

# Healthy Living



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issues Manon may be able to help you with:

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**YOUNG'S PHARMACY & HOMECARE**  
 AND  
**Medical Centre Pharmacy**

Present their Healthcare Seminar on:

**DIABETES Management**

for people *who use insulin*  
 Thursday November 12, 1998

for people *who do not use insulin*  
 Thursday November 19, 1998

YOUNG'S PHARMACY & HOMECARE Seminar Room

These are more in a series of free health care clinics presented by Young's Pharmacy & Homecare and Medical Centre Pharmacy pharmacists.

Evening format: - Program 7:30 - 9:30 PM  
 - Lecture information session  
 - Refreshments  
 - Demonstrations and question and answer period

Call 877-2711 for information and registration.  
 Please register early to confirm your seat

**R&CENTRAL**

## Hospital volunteer group marks 40th anniversary

**M**uriel Adams became the founding president of the Georgetown and District Memorial Hospital Women's Auxiliary on Nov. 8, 1958. Thus began a 40-year history of volunteers in green smocks providing cheerful faces, friendly greetings and helping hands to patients, staff and visitors.

Twenty-two presidents have followed in Adams' footsteps. Now in 1998, the name has changed to Volunteer Association and the first gentleman president, Ken Kavanagh, has been elected. But the objectives of service to patients and fund-raising remain the same.

Two of the founding members, Inez Crichton and Lois Graham continue to serve. The still active Vi Haines and the late Lena Johnson were both named Georgetown Citizens of the Year for their many hours of volunteering in the community. Another outstanding member was the late Blanche Goudeketting, founder of the Candystriper program.

Over the 40 years, the membership has grown to 200, but as service to patients expands, still more people are needed, male and female, to fill the gaps.

Over the years, the Volunteer Association has raised more than \$500,000 for the hospital, and therefore will be recognized on the soon-to-be unveiled Donor Wall in the highest category of giving—the Humanitarian level.

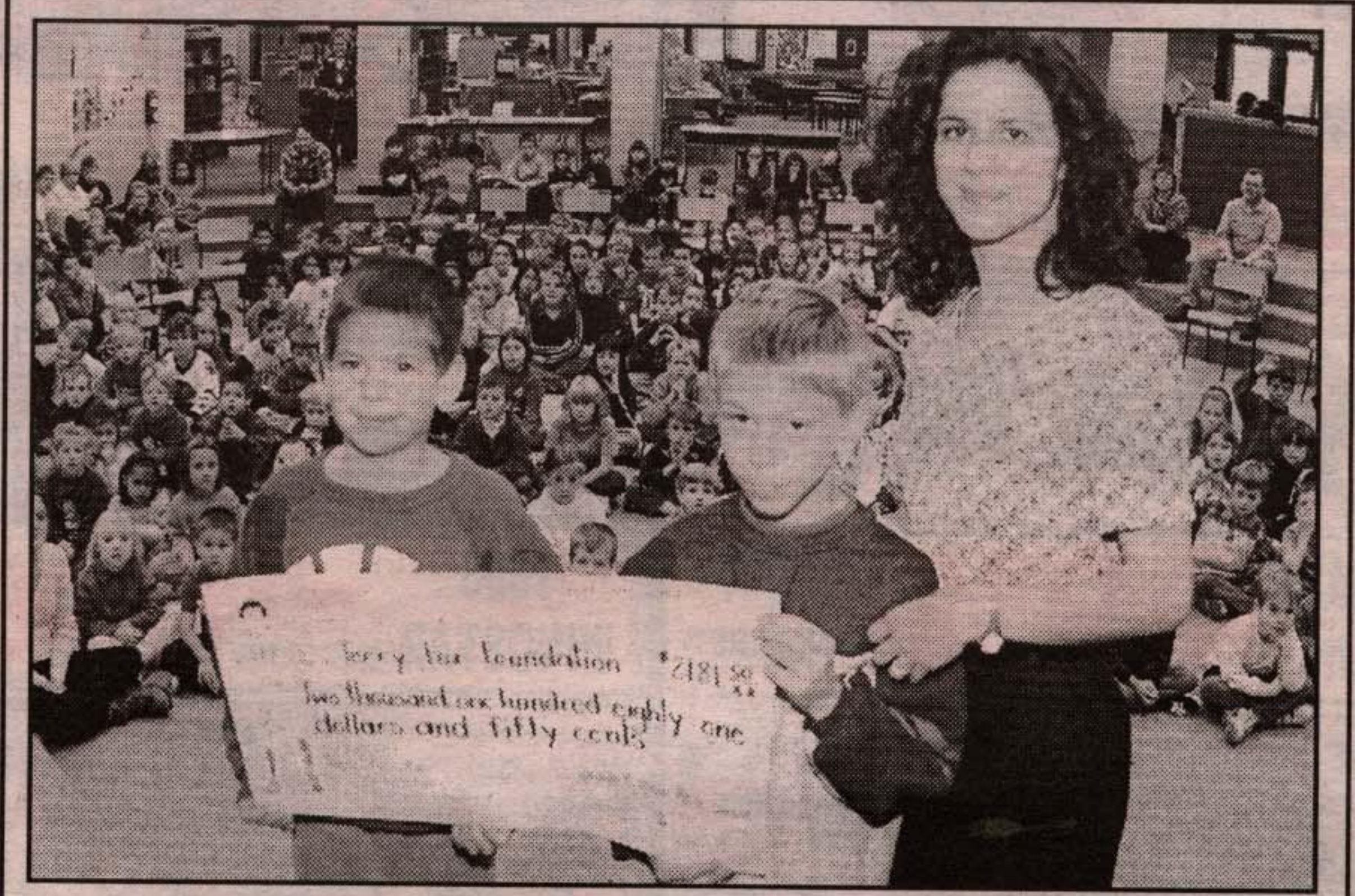
Monies raised have always been used for the purchase of clinical equipment, like heart or fetal monitors, trauma stretchers, nursery equipment, and a six-year project to replace all the patient beds with more comfortable modern electric beds has just been completed.

