home Services dealer for details and contract conditions.