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Coarse Language

Unique fashion show to unveil talents of designer Bonnie Glass

rtistic couturiere Bonnie Glass presents The Past Revisited, a A fashion show and exhibit of her collaged clothing at Scotsdale Farm, Oct. 15-

It is the first solo show for Melange, (Glass' design label) and attendees will see one-of-kind coats, suits, jackets, and special occasion wear.

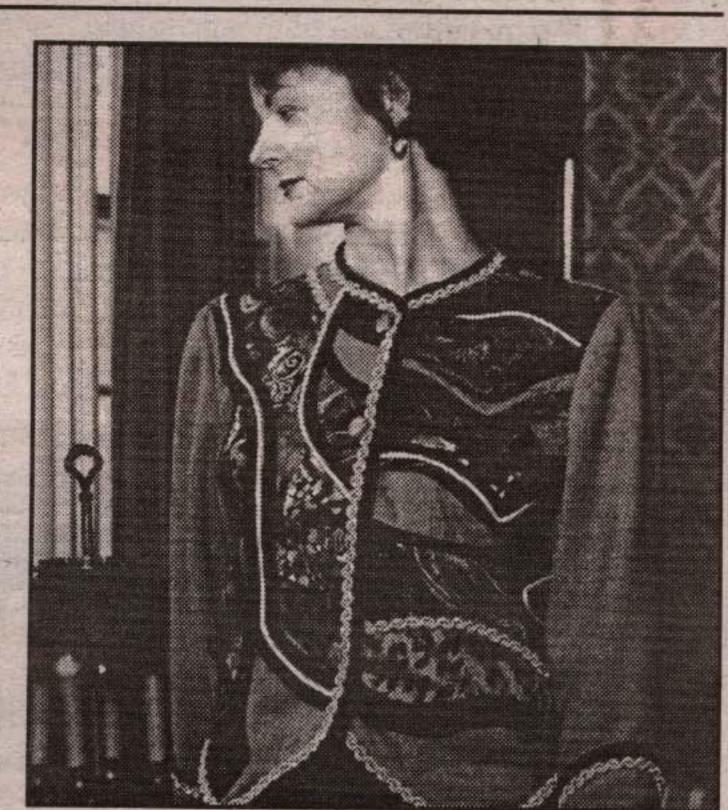
Scotsdale Farm, which has been the site for movies and special events, was chosen because it reflects the beauty and timelessness of Melange creations, says Glass. She has previously exhibited at the Laurier Gallery in Etobicoke and Montgomery Inn. Scotsdale Farm is located at 13807 Trafalgar Road North.

Opening night is Oct. 15, 7:30 p.m. to 10 p.m. with the fashion show at 8 p.m. Attendance opening night is by reservation only. Call 873-7366 to reserve.

The exhibit continues Friday, Oct. 16, 1-9 p.m., with the fashion show at 1:30 p.m. and on Saturday, Oct. 17, 10:30 a.m. to 5 p.m. with the fashion show at 11 a.m.

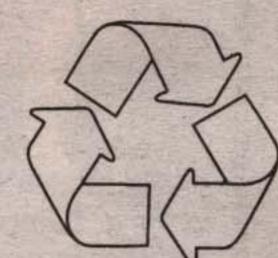
This exhibit will also include a selection of paintings by Elliot Glass and Kathryn Smith.

On October 24, Glass opens her new studio at the Williams Mill Creative Arts Studios and Gallery, on Main St. in Glen Williams. Studio hours will be Fridays and Saturdays, noon to 5 p.m. Other times by appointment.



Sandra Kroffe models a Melange creation by local artistic couturiere Bonnie Glass.

Richard Jaros photo

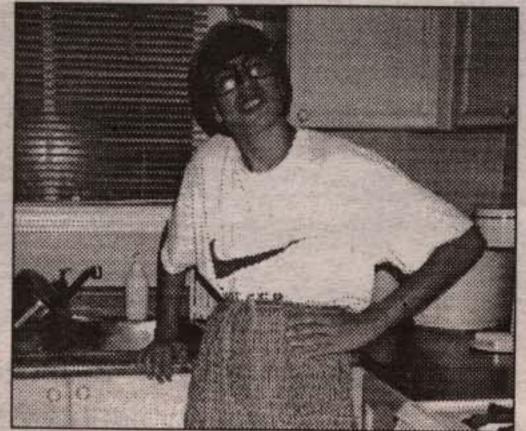


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HAPPY 16TH "URKEL"



Love the "Winslow"/Dias Family P.S. Happy 45th Dad/Hubby

Acton Parade winners

Winners in the Acton Fall Fair parade were announced this week. Taking first place was the Acton Kinsmen Club. Second was Whiteclay Enterprises and third was Peter Zions Construction.

