

# Healthy Living

## KNOW SOMEONE GRADUATING?



**DISPLAY THEIR GRADUATION PICTURE IN**  
*The Independent & Free Press*  
**GRADUATION PAGE**  
**JUNE 21<sup>st</sup>**

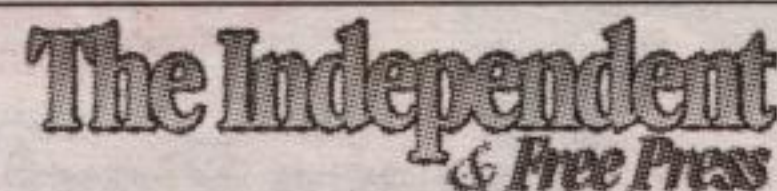
**DON'T HESITATE -**  
**Limited Space Available**

**FOR MORE INFORMATION PLEASE CALL**  
**ANGELA OR CHRISTINA AT 905-873-0301**



## Hot Summer Activities!!

*Are you running an activity this summer and are looking for registrations? Advertise it on our Summer Activities page.*



**FOR MORE INFORMATION**  
**CALL ANGELA OR CHRISTINA AT**  
**873-0301**

## Dini Petty to speak at mall's Shoppers Drug Mart

Renowned TV talk show and radio personality, Dini Petty, will be in the Georgetown Market Place on Saturday, June 8.

The 1-3 p.m. event is being coordinated by the Shoppers Drug Mart owner and pharmacist Al Fraser and cosmetic manager Lynn Haddock.

Petty will speak about *If I Knew Then What I Know Now* and on *Being Your Best Self*. Petty will also introduce consumers to Dermaglow and Cellu-System—products that impressed her so much that she joined the company. A gift basket of Dermaglow will be given away.

Consumers will have an oppor-



**DINI PETTY**

tunity to have a one-on-one conversation with Petty and have their picture taken with her. Petty, at 57, is entering a new phase in her life as an entrepreneur. Associated with the Canadian company, VitalScience Corp. Petty is spokesperson and a shareholder in a company focused on health, beauty and skin care related products.

"Looking good and feeling good are synonymous," said Petty. "By recognizing the overall health of a person through every product they make, I believe the VitalScience philosophy will become a model for companies and products in the future."

In addition to making her views known around the company's board table, part of Petty's involvement with VitalScience includes appearing in product advertisements, speaking at trade shows, health fairs and retail training sessions. Currently, Petty is in the midst of a cross-country tour by the end of which she will have visited more than 100 pharmacies and drug marts.

## United Way opens office

The United Way of Halton Hills has moved to a more visible location, moving upstairs from its previous basement location to street level at 115 Main St. S. On hand to cut the ribbon at the reception were (from left) West Campaign chair Dean Haughie, executive director Brenda Smith, Halton Hills Mayor Kathy Gastle and public relations chair Chris Miller.

Photo by Ted Brown



## Zonneveld Soccer Camps

**ZSC's 1/2 Day Weekend Mini Camps**

*There is space available for this weekend's 5-8 year old mini camp!*

For those interested, we are accepting late registrations.

June 8/9, (Ages 5-8)  
 June 22/23 (Ages 9-12)

Morning Session Sat/Sun  
 (9:00 a.m. to 12:00 p.m.)  
 or  
 Afternoon Session Sat/Sun  
 (1:00 p.m. to 4:00 p.m.)

**Cost: \$55.00**

**Location: Cedarvale Park**

Participants will receive a take-home camp T-shirt and 6 hours of instruction.

**For registration or info:**

905-873-9263



905-873-0348

Providing personal counseling services for:  
**INDIVIDUALS, COUPLES AND FAMILIES**



Specializing in  
 DEPRESSION, ANXIETY,  
 BEREAVEMENT,  
 SEPARATION/DIVORCE  
 AND DIFFICULT LIFE  
 CHANGES

**Manon Dulude**  
 PSYCHOTHERAPIST

30 Shelley Street, Georgetown, ON L7G 3W9  
 Bus.: (905) 873-9393

shoulder, arms, legs

## BACK PAIN?

**Can be stopped right away within a few seconds!**  
**Hard to believe? To prove it, 1st treatment is free!**

migraine, insomnia, fatigue, itching, coughing, numbness, rashes, asthma...all kinds of illnessess.....

- All kinds of illnesses are caused by an unbalanced body system.
- The best treatment is to let the body cure itself. But it is only possible when it is fully balanced.
- F.E.A. (Five elements Energy Acupuncture) is a very powerful and completely natural way to restore balance of the body.
- James Kim is one of a few F.E.A. specialists in Canada.



**James Kim**  
 CMD, Ac. F.E.A. Specialist  
 74 Mill St., #202, Georgetown  
 905-702-8388

**James Kim**  
 Dr. Ac.



**It's a no-brainer... WEAR A HELMET!**

Sports injuries are preventable, and wearing a helmet can help, especially when in-line skating, biking or climbing.

**GEORGETOWN CINEMAS**  
 235 GUELPH STREET - 873-1999

**PRICES**  
 \$4.25 TUESDAYS  
 ADULTS \$8.00 CHILD/SENIOR \$4.25  
 ALL MATINEES \$4.25

**1 Star Wars Episode II** [PG]  
 Daily 6:45 & 9:15 p.m.  
 Sat. & Sun. 2:00 p.m.

**2 Bad Company** [AA]  
 DAILY 6:45 & 9:00 p.m.  
 Sat. & Sun. 2:00 p.m.

**3 Enough** [AA]  
 DAILY 6:45 & 9:00 p.m.  
 (Violence - Not recommended for children)

**3 Spirit** [F]  
 Sat. & Sun. 2:00 p.m.

GIFT CERTIFICATES AVAILABLE  
 Lotto Centre  
 Georgetown Market Centre  
 Theatre Parking Available at Rear