

Healthy Living

R-CENTRAL
YOUNG'S PHARMACY & HOMECARE
877-2711
 DOWNTOWN GEORGETOWN



Feeding the volunteers

With the kick-off of Cancer Month April 1, volunteers from the Acton branch of the Canadian Cancer Society hosted their annual blitz night, feeding volunteers chili before an evening of canvassing the town. On hand to kick off the proceedings were (from left) Acton Councillors Norm Elliott and Rick Bonnette, volunteer Ian McGillivray, Halton Hills Mayor Marilyn Serjeantson, Acton Councillor Gerald Rennie and volunteer Rena Arbic.

Photo by Ted Brown

SEPARATION & DIVORCE

Simple Words - Easily Understood
 BUT

THE REALITY OF SEPARATION & DIVORCE

is anything but Simple

Facing the painful issues surrounding Separation & Divorce in a supportive environment can help you better manage the whole process and begin to rebuild your life.

SEMINARS FOR THE SEPARATED
 10 week LECTURE SERIES & SELF-HELP SUPPORT GROUP

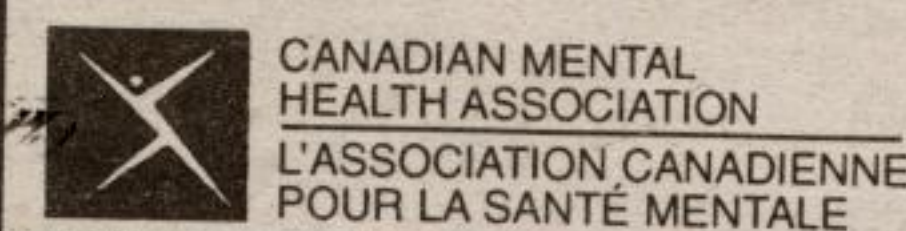
in MILTON at

The Halton Regional Health Department, 251 Main Street East
TUESDAYS, MAY 6 to JULY 8

Topics Include:

- Stages: From Grief to Growth
- Communications with your Ex
- Legal & Financial Issues
- Parenting through/after Separation
- Coping with Stress & Anger
- Social Opportunities

To register call: (905) 845-5044 Fee: \$65.00
 (subsidies available if necessary)



TOYS'R'US CORRECTION NOTICE

In the Toys "R" Us April 16th flyer, the Kent Girls' 16" Sweetheart or the Boys' 16" Trailclimber featured on page 1, does not include a water bottle. Also the Franklin 4-piece Goalie Pad Set advertised at \$19.99 on page 6 is incorrectly shown. We apologize for any inconvenience this may have caused.

When you say:



"HEY CULLIGAN"

Culligan Water Treatment

- Rentals • Sales
- Lease To Own

Georgetown (905) 874-3044
 519 Area code 1-800-463-3622



The Health & Wellness Centre of Georgetown

presents

Spring Workshops

ALLERGIES: "What Can I do Before Spring Hits?"
 Saturday, April 19- 10 a.m. to 12 p.m. Call 873-2361 for registration. Cost: \$10.00

SPRING CLEAN: "Look Good Feel Good"
 Workshop on detoxification and weight loss.
 Saturday, April 26 - 2 p.m. to 4 p.m.
 Call 873-2361 for registration. Cost \$10.00

INTRODUCTION OF FELDENDRAIS METHOD:
 Sunday, May 4 - 10 a.m. to 4 p.m.
 Call 873-7679 for registration. Cost \$65.00

MASSAGE FOR YOUR FAMILY:
 Sunday, June 1 - 9 a.m. to 12 p.m.
 Call 873-7679 for registration. Cost \$20.00

AROMATHERAPY/REFLEXOLOGY:
 Saturday, June 21 - 10 a.m. to 12 p.m.
 Call 877-0759 for registration. Cost \$20.00



Tooth Chatter



by
ALEX TRENTON
 DENTURIST

NEW DENTURES

Consider the importance of your denture: your smile, facial support, speech and ability to chew properly are all affected by the fit and design of your dental appliance.

Many patients who have found difficulty with retention or comfortably wearing dentures in the past have now found the benefits of new materials and technology.

Cast metals bases, implants, magnets, Myloc retention systems and soft liner inserts are providing excellent results for many who's past experience was poor. Also, implants dentures are available.

Your dentures and tissues should be checked annually. Damage to the oral tissues can take place without your being aware of it. Early detection and elimination of tissue inflammation is important to minimize shrinking of the supporting bone. Remember, ill-fitting dentures could lead to many other health problems.