Glen drop-in

You are invited to the Glen Williams Seniors Drop-in Centre, Sept. 30 and Oct. 7, noon to 3 p.m. for games, crafts and chit chat at St. Alban's Church hall. Info: Irene, 877-9876.

Seniors dinner

The Rotary Club of Georgetown will host the 44th annual seniors dinner at Holy Cross on Oct. 26, 6:30 p.m. Transportation provided

ENTERTAINMENT DIGEST

if needed. To register call Norm Bigg, 702-0013 or 877-6198.

Acton badminton

The Acton Badminton Club meets Mondays and Thursdays, 7:30-9:30 p.m. at Acton High School.

Seniors craft sale

Mark your calendar for the Georgetown Seniors Craft Sale, 318 Guelph St., Oct. 3, 10 a.m. to 4 p.m. Maple syrup, draws, etc. Lunch available.

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GLENNA CARR, CHAIR

Glenna Carr, Chief Executive Officer of Carr-Gordon Limited, a Canadian company specializing in privatepublic partnerships, commercialization, competitive contracting, corporate governance and management of the interface between business, government and not-for-profit sectors, was acclaimed as Chair of the Board for 1998/99. Since her appointment to the Board in September, 1994, she has served as Chair of the Finance and Corporate Services Committee, a member of the Board's Executive, Nominations and Presidential Selection Committees and, since September, 1996, as Vice-Chair of the Board. Ms. Carr has held a number of senior positions in the Government of Ontario, including Deputy Minister of Skills Development, Deputy Ministry of Commercial Relations and Deputy Minister in charge of the Management Board of Cabinet. Most recently, she was Vice-President of Corporate Affairs with Laidlaw Inc. in Burlington where she participated in the formulation of partnerships to provide services across North America.



JOAN JOHNSTON, VICE-CHAIR

Joan Johnston, who was acclaimed as Vice-Chair of the Board for 1998/99, established her management consulting firm, J.M. Johnston & Associates in 1992. This followed careers in banking and marketing. Working with both public and private sector clients, her work has involved the development of long-term strategic plans, organizational restructuring, board renewal, investment decisions and business development particularly in the area of new technologies. Ms. Johnston is also one of four principals in the Toronto-based firm, TSPG Inc., which provides strategic planning, organizational design and effectiveness and senior advisory services. Ms. Johnston joined the Board in September, 1997.



Tooth Chatter



by TRENTON DENTURIST

WORLD'S CHEAPEST STRESSBUSTER - A SMILE!

Put on a happy face! An annoying musical adage - or sound medical advice? Score a big grin for science. Research shows that the physical act of smiling - even when you don't feel like it - can measurably reduce stress and improve your mood. Psychologist Paul Ekman of the Human Interaction Lab at the University of California, San Francisco, has discovered that faking a smile produces the same changes in brain activity, respiration, skin temperature, and heart rate as a genuine feel-good smile - and these physical changes promote a sense of well being. Smiling may also boost your mood because it elicits positive responses from people. Faking a smile won't jolt you out of a serious depression, notes Ekman, who has been studying facial expressions for 30 years. But it can lift your mood and help you relax!

You do not need a referral; simply call our office direct.

"We Care About Your Smile!"

Alexander Trenton, D.D., F.C.A.D. (A) Denturist Georgetown Denture Clinic, 18 Church Street, Georgetown, Ontario

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Natural Health News

PYCNOGENOL:

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venate aging skin. These are just some of the proven benefits of the antioxidant Pycnogenol (pine bark extract).

Forty years of research into the aging process have shown how antioxidant nutrients protect the body's cells from attack of reactive chemicals called free radicals. However, it wasn't until 1986 that the great antioxidant power of Pycnogenol was fully realized.

This complex compound of powerful nutrients helps the body fight diseases linked to the chemical actions of free radicals. Nature has supplied us with effective antioxidants, most of which are found in the bioflavonoid Pycnogenol.

As a variety of bioflavonoids are missing from modern diets, Pycnogenol replaces these important missing nutrients. It does not create an artificial compensatory mechanism, but restores normal function and condition.

Any health care program should include proper diet and regular exercise.

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