



Asthma advice

Pharmacist Heather Sproule demonstrated the use of various equipment for controlling asthma with help from pharmacist Ken Milne at Young's Pharmacy asthma clinic, Thursday night at the store's Main St. location. The free clinics are scheduled once a month, running until December, and offer various ways to cope with asthma, as well as advice on equipment and techniques. Anyone wishing to attend can call Young's Pharmacy, or check the postings in the store for future clinics.

Photo by Ted Brown

ADD Centre

(416) 488-2233
(905) 803-8066

You can't change the wind... but you can adjust the sails.

Under-achievement?
The ADD Centre specializes in training students who exhibit the following difficulties:

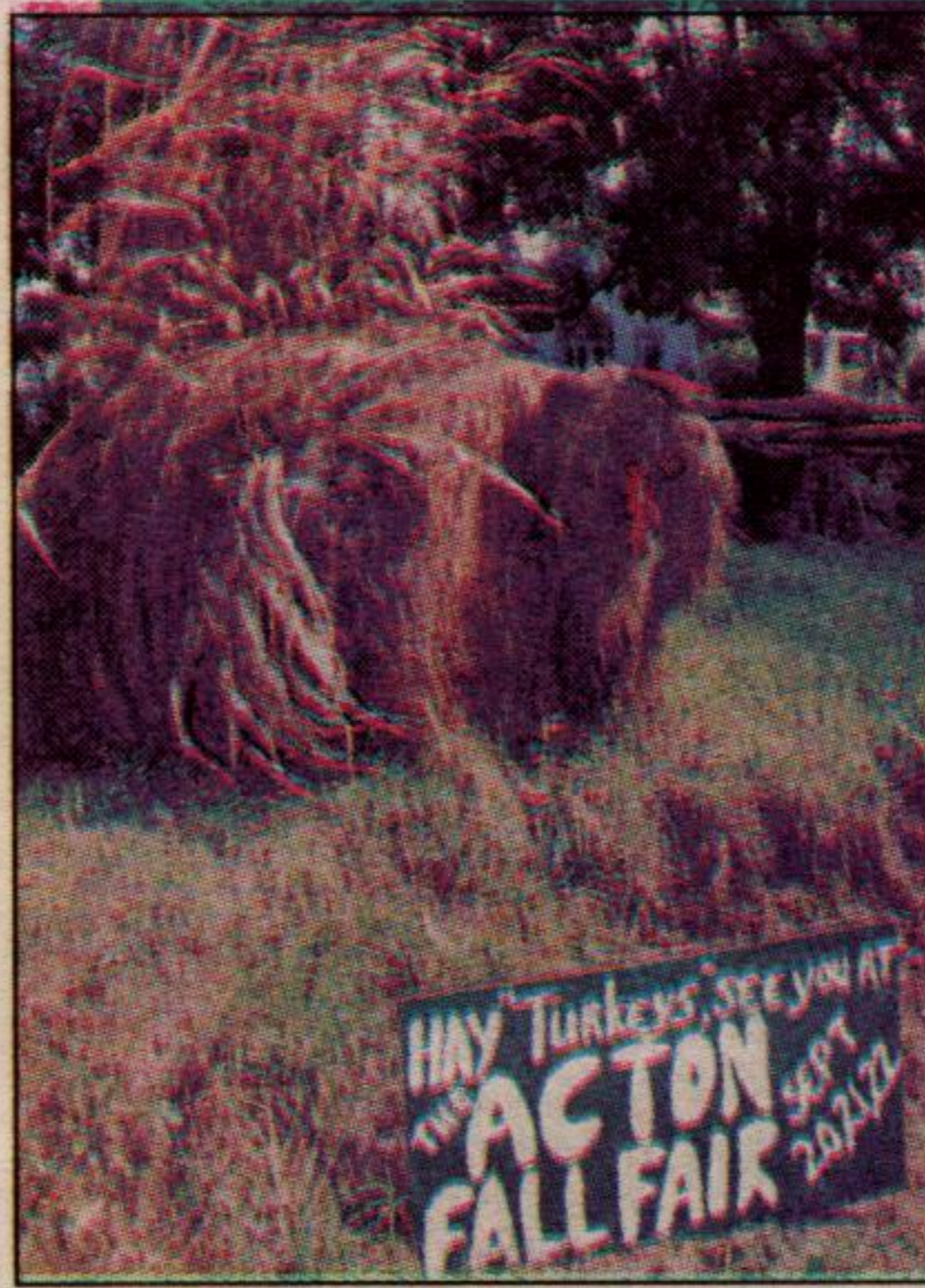
- Difficult Organizing & Completing work
- Impulsivity
- Learning Difficulties
- Attention span is short
- Distractibility

Students can learn to Self-Regulate using Neurofeedback - an Educational Training Approach which utilizes computerized brainwave feedback to Improve Attention Span & Concentration. Learning Strategies are taught during the feedback training.
Director: Lynda M. Thompson, Ph.D.

