Choose healthy plant foods

Continued from pg. 8

Manure improves soil texture and organic matter, and organic matter is the "stamina" of the soil, improving its ability to hold nutrients and water. Manure is often low (as a percentage of weight) in the essential nutrients that plants need. Composted manure (which has been cured in rows and reached an internal temperature of 60° Celsius to kill harmful organisms and weed seeds) is also an excellent soil conditioner.

Compost recycles organic matter from your kitchen and garden back into the soil. Using compost will improve the quality of your soil, but its plant nutrient content is limited, usually containing one percent each of nitrogen, phosphorous and potash as a percentage of its weight.

Fertilizers are applied to improve a soil's fertility and to ensure that the proper nutrients are available in the amounts necessary for the plants you are growing.

Organic fertilizers are available from many lawn and garden centres. The available plant nutrients in these formulations (again, as a percentage of product weight) are lower than in conventional fertilizer and may not be enough to support plants with high nutrient needs, such as corn and other garden vegetables. It takes longer for the soil microbes to break organic fertilizers down into a form usable for plants, and the microbes become active only at temperatures above 16° Celsius. It may take more than one growing season for plants to access the nutrients in an organic fertilizer.

Manufactured fertilizers are also made from very down-to-earth sources. The nitrogen in most commercial fertilizers sold in Canada is extracted from the atmosphere. The manufacturing process traps it in a form that we can apply. Beneficial soil bacteria make it available to plants, and through the plants, the nitrogen is returned to the ecosystem.

The two other ingredients in fertilizer are phosphorus and potash. Phosphorous, the fossilized remains of ancient marine life, is mined in Florida and North Carolina, and potash (which provides potassium) is mined from naturally occurring mineral deposits in Saskatchewan and New Brunswick. These natural elements are processed in a form that makes the nutrients accessible and available to growing plants.

Many lawn fertilizers also offer the advantage of slow-release nitrogen, and the best granular lawn fertilizers have the highest percentages of nitrogen in a slow-release form. These formulations allow consistent nutrient release over a period of six weeks without risk of burning the plant.

No one source of fertilizer is more "natural" than any other, nor is it of any different value to the plant. An effective fertilizer will provide the essential plant nutrients of nitrogen, phosphorus and potassium in a form that is easily available to the plant and in the optimal proportion.

> —By Don Gayford Turf and Garden Committee The Fertilizer Institute of Ontario Inc.



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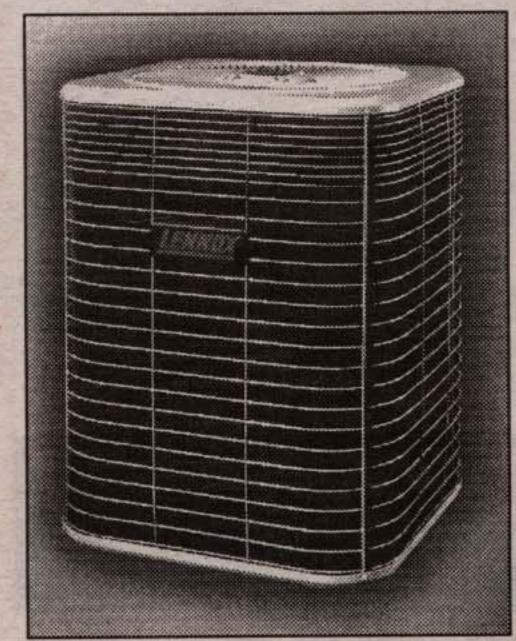
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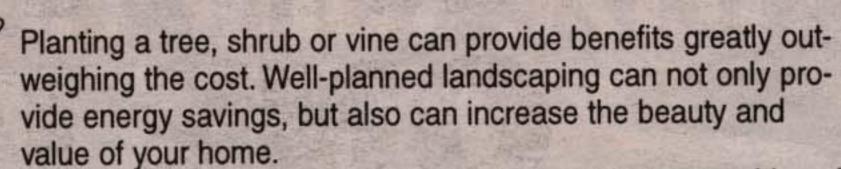
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