# Healthy Kying

La Leche League holds walk-a-thon

2

2

Acton and Georgetown La Leche League will celebrate worldwide recognition of breastfeeding with a walk-a-thon, Sept. 25 at 11 a.m. in Cedarvale Park, Georgetown. Funds raised will support the group's information services here, which includes offering mother-to-mother help at its monthly meeting, as well as the latest medical research, lending library and more.

Donations will be received from those who would like to support the

group, but are unable to participate in the walk-a-thon.



Enhancing Natural Beauty

### SPA AND SALON

Full Aesthetic & Salon Services

2 Adamson Street Norval, Ontario, Canada LOP 1KO

(905) 877-1604

Now Booking Appointments

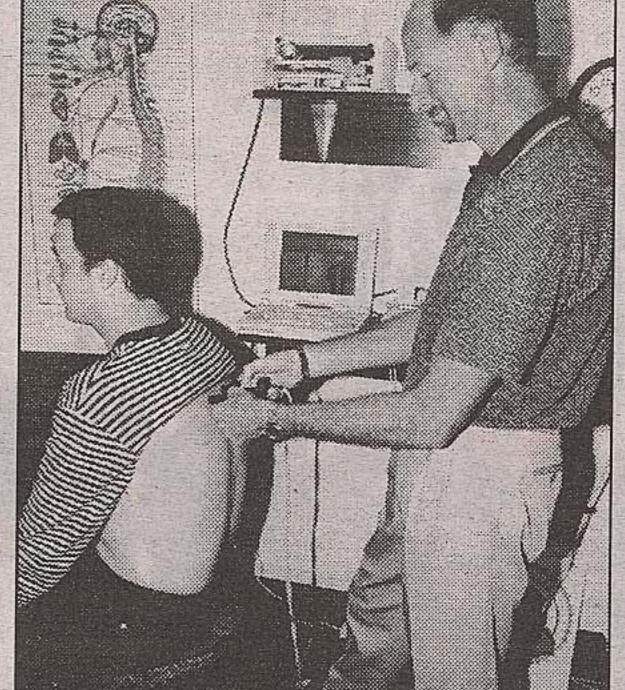


#### Local pharmacist retires

The public is invited to attend an open house Sunday, Sept. 26 at North Halton Golf and Country Club to celebrate the retirement of local pharmacist Ken Milne.

Milne, who is retiring after 50 years, has spent the past 34 years as a pharmacist at Young's Pharmacy in Georgetown. The open house will run 1-5 p.m.





#### Clinic check

Dr. Gabor Madarasz at the Georgetown Chiropractic Clinic performs a spinal scan on John Wolfe at the clinic's Community Appreciation Day on Saturday. The scan helps pinpoint specific areas of stress in the spine. The exams, tours and kids' fun were all part of the clinic's open house.

> Photo by Yvonne Gaynor

#### Volunteer drivers, runners needed

rivers and runners are needed to deliver Meals on Wheels to senior and disabled persons in Acton and Georgetown.

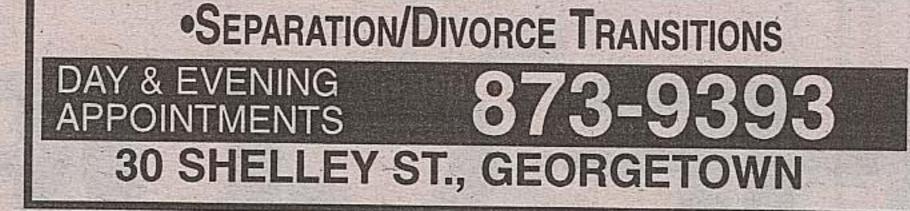
In Acton, runners are COMMUNITY SUPPORT AND INFORMATION needed to assist with the noontime meal. Runners are the people that accompany the driver and deliver the hot meals to the client.

In Georgetown, both drivers and runners are needed to deliver meals at noon and in the late afternoon.

Evening meals are delivered on Tuesdays, Thursdays and Fridays, and volunteers are needed to pick up

meals at Georgetown Hospital just before 5 p.m. and then drop them off to the client's home.

If you are interested in volunteering or would like to find out about other volunteering opportunities with the Halton Hills Community Support and Information, call Sue, 873-6502 or 853-3310.



issues Manon may be able to help you with:

•STRESS MANAGEMENT •PERSONAL GROWTH

•BEREAVEMENT & LOSS

Manon Dulude • Psychotherapist

Individual, Couple & Family

Counselling



### CIBC Small Business

As a small business owner, you can't afford to stop and wait for credit approval.

You want answers fast, and with CIBC's SMALL BUSINESS CREDIT EDGE™, you'll get them right away - usually in 48 hours. Because we put the hassle of providing

financial statements\* and business plans in the rear-view mirror by cutting the red tape

## Credit Edge. More green, less red.

that slows down loan approval. And for newer small businesses, getting a secured loan can offer better rates and possibly more credit to drive your business further. We're working harder to get you the green so you don't have to wait at the red. CIBC SMALL BUSINESS CREDIT EDGE. We're ready to help your small business succeed. For more information on how CIBC can help

your small business, stop by your local branch and speak to one of our representatives, or call: TO BUSINESS

> RENE LAPAGE **GUELPH AND MOUNTAINVIEW** 905-877-1082 EXT 230