This coming year, the executive has targeted funds for a pulse oxymeter

and a video gastroscope.

Also celebrating its 40th year is the hospital's annual Christmas Dinner and Dance, the most traditional event of Georgetown's social scene. Dance conveners are expecting this year's gala on Dec. 5, to be especially festive as hospital supporters help celebrate the volunteers' 40 years of dedication.

—By Dorothy Bodnar, special



### Joseph Gibbons supports Terry

Joseph Gibbons School Grade 4 students (from left) Daniel Hyndman and Shane Okkerse represented their school when they recently presented Bruna Raimondo, Ontario school coordinator for the Terry Fox Foundation, with a cheque for \$2,181.50, the proceeds raised by the school's run.

Photo by Ted Brown

**SHOPPERS DRUG MART**

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Top Quality Brace and Supports for serious athletes

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**Shoppers Drug Mart**  
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A presentation by the **Canadian Diabetes Association**  
 sponsored by

**SHOPPERS DRUG MART**

**"Diabetes To Go"**


A discussion of diabetes and healthy habits by a registered nurse and dietician.

**Mon. Nov. 23rd 1:00 pm to 3:00 pm**  
 at the Seniors Centre (The Indoor Mall)

*Everyone welcome*

If you would be interested in establishing a branch of the Canadian Diabetes Association in Georgetown but cannot attend this meeting please call Al Fraser at **SHOPPERS DRUG MART** 877-2291 or fax 877-0918

**Tooth Chatter**



by **ALEX TRENTON DENTURIST**

**"GETTING A BEAUTIFUL SMILE"**

Are you losing your grip? Are your dentures loose, falling down, moving uncontrollably around your mouth? Have you had a "falling out?" Are you missing 1, 2, or more teeth? Not only do missing teeth look less desirable cosmetically, more importantly, spaces can cause your other natural teeth to shift position or become loose in time. Not to mention added difficulty when chewing.

"Once bitten, twice shy?" Do you have trouble biting and chewing the food you love? While dentures do have limitations, many properly fitting dentures can master even the most difficult foods. Ill-fitting dentures, or dentures that were not made properly can cause problems especially when eating.

If you are having any problems with your dentures, give our office a call. You do not need a referral. We offer no charge, no obligation consultations.

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WE'VE BEEN CREATING CONFIDENT SMILES SINCE 1982!

Alexander Trenton, D.D., F.C.A.D. (A)  
 Denturist  
 Georgetown Denture Clinic,  
 18 Church Street,  
 Georgetown, Ontario  
**(905) 877-2359**

(Across from the Library and Cultural Centre)