

## Ten ways to light up your bath

Then it comes to the bathroom decor, the brightest ideas depend on light or more appropriately, lights. Today, a well-lit bathroom depends on a savvy lighting

"Good lighting is essential for people to see themselves in a complimentary light," says Todd Phillips, president of lighting manufacturer Quoizel. "Whether we are putting on makeup or combing our hair, we want a positive view of ourselves, which can only be accomplished by using the right light source."

When coordinating bathroom lighting, combine fashion with function to make your fixtures supply ample

amounts of light.

Whether built new or recently remodeled, today's more complex bathrooms demand intricate lighting solutions. Task lighting must be bright enough to do its job, but work well with indirect accent lighting designed to soften the room's ambience by providing a warm glow. Lighting fixtures and finishes must complement, rather than compete with plumbing accessories, tile, paint and wallpaper.

The American Lighting Association suggests you check with the professionals at lighting stores and showrooms for the broadest range of styles and knowl-

edge.

SHOWER POWER: Lighting in the shower stall should be bright enough to help avoid spills while making shaving and shampooing easier. Choose light fixtures designed for use in wet areas.

TUB TIP: Tubs, like showers,

need good general light, which can be provided by a recessed fixture. To avoid glare, aim the light's beam at the outside edge of the tub.

DRESSING: 3) WINDOW Windows provide natural light to supplement or replace the electric options, particularly during the day.

NIGHT BRIGHT: Create a nightlight by illuminating the floor in the toespace below vanities and cabinets with a linear lighting system.

GET GLOWING: Indirect (or cove) lighting with its hidden light source is purely aesthetic, adding a soft, warm glow to the bathroom.

MIRROR, MIRROR: Good mirror lighting, like that provided by warm fluorescent vertical wall sconces, will provide the even facial illumination necessary for eliminating dark circles and shadows.

7) VANITY FARE: A halogen light above the vanity provides cross illumination when used in conjunction with wall sconces.

8) TABLE TOPPER: Table lamps add a soft, human touch to bathrooms. Display them away from water sources on tables, vanities, or multipurpose bathroom islands found in larger homes.

9) CEILING FIXTURE: A decorative light fixture suspended from the ceiling provides an elegant touch while adding extra light.

10) POTTY PANACHE: Focused flood or halogen fixtures over the commode provide good light for watercloset reading.

-News Canada



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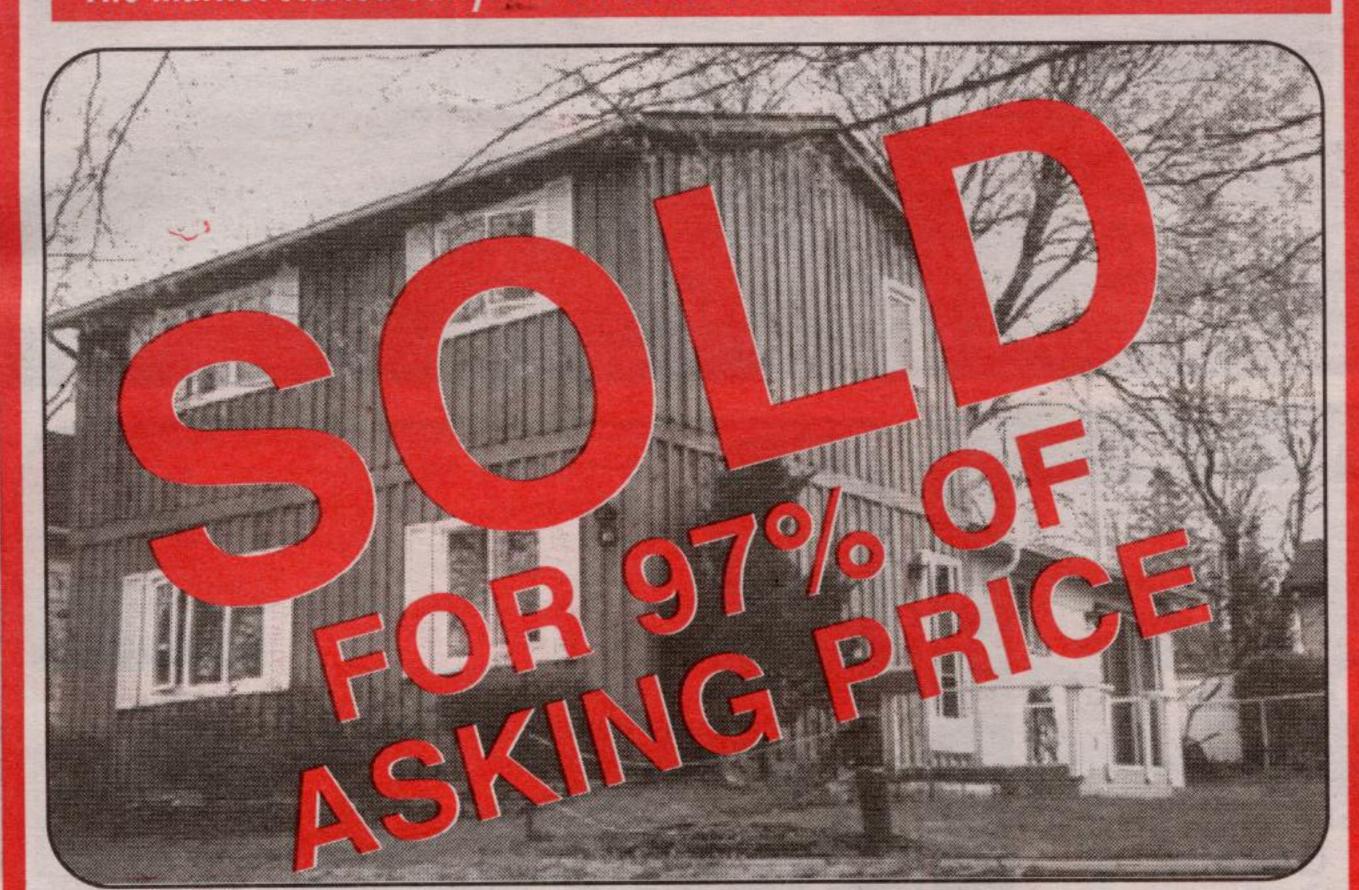
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