

Sports & Leisure

Wednesday, May 14, 1997

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At provincial championships

Rowland sisters net three medals

By HERB GARBUTT
Staff Writer

The Rowland sisters brought home a trio medals from the provincial gymnastics championships in Brampton.

Katie, a member of the national senior high performance team, won a pair of medals and finished fourth overall while Megan won an individual medal and helped her team place first. Both sisters are members of the Winstonettes, a Markham-based club.

A gold medalist in the floor event last year, Katie slipped to the bronze medal while trying to incorporate more difficulty into her routine.

"I had a few mistakes," she said. "I was trying some new stuff that I need for higher starting values."

An extra degree of difficulty didn't hurt on the vault where she landed a front front pike to win a silver medal.

Katie is currently competing at the nationals, which began Monday in Ottawa, looking to improve upon her ninth overall finish from last year. She is shooting for a top-six finish. "Basically, I just have to stick all my routines," she said.

Should she achieve that she would qualify to compete at world trials. Katie is no stranger to international competition, having competed at two such events this year in Edmonton and Montreal.

Though the Grade 10 student has a couple of years of high school remaining, she has already set her sights for the future. She would like to get a scholarship to an American



Megan and Katie Rowland, members of the Winstonettes, a Markham-based gymnastics club, recently captured three medals at the provincial championships in Brampton.
Photo by Herb Garbutt

school and hopefully follow in the footsteps of fellow Winstonette Jennifer Exaltacion, who competed for Canada at the Olympics in Atlanta.

Megan, competing in the 11-12 novice level 3 division, won a bronze medal on the floor, her favorite event. The 11-year-old Centennial Public School student said she also enjoyed being a part of the Metro East team, which claimed the team championship.

"I like them both (competing individually and as a team)," she

said. "You don't normally get to compete as a team so it's something different," she said.

Next year, she moves into the upper half of the age group and hopes to add to her medal collection.

Training in Markham, the sisters have had to balance gymnastics and school work. Katie trains 25 hours a week while Megan spends 20 hours in the gym each week. That means leaving school before 1 p.m. Both said teachers have been supportive in helping them keep up with their studies.

Bulldogs bounced twice

The Georgetown Bulldogs dipped below the .500 mark with a pair of losses to Oshawa and Milton in Ontario Lacrosse Association Junior B play.

The Bulldogs spotted the Green Gaels of Oshawa a 4-0 lead in Monday's game and never recovered. Saturday at home, the Bulldogs were forced to play with only 10 regulars when the Milton Mavericks refused to reschedule their game. Despite staying close for two periods, the understaffed 'Dogs lost their legs in the final period and lost 15-6.

The Bulldogs now have a 2-3 won-lost record.

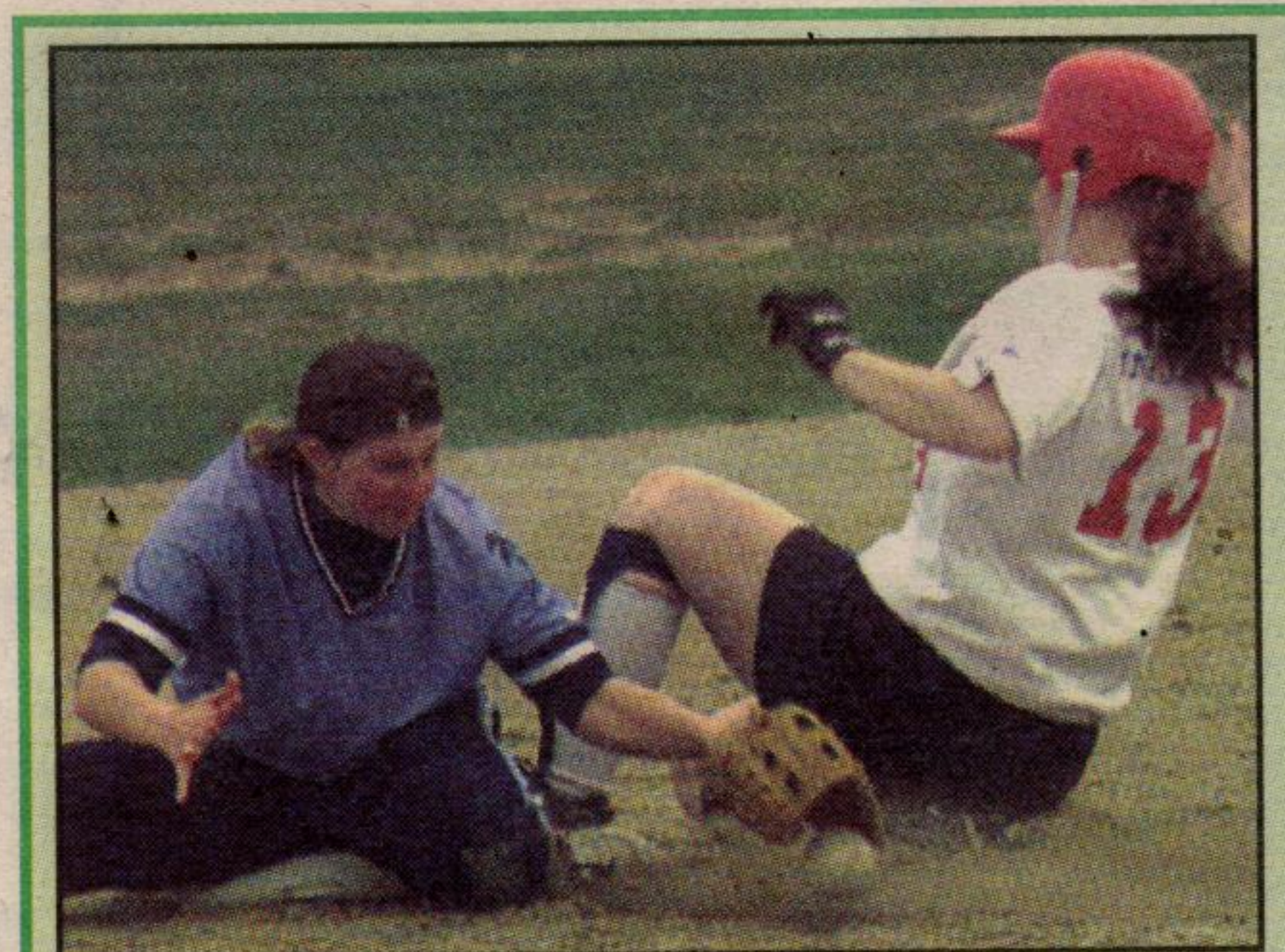
Georgetown surrendered three goals in the opening period Monday night. The Green Gaels extended that lead to 7-2 in the second and removed any doubt with five goals in the final seven minutes of the game. Adam Lorentz led the Bulldog offence with a goal and two assists. Wayne Sawyer, Scott Young, Andrew Craig and Chris Kellow each scored once for Georgetown.

