## Get ready for winter...

## Tips to protect your home from the frigid blasts of Old Man Winter

Continued from pg. 12

reaches its destination, wrap the first one to two metres of pipes leading out of the water heater. Specially designed snap-on pipe tubing, foil-pipe wrap or fibreglass make the job a lot easier.

**Draft Proofing** 

Caulking: Inexpensive, longlasting and easy-to-apply caulking can be used indoors or out to help fill air leaks around the home. Choose from a range of different types of caulking, including: paintable, waterbased, interior latex caulking; spray foam or silicone caulking; and removable caulking for seasonal use.

"Caulking is one of the easiest and least expensive ways to winter weather proof your home," says Sciuto, "you can use it almost anywhere." He also suggests applying silicone caulking around the perimeter of windows and doors, to keep the cold air out.

Weather stripping: It's another inexpensive and effective way to make the home more energy-efficient. Depending on the season, weather stripping seals gaps which allow hot or cold drafts to enter your home and have a negative effect on the heating or cooling process.

"The best place to apply weather stripping is around your doors and windows," says Sciuto. Mount the weather stripping to door sweeps and door thresholds using wood, metal or concrete screws depending on what you are attaching it to. Foam, rubber and vinyl weather striping usually come in peel and stick formats, making it even easier to apply.

Air and vapor barriers

Most insulation works best if there's a vapour barrier on the warm side of the insulation to help prevent air leaks and condensation. Secure clear shrink wrap to patio doors and windows with tape and a blow dryer, to create a permanent seal for the winter. You can also pick up a pre-packaged kit that comes with easy-to-follow instructions.

Another way to help keep heat inside and reduce condensation is to install inexpensive acrylic storm windows, anchored with a snapin frame or magnetic strips.

Insulation

It can help you maintain comfort and energy-efficiency by keeping heat in during the winter and out in the summer. There are different types for all around your home, including

fibreglass batt or blanket, highdensity glass fibre or foam board, mineral wood and moisture-resistant polystyrene board insulation. Do-it-yourself experts can help you choose insulation best suited to your needs and can provide advice on installation.

Sciuto recommends starting in your attic where energy tends to escape through cracks, gaps and uninsulated walls. In the attic, seal all penetrations, including plumbing stacks, chimneys, light fixtures, wiring, the top of partition walls, exhaust fans and attic hatches.

Small penetrations are quickly and efficiently sealed with foam insulation in a can, which expands with air and time. Using either batt or blanket insulation, simply press the insulation batt into place over the ceiling joists. No stapling is necessary. Also, pack some fibreglass insulation around the plumbing stack to stop heat from escaping. In the basement, fill basement header spaces with insulation, and caulk the space between the sill plate and the foundation all around the house.

Electric outlet seals

Plugs and switches along the outside walls are responsible for heat loss through air leakage. Install foam insulation outlets and switch gaskets that fit under the plug or switch cover.

Fireplace plugs

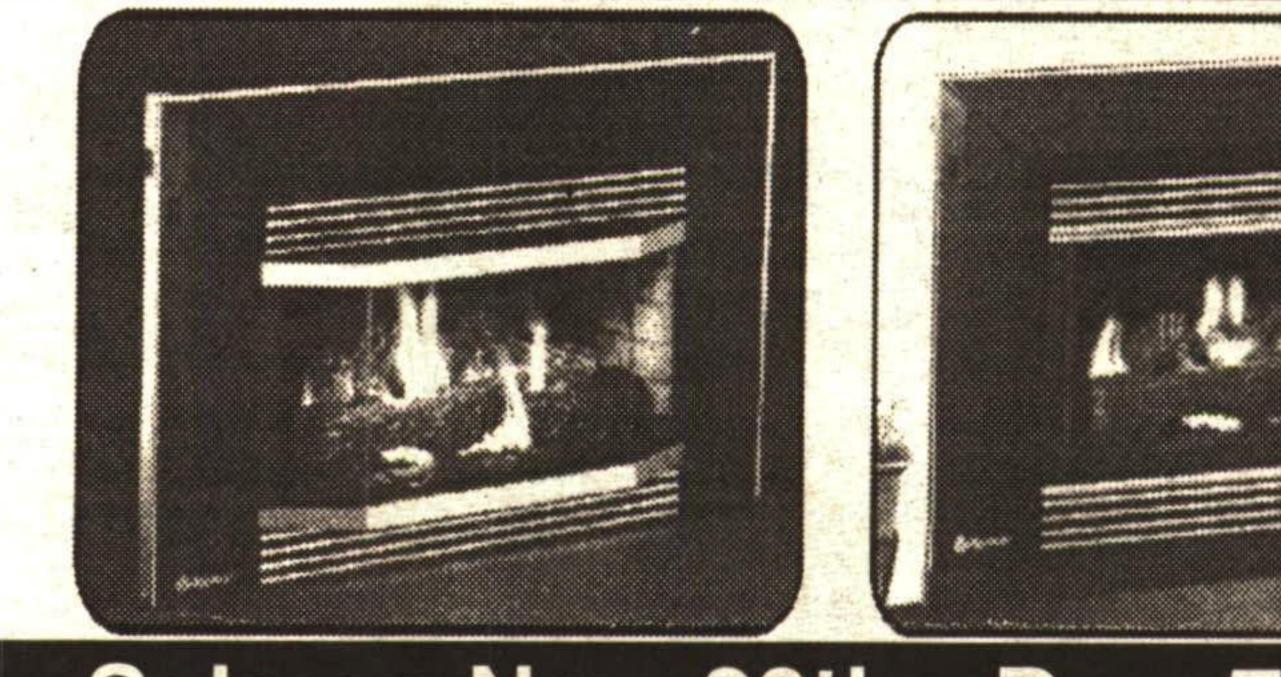
When there's no fire in your your ho fireplace, a fireplace plug will keep out cold drafts and stop warm air from escaping your ho through the chimney damper. your how usually a plug gap your how through the chimney damper.

They come in different shapes and sizes such as expandable plug or ply board and fit any damper.

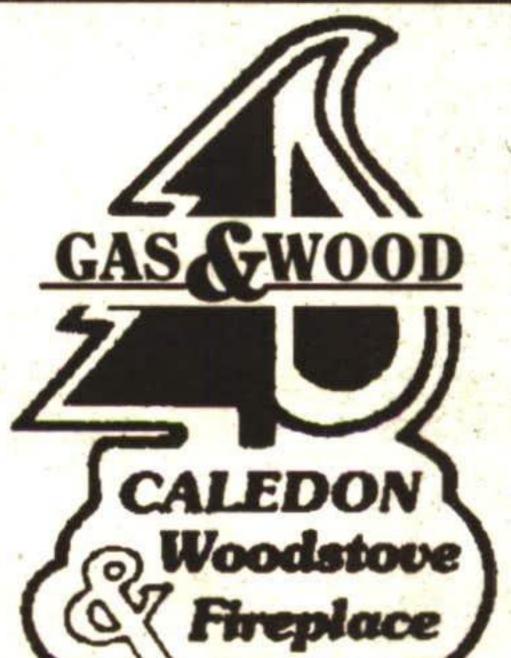
Depending on the size of your home, a few hours is usually all it takes to insulate, plug gaps and holes and make your home more energy efficient.

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