

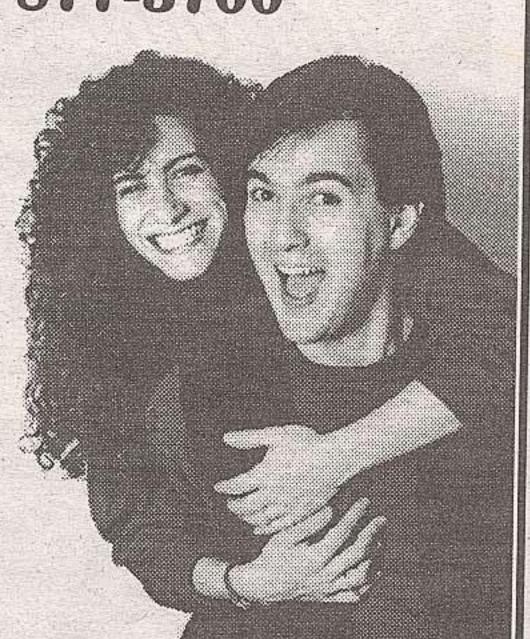
SUNDAY, OCTOBER 18TH 2:00 & 4:00 P.M.

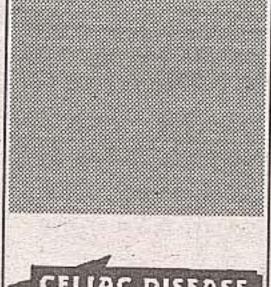
JOHN ELLIOTT THEATRE
Tickets: \$10.00 all seats
Call 877-3700

Judy & David's music is known to millions of children around the world through TV and through their recordings, including "My Little Yellow Bus", "My Little Red Fire Truck," and the Juno Award Winning "Living In a Shoe". Come meet "Canada's Hottest Children's Entertainers" in person and join in a sing-along concert of pure musical fun for your whole family.

Don't miss it!

Brought to you by Arts Alive





CELIAC DISEASE

GLUTEN

found in bread, pasta, pizza and
hidden in most

CELIAC DISEASE is a medical condition in which the nutrient absorbing surface of the small

processed foods.

COMMON SYMPTOMS
Include: • anemia • chronic
diarrhea • weight loss • fatigue •
cramps • bloating and irritability.

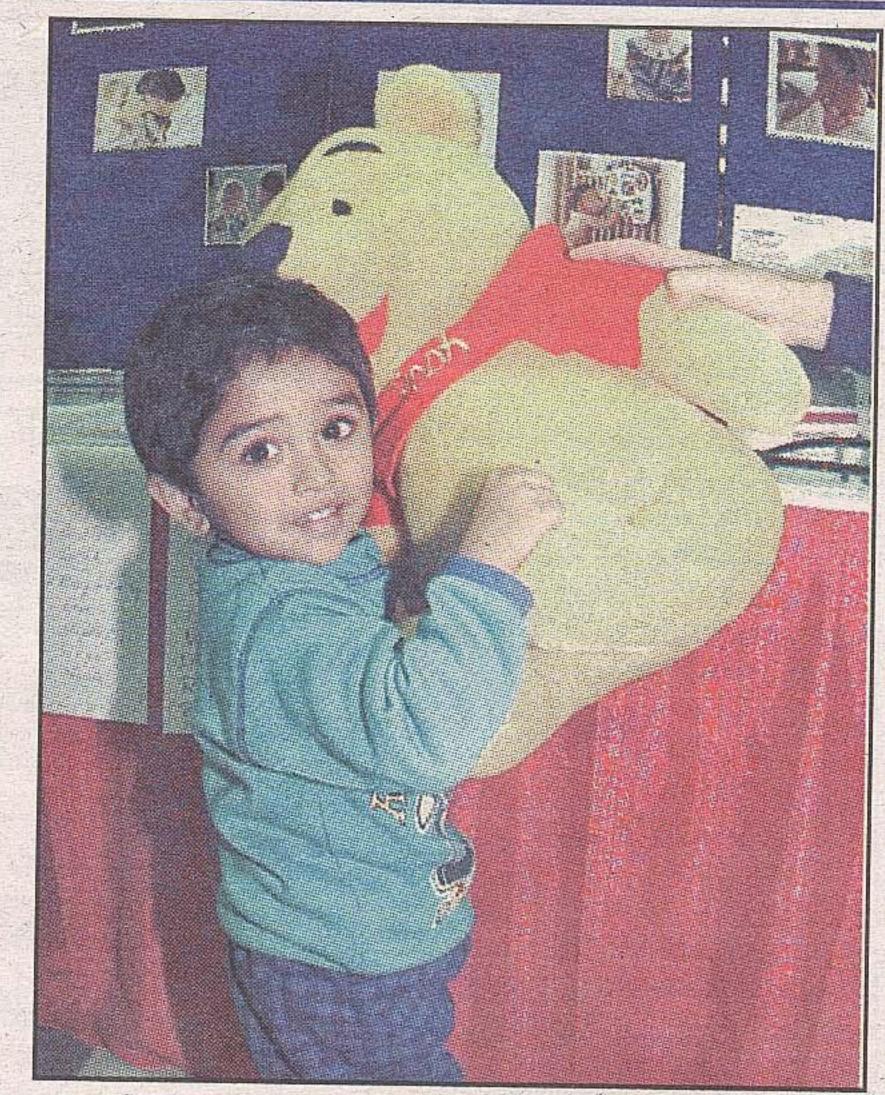
For information about Cellac Disease and the gluten-free diet - the only