You do not need a referral; simply call our office direct.



WE BUILD BEAUTIFUL SMILES!
 Alexander Trenton, D.D., F.C.A.D. (A)
 Denturist
 Georgetown Denture Clinic,
 18 Church Street,
 Georgetown, Ontario
(905) 877-2359

(Across from the Library and Cultural Centre)

The Chiropractic & Sports Injuries Centre

211 Guelph St., Suite 4 of Georgetown

- Early AM, evening & weekend appts.
- Senior, Student & Child Rates
- Workers' Compensation & Private Insurance
- X-Ray Facilities On Premises

New Patients Always Welcome

(905) 877-9996



Dr. Robert Jones,
 Chiropractor

AQUAFINE YOUR LOCAL WATER SPECIALISTS



To Taste The Difference

Please Call 877-6242 or 1-800-265-2857

OPENING SOON...

GEORGETOWN PHYSICAL AND SPORTS THERAPY CLINIC AT

83 Mill Street, Georgetown, Suite B
 (Downtown Professional Building)

We look forward to serving you and your rehab needs. Whether you are injured at work, in a motor vehicle accident or while playing sports.

WATCH FOR OUR OFFICIAL OPENING ANNOUNCEMENT

DR. BUTWELL'S PRACTICE HAS
 OUTGROWN ITS CURRENT OFFICE SPACE!
 TO SERVICE THE EVER GROWING NEEDS OF HIS PATIENTS ...

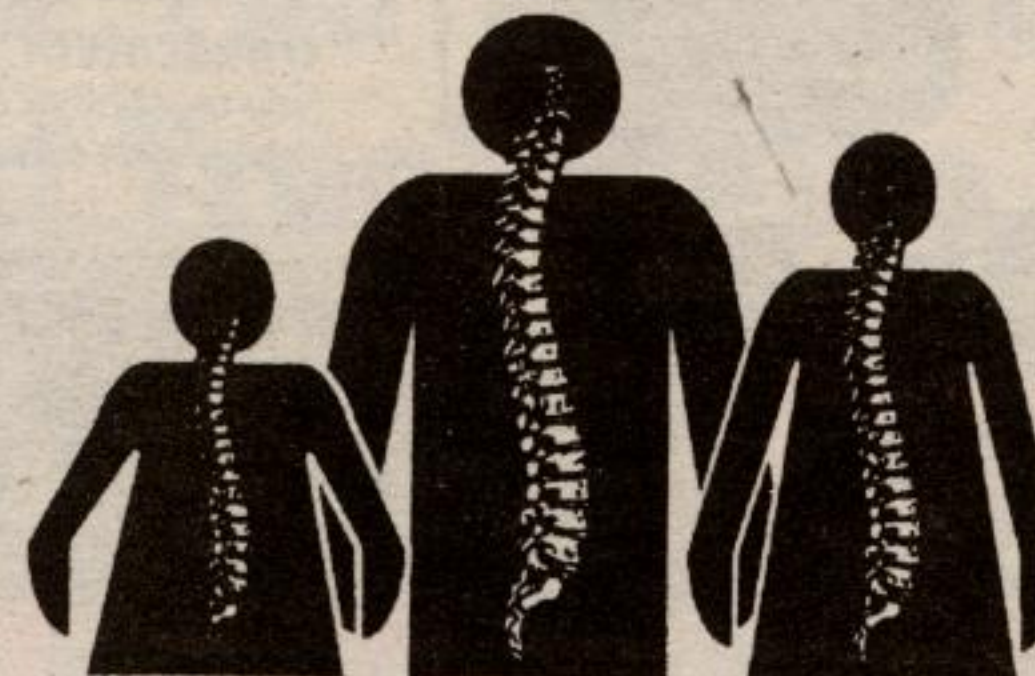
HIS OFFICE IS MOVING!

AS OF MONDAY, APRIL 21, 1997

HE'LL BE LOOKING AFTER ALL YOUR

CHIROPRACTIC NEEDS IN THE NEW OFFICE .

OUR NEW LOCATION IS:



DR. GARRY BUTWELL
 CHIROPRACTOR

MOUNTAINVIEW PLAZA

10 MOUNTAINVIEW ROAD SOUTH, GEORGETOWN, ON L7G 4J9

GROUND LEVEL

(SOUTH OF GUELPH ST. ON MOUNTAINVIEW RD. SOUTH)

TELEPHONE: (905) 877-9159