

Tip for Tots -I said no but I mean yes

Patiently helping

child.

reg was 18 months old when he started saying "no" about everything. As he ran to get the ice cream he was offered he said "no" before taking it, and as he ran to get his shoes on so he could go to the park, he said

no again.

Why does Greg say "no" even before going to get the things he wants? Is he just Greg is being neither. He is says "me do" and in the stage of development "no" supports the where he is starting to separate from his very close attachment with his mother. Until now, his thinking abilities have not been clear-

ly enough developed that he was able to differentiate his own ideas very well. His mother helped him express his ideas. As he pointed and said "Ahhh" his mother would understand. "You'd like a cookie, would you?" she would say as she handed him an arrowroot. Now, with his new words, he is trying to express his ideas himself, and feels good when he can try to express his own ideas, without his mother's help.

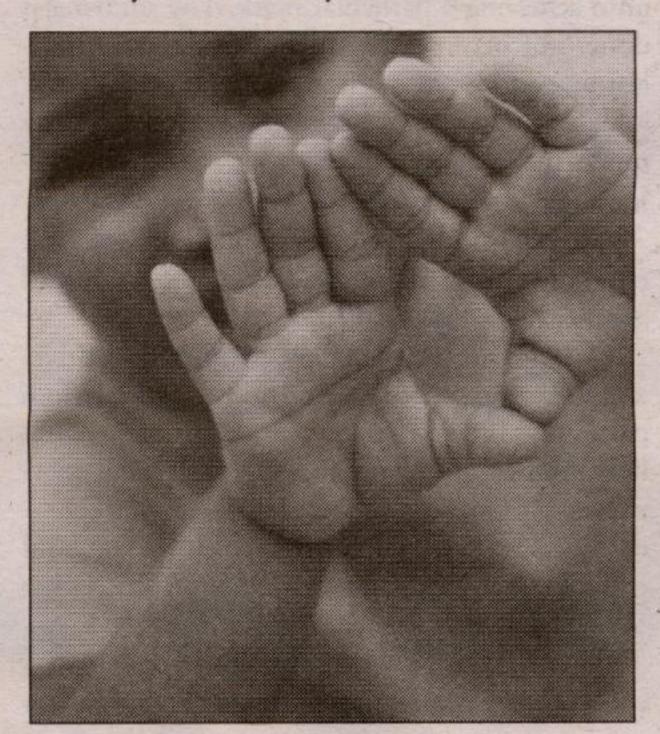
Dr. T. Barry Brazelton explains that "the initial 'no' is no more that a fragile barrier behind which a child this age can hide. If he is taken too literally, he will be surprised and disappointed. Rather than indicating that a decision has been made, it is a marker for the beginning of decision

making." *

Understanding this point may help parents cope better with the ambivalent demands of their toddlers. They are not able to "make up their minds". They are

not trying to make life difficult for parents. They are in a most fragile and difficult stage of their own development, where they are trying being ornery or defiant? the toddler when he to have their own thoughts and to communicate to others what they are. Patiently helping the toddler when he says "me do" and "no" supports the child as he tiny bit, by tiny bit, develops his own sense of self - the feeling that

he really is "somebody". ②



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