



Children's Programs July 3 - August 24, 2001



**Georgetown
Parent-Child
Centre**
89 Mountainview
Road South

Drop-In (0-6 yrs.)
Tuesdays 9:30 a.m. - 11:30 a.m.

Halton Hills Toy Library
Tuesdays 9:30 a.m. - 11:30 a.m.

Mothergoose
Toddlers
Wednesdays 10:15 - 11:15 a.m.

Preschool Summer Fun
3+
Wednesdays 1:00 p.m. - 2:30 p.m.

Trip to Park - Cedarvale
Thursdays 9:30 a.m. - 11:30 a.m.
Rain location - at the Centre



**Acton
Parent-Child
Resource Centre**
85 Wallace Street

Trip to Park - Prospect Park
Mondays 9:30 a.m. - 11:30 a.m.
Rain location at the Centre

Preschool Summer Fun
3+
Mondays 1:00 p.m. - 2:30 p.m.

Mothergoose
Infant to two years
Wednesdays 1:15 p.m. - 2:30 p.m.

Toy Lending Library
Wednesdays 9:30 a.m. - 11:30 a.m.

Drop-In (0-6 yrs.)
Wednesdays 9:30 a.m. - 11:30 a.m.

To register and for more information about:
Georgetown programs call 905-873-6502
Acton programs call 519-853-3310

A Dad's Diary

Evan at one

By Herman Daldin Ph.D.

Herman Daldin, Ph.D., is Adjunct Professor at Eastern Michigan University and is in private practice in Wyandotte Michigan working with both children and adults. He was a Fellow at the Anna Freud Centre and Honorary Fellow at University College London.

As Evan approached one year of age, not only did his world change and expand but also so did that of his mom and dad. A child who just a few days ago stayed where he was put was now moving about his environment at an increasingly faster rate of speed. Now the home had to be "baby proofed";

Breakables and collectibles hidden away, dangerous and toxic items secured in a safe location. Some people believe that children should learn not to touch so they can be "taken anywhere" and give small hands "small taps" when they touch forbidden items. This approach discourages a young child's curiosity, which is the basis of intelligence. If parents want to support optimal intelligence development in children, it is important to encourage looking, touching, feeling of all kinds of objects and allow exploration into various (safe) corners and cupboards etc.

This also meant that "things" were not as easy to access. Many of our items of necessity, as well as "nick-knacks" and collectible breakables needed to be put up, away and/or out of sight. We had to rearrange our environment to

make it safe and comfortable for Evan, which at times, made life somewhat more complicated.

Now his mom and I needed to work closer together to know where each other were, who was with/watching Evan as well as now we needed to synchronize our chores and functions. I think we both experience the feeling of annoyance and bother when we were constantly being asked where the other parent was and what they were doing; even knowing that it was necessary. We try to work more like tandem ice skaters that provide Evan with the safety and security he needs to thrive. Children need to

know their parents are there for them and will keep them safe. As children begin to venture away from the arms of their parents, they need to know that they are not alone in their new life which now is less dependent on their previously ever-available parent but that the parent is there to assist and support the child's natural curiosity. Children can become anxious in their new adventures, even in

the same room as their parent, and need to know the parent is there for them, which promotes confidence and competence. ☼

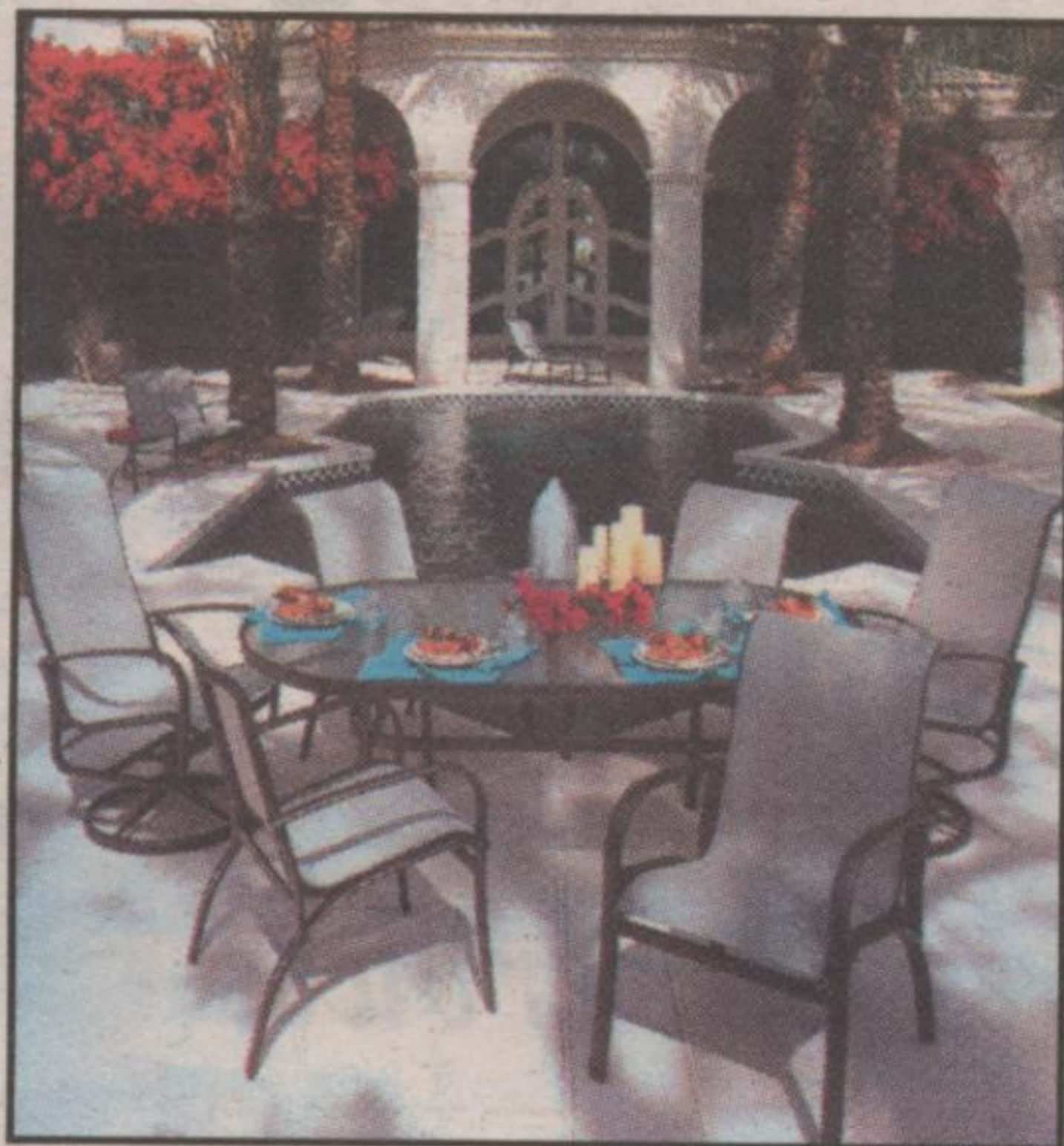
...now moving
about his
environment
at an increasingly
faster rate of
speed



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