The Canadian Celiac Association 1-800-363-7296



Varun Medhal couldn't resist giving Winnie the Pooh a big hug. Medhal was one of the dozens of children who stopped by the Georgetown and District Memorial Hospital's display at the community open house on Saturday at the Georgetown Marketplace. The hospital was conducting a teddy bear clinic, checking out the youngsters' friends and helping patch them up to keep them

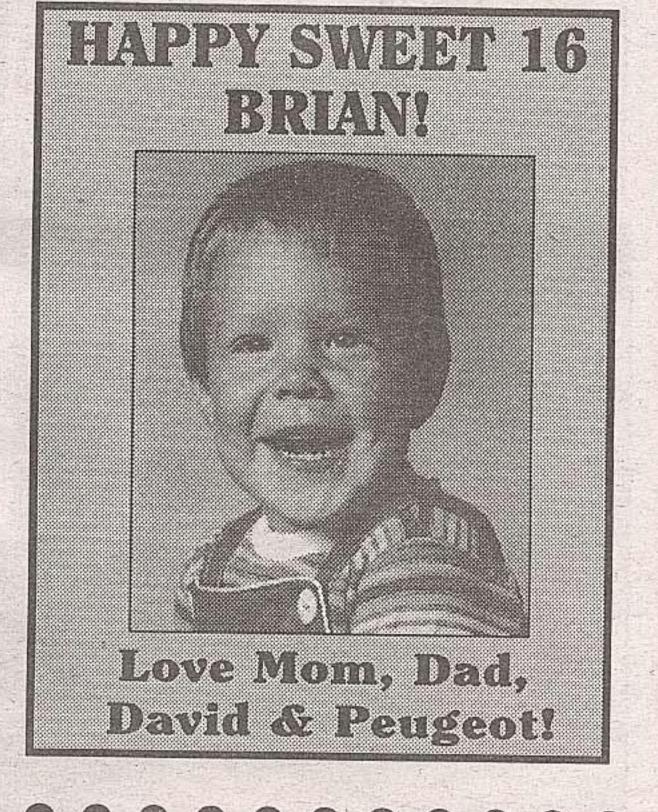
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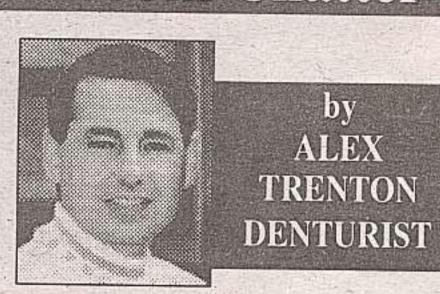


HIGHWAY 10 & STEELES AVENUE

(905) 459-1337







ESSENTIALS FOR DENTURE WEARERS

1. Keep Denture Clean.

Bacterial plaque builds up daily in the mouth and on dentures unless it's removed, plaque can cause infection, and disease and bad breath.

2. At Night All Dentures, full or partial, should soak in lukewarm water. This takes pressure off your gums and keeps dentures from drying out and warping.

3. Imagine how your feet would feel it you never took off your shoes! Mouth tissue are extremely sensitive. They can shrink and change under the pressure of dentures. Give them time to rest and breathe by removing dentures overnight.

Your oral tissue need daily stimulation. Use a soft toothbrush to massage your gums; the top, underside, and edges of your tongue; the roof and floor of your mouth. If a brush is uncomfortable, try moistened gauze.

You do not need a referral; simply give our office a call for an appointment.

WE'VE BEEN CREATING CONFIDENT SMILES SINCE 1982! - (••) \=

Alexander Trenton, D.D., F.C.A.D. (A)

Denturist

Georgetown Denture Clinic, 18 Church Street, Georgetown, Ontario (905) 877-2359

(Across from the Library and Cultural Centre)