

Champion sister act now making waves

Having conquered dry land, Sheridan and Kennedy King are testing their abilities under water. The 10-year-old sisters have competed at



Sheridan and Kennedy King recently helped the Etobicoke Olympium squad win the Ontario under-11 synchronized swimming title. Photo by Herb Garbutt

the provincial and national level in baton twirling and their success in the water in coming just as quickly. They recently helped the Etobicoke Olympium team win the Ontario under-11 synchronized swimming championship. The eight-member team emerged the winner from a field of 16 regional winners in Sudbury.

Although there is no national championship for their age group, the team has been invited to swim at the Trillium meet to give them an opportunity to showcase their talents.

Darlene King, the girls' mother and baton coach, said her daughters have picked up the sport quickly because they have been able to transfer some of the skills from baton.

"One of the reasons that they're able to do well in swimming is because of the body technique, flexibility and their ability to stay in time and interpret music," she said.

The George Kennedy Public School students started swimming three years ago. Kennedy said synchronized swimming is more difficult than baton because they have to hold their breath for so long.

"At least in baton you get to breath," she said.

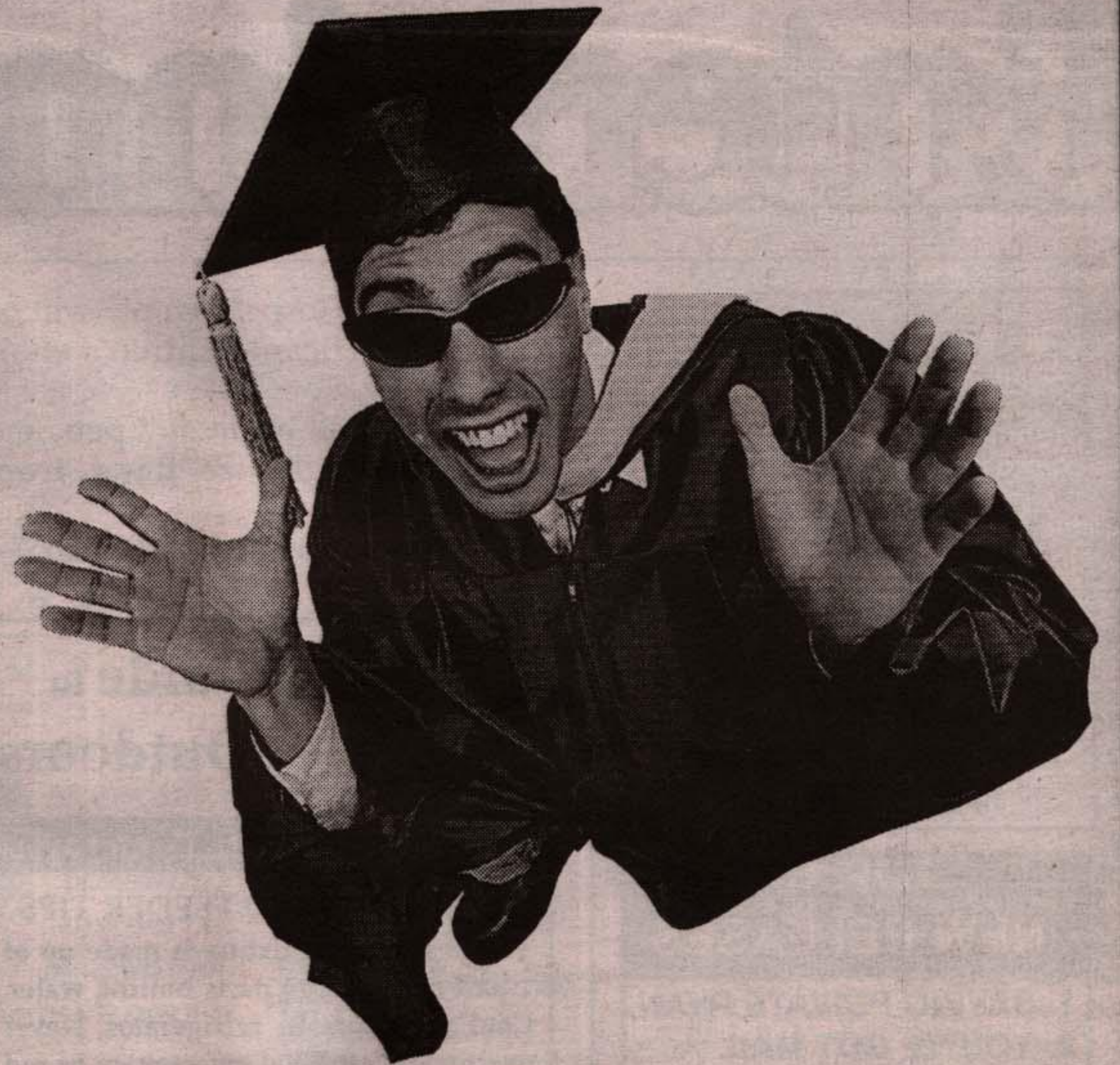
McQueen opens season with 20-9 win

Debbie Bick's fourth-quarter touchdown wrapped up a 20-9 victory for McQueen Maintenance over Miami Auto Tinting in the Georgetown Ladies Flag Football season opener.

McQueen had built a 14-0 lead in the opening half on a 20-yard TD reception from

Tara Burroughs and a touchdown by Sonja Pedulla. Miami rallied in the third with a Lou-Anne Woods field goal and a Brenda Cosulich touchdown that cut the lead to 14-9.

Miami had two interceptions, one by Woods and one by Marjoire Pease.



