

Georgetown air cadet squadron gets woman commanding officer

Royal Canadian Air Cadets— 756 Squadron welcomed its new Commanding Officer with a Change of Command Parade, on September 28.

Lieutenant Alison Schulze took over command from Major Robert Holliday. She is the second woman to take command in the squadron's history. Lt. Schulze started her military career as a cadet in 1975 in Montreal, transferring to 700 Squadron when her family moved to Toronto. She moved up through the cadet system and retired as a F/Sgt. upon reaching her 19th birthday. For the next six years she worked as the Supply Officer for 700 David Hornell V.C Squadron until going on the Supplementary list to take time off to raise her family.

In 1994 son Scott showed an interest in joining 756 Squadron and she too decided to get back into the military and has been with 756 as their Supply Officer ever since.

"Air Cadets is one of the best kept secrets in Canada," Lt. Schulze says. "Where else can a group of young kids learn self discipline, self esteem, leadership skills as well as having the opportunity to earn their pilots license, attend summer courses ranging from band and survival to European exchanges...for free."

The cadets will be participating in many activities this year, including a Drill Team, Rifle Team, Band as well as Gliding and weekend exercise to Camp Borden.

"756 Squadron is fortunate to be able to have such a strong support team. We have a great staff and are generously sponsored by the Royal Canadian Legion Branch 120. We



Incoming 756 Squadron Commanding Officer Lt. Alison Schulze accepted the banner from L/Col. D. S. Johnson CD (The Lorne Scots, P, D, and H Regt.) as he presided over the change of command ceremony.

Photo by Ted Brown

also have a parents committee that help out wherever necessary and are a real Godsend," Lt. Schulze says.

CMHA offers depression seminar tomorrow

Do you often feel irritable, restless, frequently tired, hopeless or sad? If you have experienced one or more of these symptoms, you may be suffering from depression.

One in every four Canadians suffers from a type of depression severe enough to need professional medical treatment. There are no economic, geographic, social or cultural boundaries. It affects men, women and children of all ages. Between 80 and 90 per cent of those suffering from depression can be successfully treated!

There are treatments that can help. Take the first step with a free, anonymous depression screening test, and talk with a mental health care professional during Mental Illness Awareness Week, October 4-10.

Tomorrow (Oct. 8), the Canadian Mental

Health Association and the Halton Regional Health Department presents Elayne Tanner, a certified social worker in private practice in Milton, 7 p.m. at the Ministry of Agriculture board room, 322 Guelph St., in Georgetown. She will present an overview of depression and manic depression.

It is free of charge and involves the completion of a self-test for depression followed by a screening interview with a qualified mental health professional.

This is a public education program and screenings are informational, not diagnostic. The tools to be used are recommended by the Canadian Psychiatric Association. A list of local resources for counselling and treatment will be available.

For more information call (905) 693-4270.

CATHOLIC SCHOOL COUNCIL OFFICIAL NOTIFICATION

The election of parent representatives for our School Council was to be held on Wednesday, September 16 and 17.

We are pleased to announce that the following individuals have been acclaimed as members of 1998 - 99 School Council at Bishop Reding.

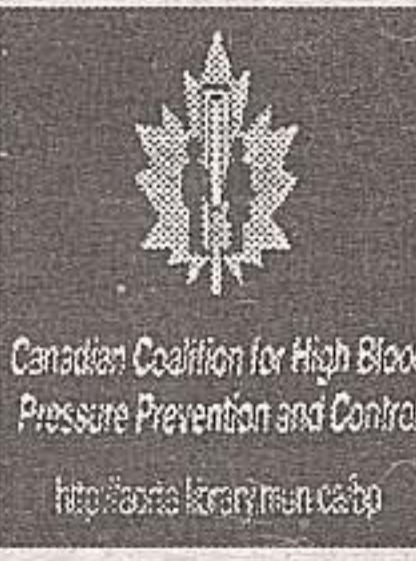
Parent Representative	Nancy & Patrick Artinoff
Parent Representative	Ave Edington
Parent Representative	Joe Mathieson
Parent Representative	Paul McDougall
Parent Representative	Kathy Schrader
Parent Representative	Barbara Smith
Parent Representative	P.J. van Gent
Teaching Staff Representative	T.B.A.
Non-teaching Staff Representative	Sallie Sewell
Student Representative	T.B.A.
Parish Representative	T.B.A.
School Principal	Leta Yarema

All are invited to attend our School Council meetings which are held on the second Tuesday of each month.

Next meeting: **Date:** Tuesday, October 13, 1998
Time: 7:30 pm
Location: Bishop Reding



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