The Bulldogs looked as though they might exact some revenge for the 17-6 thumping Milton handed Georgetown in their last meeting. Milton led 2-1 after a low-scoring first but the Bulldogs scored four times in just over eight minutes to jump in front 5-3.

The Mavericks scored three straight power-play goals late in the period to regain the lead and carried the momentum into the third with three goals in the first two minutes.

Brad Kouyoumjian and Ryan Bigler each scored twice and assisted on another for the Bulldogs. Also scoring were Sawyer and Peter Veltman.

DOG BITES: The Bulldogs had tried to reschedule Saturday's game because the high school formal in Orangeville, where the majority of the players live, was the same night. As a result the Bulldogs played with only 17 players, many of them midget callups...The Bulldogs play Thursday night at home against Scarborough. The game is set for 8 p.m. at the Alcott Arena...Bigler leads the team with seven goals followed by Kouyoumjian and Lorentz with five each...After scoring in each of the team's first four games, Bigler did not play in Monday's game.



Safe at third

Diane Allan of the GDHS Rebels slides into third base as Acton's Michelle Withers corrals the throw in Thursday's high school softball tournament. Acton edged Georgetown 10-9 in the round-robin game. Mayfield and St. Thomas Aquinas shared top honors when the championship game was rained out.
Photo by Herb Garbutt

Hit N' Miss win slo-pitch league opener 18-10

Kim Kirkpatrick was 5-for-6 and scored five times as Hit N' Miss won its opening Georgetown Slo-Pitch League mixed division game by downing McGibbon Two 18-10.

Gary Whelan homered and Nancy Feriss went 3-for-4 to lead Ashgrove Welding to an 18-4 victory over T&R Paving. Ed Boonstra's bat kept T&R from being blanked.

George & The Dragon Slayers edged Second Wind 12-10. Paul Larsen did all he could to lead a comeback for Second Wind by hitting three homers and scoring four times.

Sylvia Murphy led Coalyard Patty's to a 17-1 win over Koaches Korner. The North Halton Roofing Wildcats blasted McGibbon One 23-2.

Kevin Sandifer homered in DP Liquidators' 24-8 win over Maple Lodge Farms in masters division play. Despite being understaffed, SOBs managed to double Kinsmen 6-3. Marty Chapman led the SOBs at the plate. Usually an offensive force, The Tailgators were crushed 25-1 by Camden Dogs.

The bottom of the order carried Nashville North to a 12-10 win over I Don't Know in C Division play. Rick Succee had a hit each time at the plate

for I Don't Know. Woodro Hooper went 5-for-6, including a homer, as MG Dusters defeated A Wholes 29-6. Kevin Spencer was 2-for-3 with a home run in a losing cause. In the other game Zimmer downed Romac 25-11.

In B Division, Randy Schaefer and Dave Lloyd helped the Mavericks score in every inning in a 26-16 win over Jumbo Video. Frank Duyvelshoff was 3-for-3 for Jumbo. Coalyard Patty's worked over Koaches Korner for a 20-5 victory.

Rain held the A Division to only one game. That saw Grinders slip past the Charley FitzWhiskey's Refugeez 20-16.



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