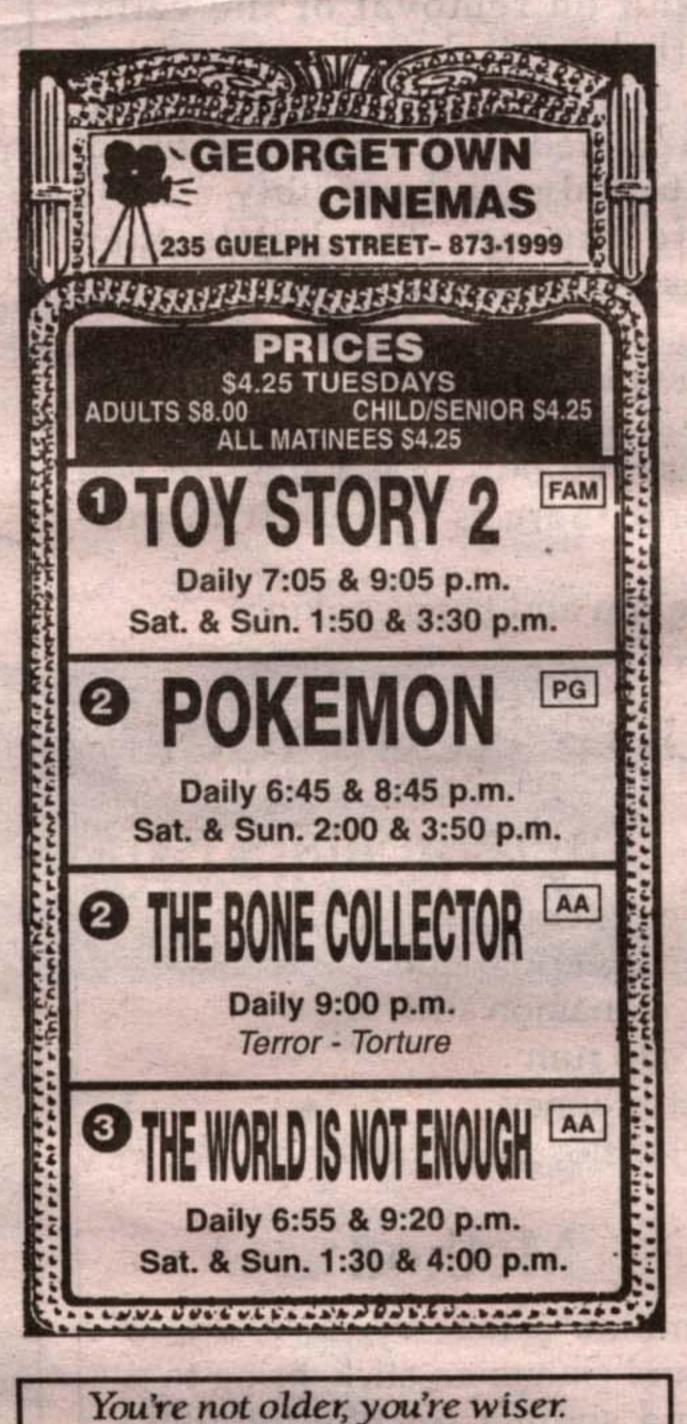
Billertainment





NOW PROVE IT

After 40, it gets harder to see up close.

li's a natural condition called presbyopia. Regular visits to the eye doctor can keep things in focus.

CATE ONTARIO ASSOCIATION OF OPTOMETRISTS

Sunday at 3 continues with local performer

The Arts Alive Concert Series Sunday At 3 continues at the Halton Hills Cultural Centre Gallery with local vocalist Sandra Greig (right).

Well-known for her many roles with Georgetown Globe Productions, Greig has also played in numerous shows with Brampton Musical Society and Meadowvale Theatre, where she was most recently seen in the lead role in Mame.

At the piano, and back by popular demand is Jim Campbell who performs regularly in the Toronto area.

The two will perform popular ballads and show tunes, together with a selection of seasonal music.

Doors open at 2:30 p.m. Light refreshments served. There is no admission charge— pay what you can.

Come early to avoid disappointment. Last month's concert played to a capacity crowd.







The Halton Regional Police Service is known widely for its progressive orientation and active commitment to the philosophy of community-based policing. We are now commencing our application process for future openings as

PO PO SERVICE REGIONAL POLICE

POLICE CONSTABLES

Interested persons are invited to attend:

RECRUITING INFORMATION NIGHT

• WEDNESDAY, DECEMBER 1, 1999 at 7 P.M.

• Halton Regional Municipal Building (Auditorium), 1151 Bronte Rd., Oakville

The Recruiting Information Night will include:

- Explanation of the Constable Selection Process
- · Videos on the selection process and physical testing
- Open discussion with members of Police Service

Applications will be made available to those who provide a resume, current OACP Certificate of Results and a certified cheque for \$10.70 (administration fee.) Seating available on a first come, first serve basis

For more information call Human Resources, Recruiting Officers at

(905) 825-4747 ext. 5112



Guide to the Outdoors

Julie Pomeroy

Montgomery Christmas is Saturday. It's hard for me to think of anything else but Lucy Maud Montgomery. In the Norval Manse where she lived, she had a flat roof on the bay window outside her room. She found it interesting to watch the birds there. Her son Stuart would feed them with rations of suet and bread. I think Montgomery would be surprised to see how sophisticated bird feeding has become since 1927. For example, I keep a minimum of six different varieties of suet on the shelves. There's pure rendered suet, cranberry orange suet, peanut butter suet and seed suets that include sunflower, millet, thistle and peanut hearts. Yes, Maud, the birds in Norval continue to eat very well. Tomorrow festivities run from 10-4.



Winston Churchill Blvd. 1 blk. N. of #7 in Norval 905-846-5000 www.canoe-country.com

Osteoporosis strikes 1 in 4 women over 50 years old.



Osteoporosis Society of Canada

Call 1-800-463-6842 for more information.