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**Mood disorders support**

Mood Disorders Support Group, a self-help group for anyone who has experienced a mood disorder, as well as family members or friends, meets at the Canadian Mental Health Association office, 9 James St., Georgetown on Oct. 1, 7:30 p.m. Future meetings will be held the first Thursday of each month in Georgetown. Info: CMHA, (905) 693-4270.

**Foot care clinics**

VON now has a foot care clinic at St. John's United Church on Guelph St., every Tuesday, 1-4 p.m. Sept. 29, Oct. 6, 13, 20, 27, 1-4 p.m. Cost, \$15. Space is limited—by appointment only. Call 1-800-387-7127. Parking is free.

**Teddy Bear clinic**

Bring your teddy bear or doll for their annual checkup with a nurse on Oct. 3 to the

**COMMUNITY CALENDAR**

Georgetown Marketplace Mall at the Georgetown Hospital display booth, 9 a.m. to 4 p.m. Info: Shirley Andrechek, 873-0111, ext. 243.

**Seniors craft sale**

Mark your calendar for the Georgetown Seniors Craft Sale, 318 Guelph St., Oct. 3, 10 a.m. to 4 p.m. Maple syrup, draws, etc. Lunch available.

**Heart to Heart**

Call before Oct. 2 to sign up for Heart to Heart, an educational and support program developed by the Heart and Stroke Foundation, for cardiac patients and their partners. It's an eight-week Monday night program, starting

Oct. 19, 7-9 p.m. The cost is \$15 per person. To register call Shirley, 873-0111, ext. 243.

**Tongue tied?**

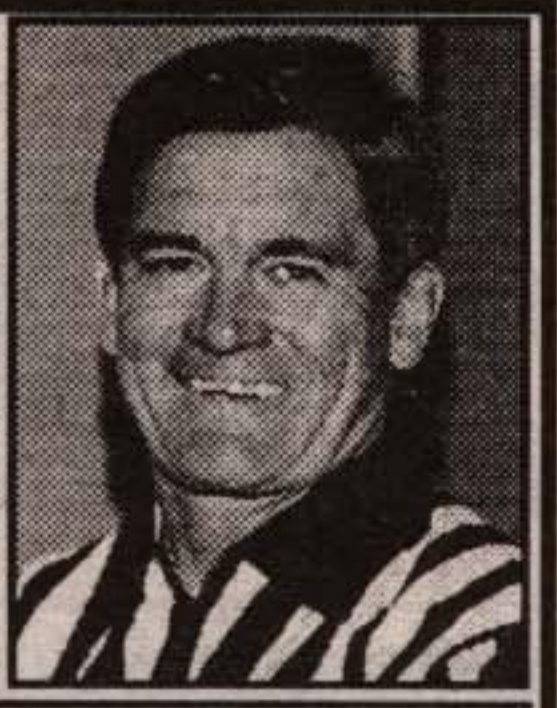
Public speaking got your tongue tied? Learn to loosen up in front of a friendly group. See Halton Hills Toastmasters in action. Meetings are every Monday night, 7:30-9:30 p.m. at St. Alban's Church hall, Main St. in Glen Williams. Refreshments. Everyone welcome. Contact Janis Garel at 853-2086 for more information.

**Acton Outers meet**

Acton Outers Club meets the first Saturday of every month. On Saturday, Oct. 3, there will be a four-hour indoor rock climbing session for senior and junior high school students. Cost is \$20 and includes lesson, equipment and one month membership. Sponsored by the Acton Baptist Church. Space is limited. Call Tracy at (519) 831-1516.

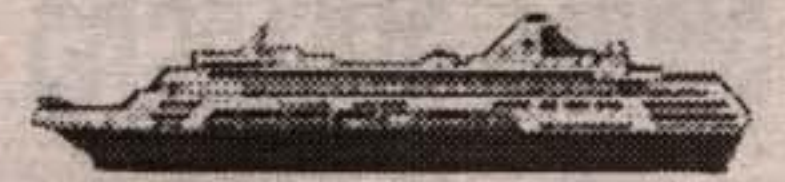
**Travel**

with *Bruce Hood*



**CUBA, OR A CRUISE!**

THE ADDITION OF 5,000 NEW HOTEL ROOMS PER YEAR IN CUBA (for the next decade) means that for Canadians, there is going to be many wonderful choices for vacation in this beautiful country for years to come. Remember that the Americans aren't OK to go there yet, so we have the best choice! VARADERO, HAVANA CITY and CAYO COCO are the main areas of development. There are many varieties in vacation to choose from with many offerings from the larger and smaller suppliers - the 'all-inclusives' are the most popular, and CUBA will be the 'HOT ITEM' for vacation travel planning this winter.



HOW ABOUT A CRUISE ON THE QUEEN ELIZABETH 2! The QE2 will make 17 transatlantic crossings in 1999, with the April 14 crossing from Southampton, England to New York marking the 30th Anniversary of their transatlantic cruises. YOU CAN TAKE A 104-DAY WORLD CRUISE, leaving January 5 - top dollars involved here, but heck, it's a once in a lifetime event! These are just examples of the MANY, MANY CRUISE OPPORTUNITIES there are for you to consider and choose the right one, with many good bargains available at all levels of spending!



