

Which part do you wash first?

I'm going out on a limb admitting something here—I wrote this column in the shower.

Well, I didn't actually 'write' it in the shower, (the water shorts out the computer when you do that...). More specifically, the thought came to me, while I was in there, standing under the steaming hot spray of the shower head.

You see, I love my morning shower. It seems to mark that point in my day when I cross an imaginary line taking me from a state of semi-consciousness to somewhat near consciousness. Plain and simple; it's my wakeup call.

Yup, stepping into that plastic-curtained enclosure is the one time in most people's day when they actually have space to themselves, and with it, time to reflect.

That is, of course unless you happen to shower with a friend, but we won't go into that here.... this is a family publication ya know.

(For me, showering is also a time when I can actually ignore the rest of the household which is usually standing outside the bathroom door, wanting in for some reason or another.)

Now, I always have a couple standard thoughts that hit me in the shower... (you know, we need more shampoo... why did someone leave a disposable razor in the bottom of the tub for me to step on.... who in hell turned on the hot water in the kitchen...) and all those other little mental snippets that sail through everyone's mind.

But earlier this week, another question came to me while lathering up with shampoo.

What's the first thing most people wash when they hit the showers?

Now don't get me wrong. It's not that I'm some sort of a pervert who is obsessed with the private bathing habits of everyone in town. (At least I hope I'm not...)

I'm just curious.

In my case, the first thing I do is wet down my hair and work a handful of shampoo into it.

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Ted Brown

For me, that makes sense. After all, I have a fairly thick head of hair, and getting it washed and rinsed is my top priority. Besides, gravity takes the shampoo the rest the way down, so everything gets soaped up (or more correctly, soaped down, I suppose) in the process.

But what about those guys who are bald?

They have no reason to soap up their hair, cuz they don't got none. (to use the vernacular.)

So what do they wash first?

And that discussion only applies to men. I'm sure women have a completely different approach to showering.

One female co-worker (who will remain nameless or my name is mud,) admitted she washed her stomach first, then went into a diatribe about how annoying it was to try to shave her legs while in the shower, since the spray washes off the shaving cream, and she gets cold stepping out of the spray, cuz she's not under the warm water... and blah, blah blah..

I wondered why I asked.

She told me most people wash their stomach first. It must be so— she read it in Glamour magazine. "Besides," she added, "The stomach is the filthiest part of anyone's body."

Okay, okay... see what I put up with?

Anyway, as I pondered it more and more, another thought came to mind about who washes what first....

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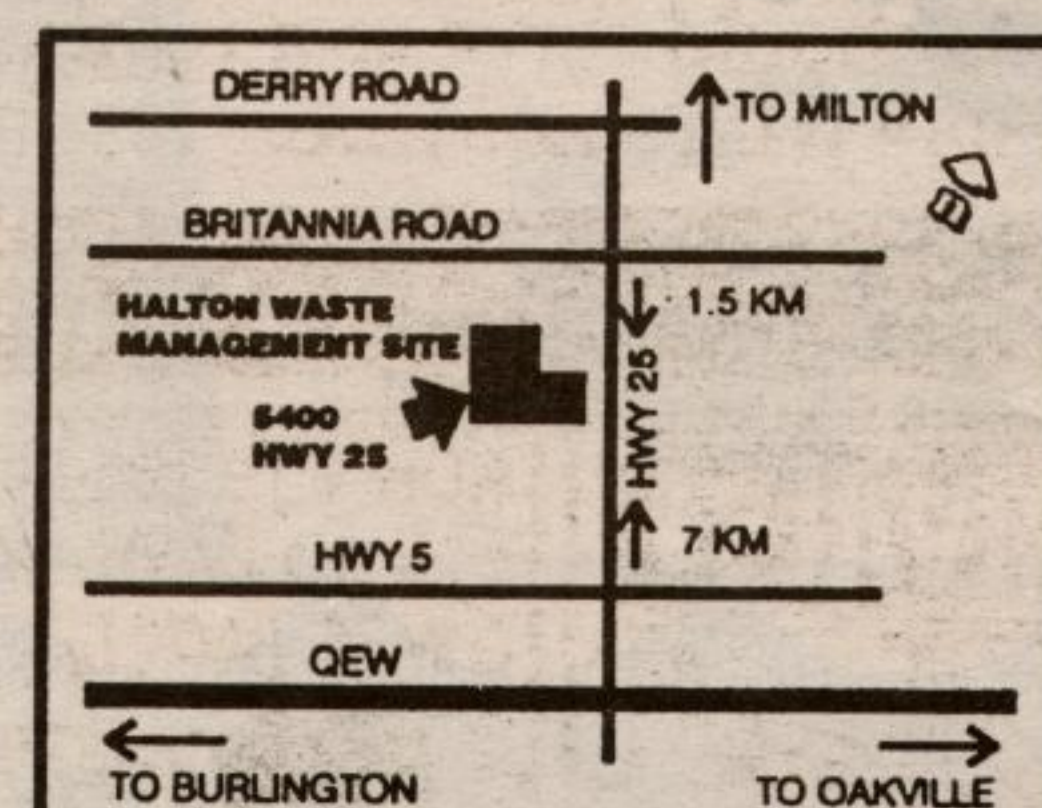
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SATURDAY, MAY 3, 1997

(9:00 A.M. TO 4:00 P.M.)

- Halton Region residents may drop off up to 8 residential passenger vehicle tires (rims included)
- Bicycle, wheelbarrow and lawn mower tires will also be accepted
- Commercial vehicle and tractor tires will NOT be accepted

Note: The REGION OF HALTON and the FARE SHARE FOOD BANK encourage residents to donate a NON PERISHABLE food item when dropping off tires.



Residents can drop off used clothing and toys at the AMITY DROP-OFF LOCATION.



Household hazardous waste can also be dropped off at the HHW depot.

