

Healthy Living

Local meeting to focus on homelessness in Halton

A meeting aimed at educating and informing Halton residents about poverty, homelessness and the need for more affordable housing in the region will be held 7:30 p.m. at St. Andrew's United Church on Tuesday, Nov. 13.

It's being planned by the Halton Hills Emergency and Affordable Housing Coalition, Inter-Church Council of Burlington, the Milton Affordable Housing Coalition, the Region of Halton and the Halton Social Planning Council.

The evening will feature dialogue about these critical issues between members of the community and an expert panel com-

prised of Reverend Bob Dawson, Brant Hills Presbyterian Church, Dr. Joey Edwardh of the Halton Social Planning Council and Adelina Urbanski, Commissioner of Social and Community Services for Halton Region. The discussions will be facilitated by Reverend Stephen Gross of the Ontario Multi-Faith Council.

"People in Halton should be able to live in their own community. We urge all concerned residents to join us in these discussions" said Mary Lynn Hull, Inter-Church of Burlington Co-ordinator. "Because together, as a community, we can help find solutions."

Halton hosts seminar for non-profit groups

Halton Region is offering a training workshop designed to equip volunteers and non-profit organizations with the skills and resources needed to survive in today's competitive environment.

Raising Your Profile: Building Your Brand will be held on Monday, Nov. 12, 6-9 p.m. at the Halton Regional Building, North Auditorium.

It will focus on building a brand and raising profile as two key components to achieving sustainability. Participants will learn the meaning

of branding in today's marketplace and the difference between image and reputation. Identifying stakeholders and effective means of communicating with key audiences will be covered as well.

The workshop will be led by Elaine Forbes and Vicky Henderson, partners in Brand Management, a company that was created to increase collaboration between the various sectors of the economy.

To register call Ann Harvie, Halton Region, 1-866-4HALTON (1-866-442-5866), ext. 7135, or on-line at: harviea@region.halton.on.ca.

Tooth Chatter



by
**ALEX
TRENTON
DENTURIST**

LOWER DENTURES

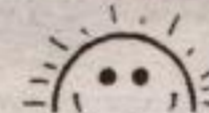
If you are a denture wearer, you will experience some kind of discomfort during the life of your dentures. Lower dentures usually cause more trouble than uppers. Because bottom dentures have little suction to hold them in place, they are more likely to move around, therefore causing various forms of discomfort. Also, poor ridges cause dentures to move easily, because the denture has little to hold onto for stability. The tongue constantly moving as you talk and chew also interferes with the lower dentures. Because of all these factors that effect the function of the lower dentures, most people do have trouble at some point. In fact, many people don't wear their lower dentures. They divorce them from their upper denture mates by loosing them in the most unlikely places! Some seek refuge in the bottom drawers, bottom of the bed, under the bed, amongst lipsticks and combs in ladies' handbags, lunch pails, back pockets, and if they get lucky, they are left forever soaking in a denture bath or cup of water!

SOLUTIONS

There are different techniques that can be used to improve the fit of the lower denture, such as soft-liner insert. This is a permanent liner that will stay soft and give added comfort and stability. For more information, contact our office. We specialize in problem lower dentures. Consultations are always free.

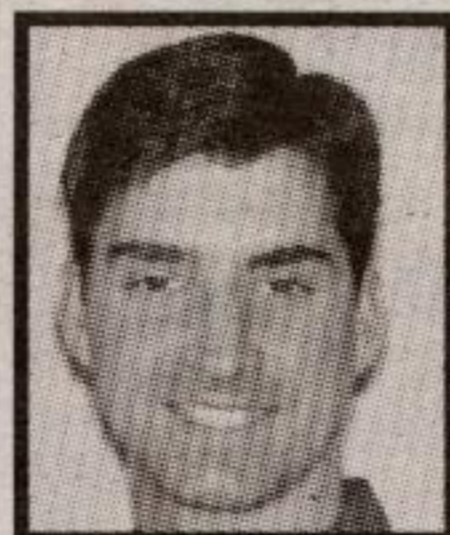
You do not need a referral; simply call our office direct.

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www.georgetowndentureclinic.com



By **Cory Soal**
R.H.A.D.

... Lend
Me
Your
Ears

SECONDHAND SMOKE INCREASES EAR INFECTIONS IN CHILDREN

Ear infections are the number one reason young children visit their doctors and take antibiotics. A new study finds many of those infections could be avoided if parents who smoke would make one important change.

A recent study in the archives of pediatric and adolescent medicine is giving parents another reason to quit. It finds exposure to cigarette smoke in the home increases children's risk of middle ear infections. The smoke inflames the tissues or the middle ear so that viruses and bacteria can invade more easily and cause infection.

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**HAPPY 1ST
BIRTHDAY
HANNAH!**

*Love Mommy
& Daddy*

LATE DEATH NOTICE

JACKSON, Eileen -- Peacefully on Tuesday, November 6, 2001 at the Avalon Care Centre, Orangeville. Eileen Jackson, formerly of Norval, in her 99th year. Daughter of the late George and Maude Jackson. Also predeceased by her brother Arnold. Eileen will be fondly remembered by her cousins. Friends will be received at the J.S. Jones and Son Funeral Home, 11582 Trafalgar Rd., North of Maple Ave., Georgetown, 905-877-3631 on Friday from 1 to 2 p.m. Funeral service will be held in the chapel on Friday, November 9th, 2001 at 2 p.m. Interment Caledon East Cemetery. In memory contributions to a charity of your choice would be appreciated.



Nancy Desjardins R.N.C.P.

HEALTHY CHOICE

- Holistic Nutrition
- Cleansing Detox Program
- Herbology
- Food and Allergy Screening

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Nancy Desjardins R.N.C.P.

(Registered Nutritional Consultant Practitioner)

Find out how you can maintain your desired weight, improve image & more energy.

Date: 3 week program, Wed. Nov. 14, 21, 28

Time: 7 - 9 pm

Fee: \$85.00 for all three sessions

Location: 78 Main Street at Le Café Soleil

Feng Shui for the home at Le Café Soleil

Our home touches every aspect of our lives. Discover the ancient oriental approach to balancing the energy of places. Develop your intuition about what makes a place feel good. Learn where in your home to activate wealth, career, relationships and more. Make your home an ally in your unfolding. Take home tools to transform your living environment.

SUNDAY NOV. 25, 1 PM - 4 PM

\$55.00

Presented by Helen Williams - Feng Shui Instructor

Le Café Soleil is a quick service Café style restaurant located in downtown Georgetown. It focuses on healthy high-energy food.

R.S.V.P. to Nancy Desjardins for either workshop.
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Don't leave our kids behind.

Thanks to provincial funding cuts, school bus transportation is in jeopardy.

If your child is one of the 800,000 who depends on this service daily, call the Education Minister TODAY and insist school bus funding be restored.

416-325-2600

This message brought to you by the Ontario School Bus Association. www.osba.on.ca