ARIZONA BECKONS MANY CANADIANS as the State's numbers increase especially from Ontario, even though US travel by Canadians has been on a downward slide since 1991. We are still the largest supplier of tourists to their vast country - 19.1 million visitors arrived there in the peak years of 1988 through '91, but has dropped some four million in the years since. Just under 100,000 ONTARIANS VISITED ARIZONA last year, mostly in the October/March period. Recognizing the difference in our dollars - Loonie/USbuck - many suppliers there are joining in 'CANADIAN CACTUS DAYS' offering special rates and discounts in the state this coming season. Great climate!

\* \* \*

**TRAVEL TIP OF THE WEEK:** When moving about here, you must be conscious of the possessions you carry - when you go abroad, you must be even moreso!

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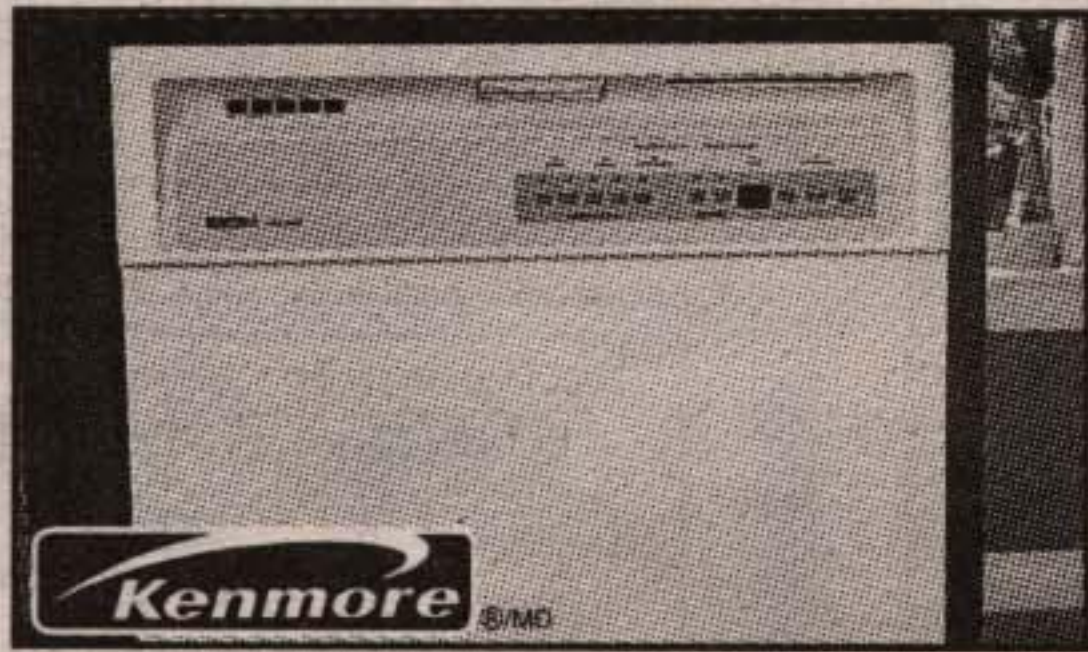
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**DON'T PAY FOR ONE FULL YEAR ON ALL MAJOR APPLIANCES**

Don't pay until October 1999, on approved credit, with your Sears Card. Minimum \$200 purchase. \$35 deferral fee and all applicable taxes and charges are payable at time of purchase. Excludes Catalogue purchases. Offer ends Saturday, October 10, 1998. Ask for details. Sale prices start Monday, September 28 and end Saturday, October 3, 1998.

**Now \$598**

Save \$151. Kenmore® Ultra-Wash Plus™ built-in 5-cycle electronic dishwasher. #15831. Sears reg. 749.99. Installation not included



