

# Healthy Living

## Ontario Early Years Centre to be located in north Halton

Milton Community Resource Centre has been chosen to operate the Ontario Early Years Centre in north Halton.

It will work with Halton Hills Community Support and Information. Programs will be located in Acton, Georgetown, Glen Williams, Brookville, Campbellville, Milton and Allendale Regional Centre.

The centre will provide early learning programs for children, early literacy specialists, parenting information, resources and training including pre and postnatal resources, information and connection to other services in the community, volunteer co-ordination, speakers bureau, and data gathering and monitoring of program effectiveness.

"These programs help improve the lives of our youngest citizens at a crucial stage in their development," said Halton MPP Ted Chudleigh. "Studies suggest that for every dollar spent on children at risk, \$7 can be saved through a reduced need for remedial education and social and criminal services. Early educational programs also pay off in decreased

costs by reducing the number and severity of problems later in life."

Dysfunctional relationships, academic failure, juvenile delinquency, teen pregnancy, substance abuse, chronic unemployment, poverty and health risks have all been associated with conditions endured early in life.

But all children can participate in the programs— not just those at risk. For more information call the Milton centre at 905-876-1244.

## Union Gas to assist charities with barbecues

From June to October, the Union Gas Community Connections Barbecue will travel across Ontario to help charities and non-profit organizations raise funds at special events.

At each event, Union Gas will provide Schneider Foods hot dogs, a barbecue and two barbecue specialists, and a van with a sound system and music. Proceeds from the sale of the food will go directly to the participating organization.

Applications and criteria to book the barbecue are available on-line at [www.uniongas.com](http://www.uniongas.com).

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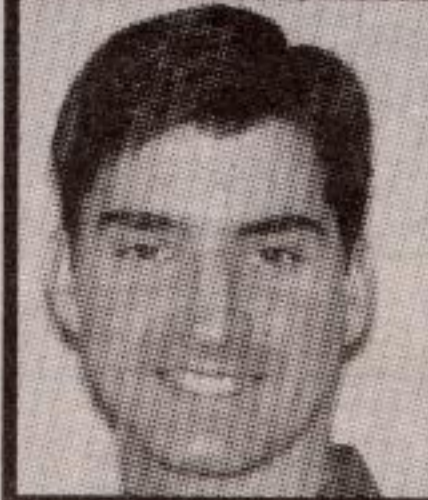
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*... Lend Me Your Ears*


By Cory Soal  
R.H.A.D.

**TINNITUS**

Or ringing in the ears, does not cause hearing disorders, it may accompany decreased hearing and other ear symptoms such as pressure, unsteadiness or dizziness. Often, it occurs alone.

Tinnitus arising from the inner ear frequently indicates more permanent and serious disease. Exposure to a sudden loud noise - a gunshot or explosion, for example results in tinnitus that subsides to a low level of ringing for an extended period of time. Disorders affecting the cochlea (hearing center) of the inner ear can cause tinnitus.

To find out more about this common problem call...



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