

At Fairgrounds

Highland Games goes tomorrow

The 27th Annual Georgetown Highland Games returns to the Georgetown Fairgrounds tomorrow (Saturday).

Twenty-four bands will compete, including a special performance by the Toronto Police Show Band. There will be more than 460 highland dancers competing in five divisions from primary to premier. A new addition to the games this year is the women's division in the heavyweight com-

petition. The women will participate in the same events as the men except for the farmer's walk.

Rev. Peter Barrow, a founding member of the Georgetown games, will be the honorary chieftain for this year's event.

There will be a rock climbing wall, pictish face painting, floral garlands as well as the popular clan village. The village features displays and history of Scottish families.

Reed throws his support behind Chrétien

Halton MP Julian Reed was shocked and "quite dismayed" when he learned that Prime Minister Jean Chrétien had fired former Finance Minister Paul Martin Sunday.

"But two people with such strong individual personalities are bound to have differences of opinion and it is hardly surprising that an impasse like this would surface," said Reed from Ottawa Thursday, reading from a letter he is sending to the approximately 16 constituents who contacted him upset about the firing.

Reed would not say much about the 170-member caucus meeting Wednesday where Chrétien defended his actions and some Liberal back benchers suggested he consider quitting.

When asked if he thought it was time for Chrétien to step down, Reed said he thinks that the PM has to make that decision.

"I continue to choose to dance with the guy who brung me," Reed said.

"Let us be clear that the Prime Minister is the Prime Minister until through circum-

stances of his own choosing, or otherwise, he is no longer the Prime Minister. I will not be throwing my active support behind Mr. Martin until that event happens," said Reed in his letter.

Reed does not put a lot of stock in a recent poll that revealed 61 per cent polled would support a Martin-led Liberal government compared to 42 per cent who would support the Liberals under Chretien.

"It's a snapshot of the moment. I don't think whatever it says is enduring."

The MP said he doesn't know if firing Martin will affect his chances of re-election.

"That's a hard one to tell. I wouldn't be so braggadocious to say no. Some people might want to vent their displeasure."

Reed doesn't think the Liberal leadership review set for next February should be moved up and would not say how he how plans to vote.

"My ballot will be secret as is appropriate for any democracy that is worth its salt."

—By Lisa Tallyn, staff writer

"Grandmother Reveals Secret to 105 Lb. Weight Loss Success"



Pat Carley after hypnosis

My name is Patricia Carley. I'm a civil servant, homemaker and Grandmother. Amazing as it seems, I lost 105 lbs. of fat with hypnosis. It was easy and fun. This is my true story.

By Pat Carley - I came into the world at five pounds. I was overweight from there.

With a name like Pat, which rhymes with fat, I was the brunt of cruel jokes. I had no friends. Never developed self-esteem. Confidence was zero. I would gaze in the mirror, tears in my eyes, asking, 'Why me? Why am

I so fat? Why can't I be normal?'

The Diet Rollercoaster

I went on every crazy weight loss scheme. Tried the grapefruit, egg, special soup, all protein, all vegetable, only starch, high fiber and all fruit diets. Spent a fortune on tasteless prepackaged food. Went to support groups. Starved on protein shakes. I even guzzled down straight vinegar praying it would help me lose weight. The result was always the same. I'd lose weight slowly then quickly gain

it back plus more. I was ashamed and embarrassed.

Instant Results

I was amazed by the change after my first hypnosis session. My brain got the message to zap my appetite. Hypnosis gave me instant control over my eating habits. My cravings came to a dead-halt stop. Binges dissolved. My confidence and self-esteem soared. My fat melted off at an average 3.5 pounds a week.

I received so many benefits from hypnosis, I could

write a book. No more headaches, cravings, binges, bloating or weight gain. I'm more confident at work. I feel alive, vibrant, active and energetic. I'm in tune with my feelings. I have never felt better emotionally, mentally and physically.

Call Now

Losing my weight with hypnosis is the best experience I ever had. It worked for me. I know it can work for you. Call now to schedule your free screening. It won't cost you one penny to find out if hypnosis is for you. I guarantee you'll get no high-pressure sales talk. Just low rates, excel-

lent service and a program that works.

Don't think I'm an isolated case either. Just read what a few other folks have to say about their results. Then you be the judge.

20 Lbs. in 12 Weeks

"I lost 20 lbs. in twelve short weeks with hypnosis. My weight loss was quick and easy. I lost 8 lbs. the first week. The great part about hypnosis is there are so many benefits. It's like I changed my life and the side effect is the weight melting off my body. It's that easy. I recommend hypnosis to anyone who wants to get off the diet rollercoaster forever."

Tracey Scott, Student

Two-Year Success!

"Thanks to hypnosis I have been a non-smoker for two years! I stopped instantly. The easiest way to go is hypnosis!"

Susan Cooper, Housewife

Father & Daughter Lose Weight Together

"I lost 12 lbs. in 4 1/2 weeks. It's effortless. Hypnosis eliminated my cravings for junk food. Hypnosis made my new eating habits automatic!"

Frank Rachubka, Retired Air Force

"I was overweight since eighth grade. I hid myself under baggy clothes. Then I lost 34 pounds with hypnosis! I went from a size 18 to trim size 10. I thought losing weight would be hard. Hypnosis made it easy! I no longer have to hide anything about myself."

Melissa A. Rachubka, Sales Associate

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