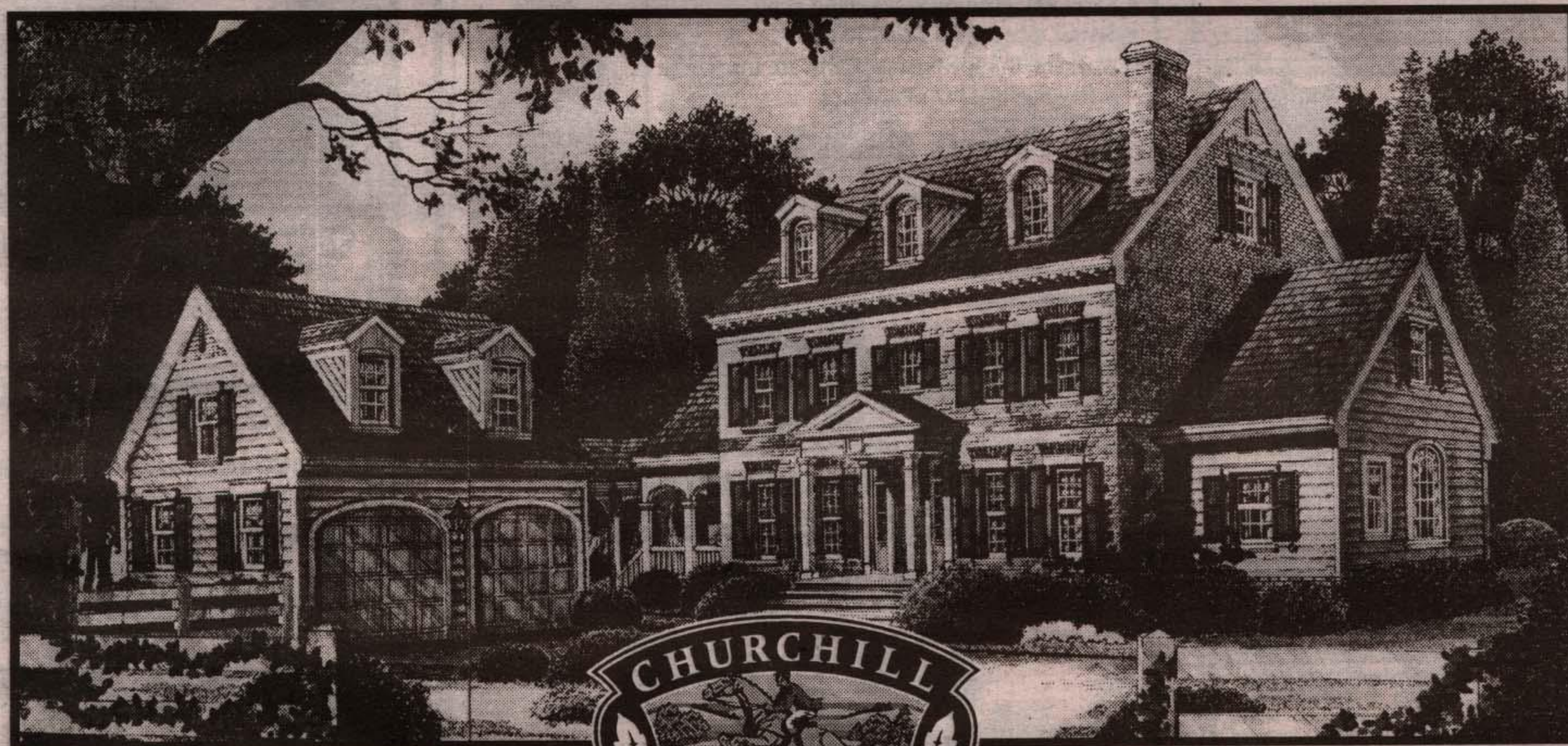
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