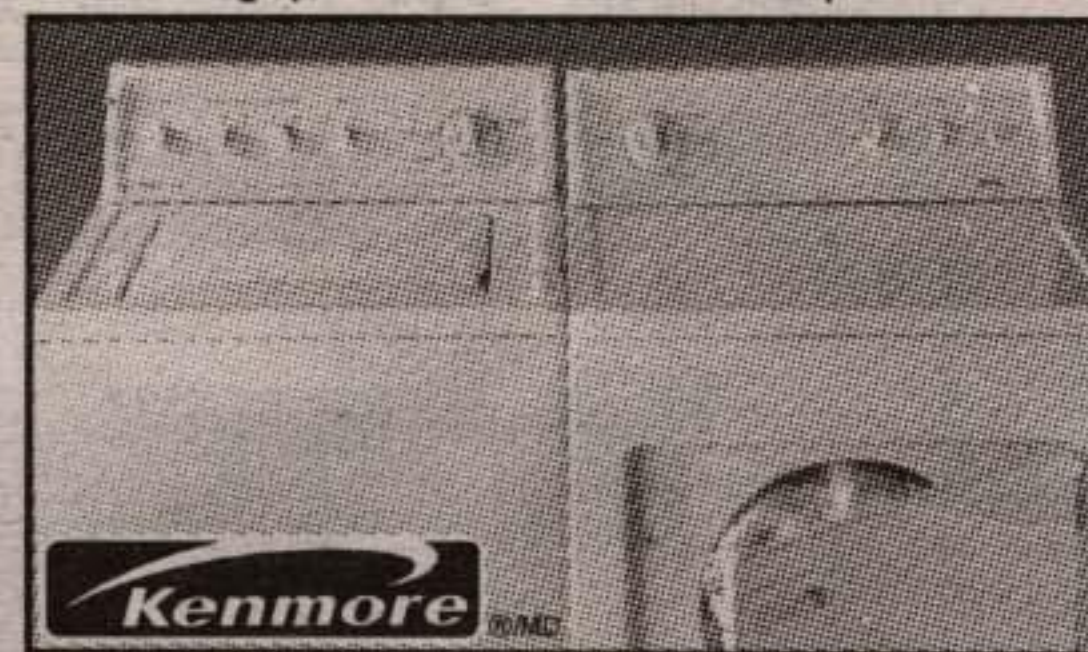
**Now \$1497**

Save \$302. Kenmore side-by-side refrigerator with ice and water filtration system. #56092. Sears reg. 1799.99.



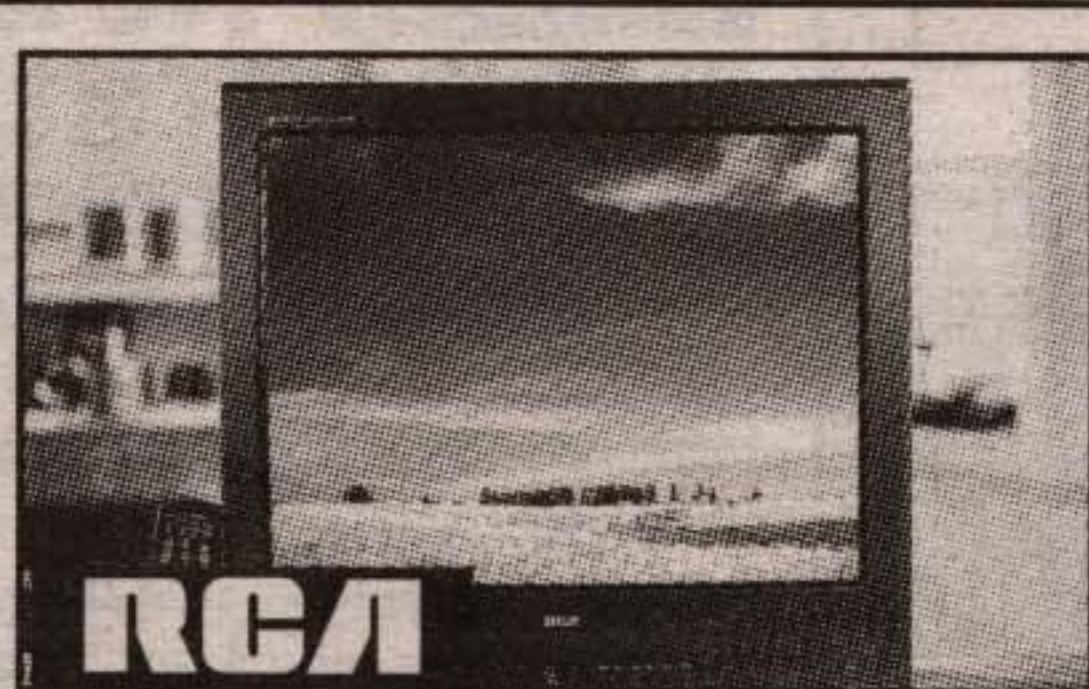
**Now \$976**

Save \$193 on Kenmore 'Super Capacity' laundry team. Washer. Reg. #47602. 689.99. \$588. Dryer. #88602. Reg. 479.99. \$388. Reg. prices shown are Sears prices



**Save \$20-500**

All CRAFTSMAN® garden, lawn and yard tractors. Shown: Save \$500 on 19.5-hp tractor. #60845. Sears reg. 2499.99. **1999.99**



**Save \$50**

RCA 27" ColorTrak Plus™ television with picture-in-picture. #14449. Sears reg. 649.99. **599.99**



**Save \$80**

Kenmore 38-pint (US) dehumidifier. #25238. Sears reg. 349.99. **269.99**

Registered trademark of KitchenAid USA. KitchenAid Canada licensee in Canada

Use your Sears Card and

**DON'T PAY 'TIL FEBRUARY 1999 ON ALL TRACTORS**

Don't pay until February 1999, on approved credit, with your Sears Card. Minimum \$200 purchase. \$35 deferral fee and all applicable taxes and charges are payable at time of purchase. Excludes Catalogue purchases. Offer ends Saturday, October 3, 1998. Ask for details.

Locally owned and operated by **Joan Wilfong**



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