

# Healthy Living

## Triple trouble for two Georgetown families— help is needed

**D**o you enjoy babies and young children? Do you have a few hours a week to volunteer helping out a young family?

Two Georgetown families are looking for people who can help them with the day to day activities of caring for triplets. They are looking for people of any age who are energetic, flexible, capable, and willing to commit to a regular volunteer schedule. Volunteers are needed to help with feeding, laundry, light housekeeping and just having fun with the triplets.

If this interests you, call Peggy in the Georgetown office of Halton Hills Community Support and Information at 873-6502.

### Youth volunteers needed

Volunteers will be needed to assist at the new Acton Youth Centre. HHCSI is looking for people who are dedicated and committed to serving the youth of Acton to help with recreational activities and special events. The centre will be open on Wednesday and Thursday evenings. If you are interested in this volunteer opportunity, call Sue at 853-3310.

### Acton women's club meets

The next meeting of the Acton Women's Association will be held on



Saturday, Dec. 11, 10 a.m. to noon in the community room at Cobblehill Co-op, 53 Cook St.

Craft instructor Susan Coyne will

show participants how to create a Victorian swag decoration to place over a door or window. A variety of materials will be used including preserved cedar and silk flowers. The cost for the craft is \$20 and includes all materials.

To register, call Cathy at HHCSI at 853-3310. Pre-payment is appreciated and the money can be dropped off at the HHCSI office at 45 Mill St. E., Acton.

The Acton Women's Association meets monthly and is open to women of all ages.

### Breakfast with Santa

Join the Acton Parent-Child Resource Centre for its annual Breakfast with Santa on Dec. 4, at the Acton Band Hall, 85 Wallace St., Acton.

There will be two sittings for breakfast at 9 a.m. and 10:30 a.m. Tickets are \$5 for adults and \$2.50 for children. Photos with Santa will be available for \$3. There will also be free face painting, candy canes, and entertainment.

Tickets can be purchased in advance at the centre or at the door. For more information call the centre at 853-2574.

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Lynne Gravelle

CORRECTION TO FRI. NOV. 19TH AD, OUR APOLOGIZES.  
THE CORRECT AD SHOULD HAVE READ...

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## Women to women talk

The Outreach Committee is offering a drop-in every Friday afternoon, noon to 4 p.m. at the Hopedale Mall in Oakville.

On the first, second and fifth Friday of the month they meet at Women's Centre in Suite 210 and on the third and fourth Friday of the month they meet at the Halton Rape Crisis Centre, in Suite 227.

Childcare during these hours is provided.

The drop-in is open to all women.

### Tooth Chatter

by  
**ALEX TRENTON**  
DENTURIST

**FEAR OF DENTAL VISITS?**

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\*Ask questions. Knowing what and how certain procedures are done will help put your mind at ease.

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Alexander Trenton, D.D., F.C.A.D. (A)  
Denturist  
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