ACTON FALL FAIR

September 20, 21 & 22

THIS WEEKEND



Acton Fall Fair once again held a decorated hay bale contest and the Moore Family made this entry as a reminder to all you turkeys out there to attend the fair.

1996 Showcase Stage Entertainment

SATURDAY	SUNDAY
1:30 Acton Citizen's Band	12:30 Georgetown Karate Club demonstration
2:00 Line Dancing With Nashville North	1:00 Pet Show
2:30 Cheri Lindsay Dancers	2:30 Art Espana flamenco dancers
3:30 Line Dancing With Nashville North	3:00 Crazy Competition
4:00 Juggler Ben	Sponsored by MacMillan Frozen Fruits and Vegetables. The Acton BIA will compete against the Georgetown BIA. Come out and cheer for your hometown.
4:30 Line Dancing With Nashville North	3:30 Final Draw For The Shop Acton \$500. grand prize
5:00 "Elyskim" (Band)	3:40 "The Latest Casualties" (Band)
5:30 "Reverend" (Band)	

ADMISSIONS		
Adults	\$5.00	Students (13 to 17) \$4.00
Seniors	\$3.00	Children \$2.00
Children Under 5	FREE	Disabled Parking Only \$3.00

FREE BUS SERVICE TO THE FAIR

From the Legion
Sat. 9:00 a.m. - 6:00 p.m. Sun. 12:00 p.m. - 6:00 p.m.

SATURDAY SEPT. 21

9:00 a.m. •Fairgrounds - OPEN	12:00 p.m. •Parade	1:30 p.m. •Baby Show	
10:00 a.m. •Craft Tent - OPEN	•Northern Borders Flyball & Canine Performance Team	2:00 p.m. •Crazy Canoe Races	
•Poultry Barn	Performances at 1:00 & 3:00	6:30 p.m. •Lawn and Garden Tractor Pull	
10:30 a.m. •4-H Beef Cattle Show	1:00 p.m. •Horseshoe Pitching	8-11:30 p.m. •Teen Dance (Teens up to 18)	
•Horse Show	•Miniature Horse Show	8:30 p.m. •Highway Truck Pull	

SUNDAY SEPT. 22

9:00 a.m. •Fairgrounds - OPEN	12:00 p.m. •Midway - OPEN	1:00 p.m. •Pet Show	
•English Hunter Show	•Western Horse Show	2:00 p.m. •Pedal Tractor Pull	
10:00 a.m. •Poultry Barn	•Dairy Cattle Show	4:00 p.m. •Acton Fair Awards Presentation	
•Homecraft Exhibits -	12:30 p.m. •Antique Tractor Pull		
•Craft Tent	•4x4 Truck Pull		
	•Motorcycle Stunt Driver		

This Fall Fair Schedule is brought to you by this newspaper and these local businesses who are pleased to support the 83rd annual Acton Fall Fair

The Independent & Free Press

DENNY'S INSURANCE

15 Mill St. West,
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853-0150

HELLS CONSTRUCTION LIMITED

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Andy's

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THE BEST PIZZA IN TOWN!

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Acton Fall Fair Weekend

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Acton, Ont.

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(519) **856-9512**

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"Nurturing a growing family of people"

Pastor Paul Little
Pastor Tim Brown

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Sunday School during both services
Kids Program Wed. night 7 p.m.
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World Embracing..." - Baha'is



ONE
HUMANITY

FOR RECORDED MESSAGES
PLEASE CALL:

1-800-433-3284

GEORGETOWN
COMMUNITY
CHURCH

318 Guelph Street
(in Fabricland Mall)
SUNDAY WORSHIP - 10:30 a.m.
Pastors: Captains David & Donna Kennedy
877-1374