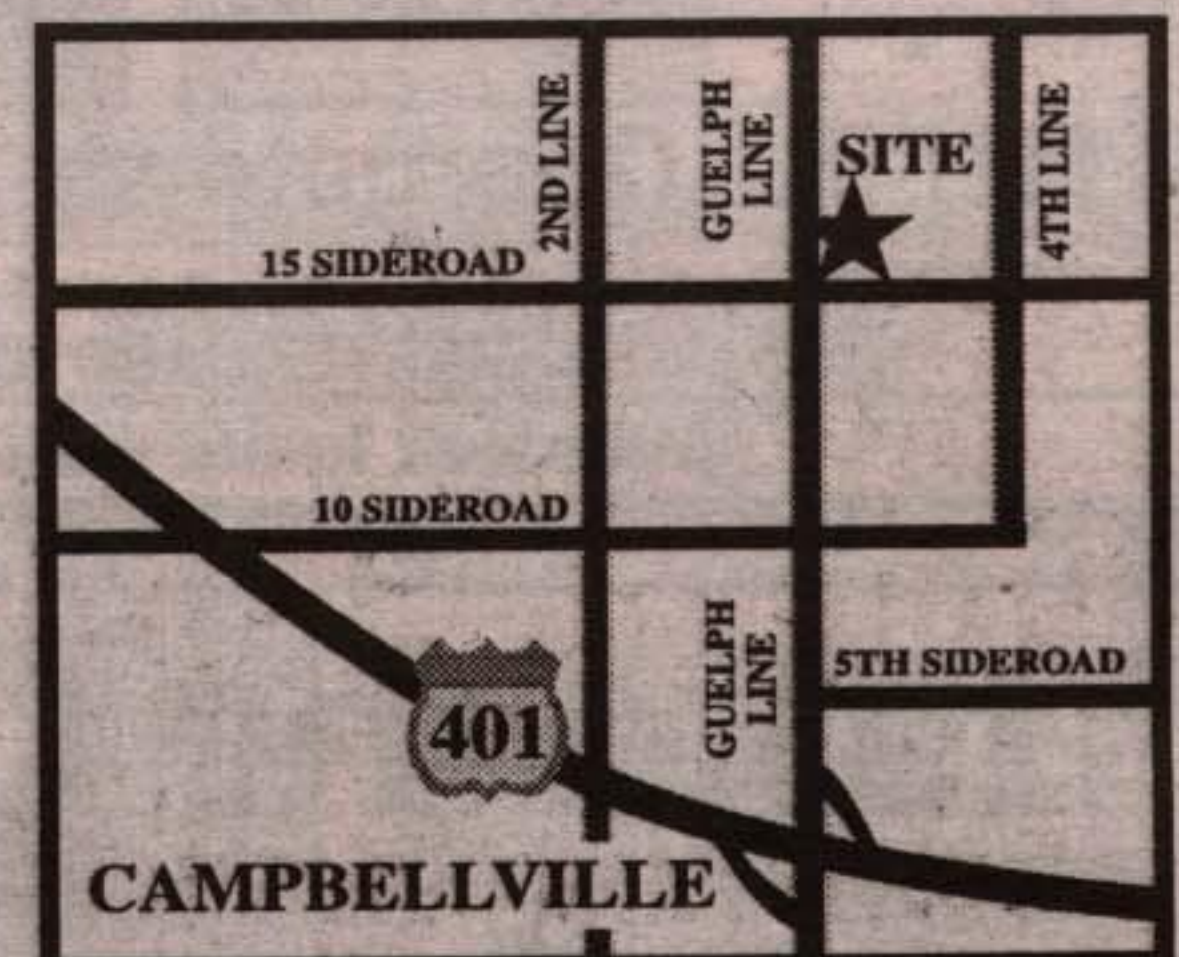


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