# Providing good service



Photos by Ted Brown

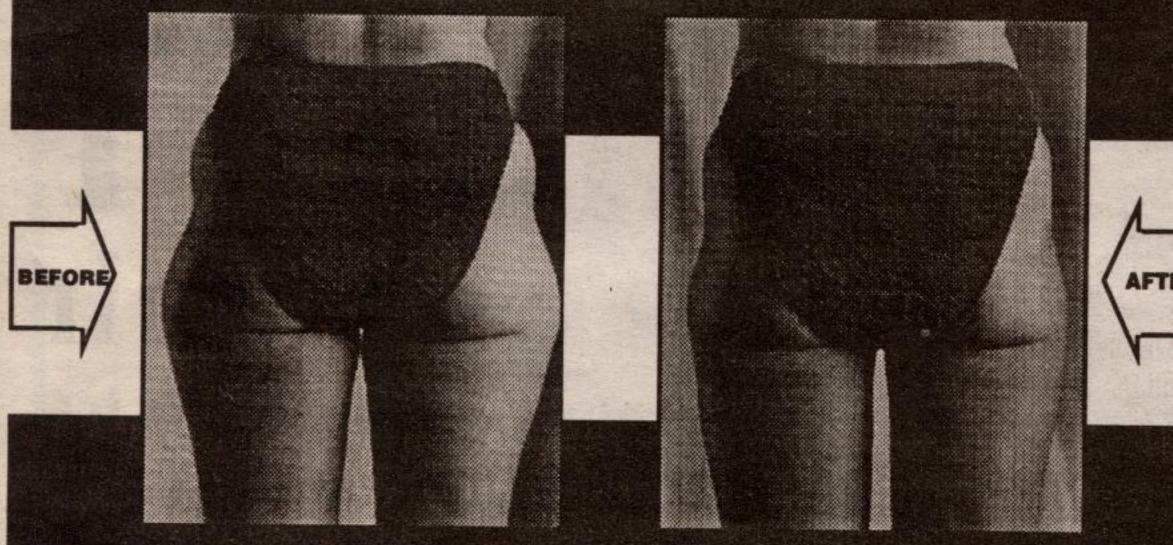


Recipients of the Halton Hills Recreation and Parks summer camp customer service Erin award are Montgomery (top) and Brent Hutzal (below). Erin works as a cashier at Acton Indoor Pool and spends time at the Acton Wading Pool as well. Erin was joined by Brittany Walker, 9 (left) and Courtney Bodi, 6. Brent is a leader at the **Junior Activity Centre** at Joseph Gibbons School and he was joined by campers (from left) Samantha Rogers, Mike Sproule, 9 and Scott Pritchard-Cave, 6. Erin each received a pair of tickets to Paramount Canada's Wonderland, compliments of The Independent & Free Press.

## WHEN EXERCISE IS NOT ENOUGH!

Body sculpting by liposuction is literally a dream come true.

Localized accumulations of fat, which may be inherited and sometimes impossible to eliminate by exercise or dieting, can now be removed permanently by liposuction, never to plague you again.



The concept of liposuction is surprisingly simple. It is a technique that improves the body's contour by removing excess fat from fatty deposits located between the muscle and the skin. Fat cells that are removed by liposuction never grow back.

In women, the most frequently treated areas are the abdomen, hips, knees, calves, chin and neck.

In men, the most commonly treated areas include the love handles, abdomen, breasts, chin and neck.

Plastic Surgeon: DR. B. SHORE B.Sc., M.D., C.M., F.R.C.S.(C)

AMERICAN SOCIETY OF AESTHETIC SURGERY LIPOPLASTY SOCIETY OF NORTH AMERICA

Please contact the Brampton Cosmetic Surgery Clinic for an appointment. Your consultation includes video presentation, literature and assessment. We also do face lifts, nose contouring, eyelid correction, brow or forehead lift and breast surgery.



(905) 451-5855 BRAMPTON COSMETIC SURGERY CLINIC 145 Queen St. East, Suite 400

### CORRECTION NOTICE

The advertisement that appeared in the Independent & Free Press on Wed. July 28/96 for



stating that they carry over 300 magazine titles was incorrect.

The advertisement should have read, that they carry over 1,000 magazine titles.

The Independent/Free Press apologize for any inconvenience this may have caused.



### St. John Ambulance Saint-Jean

You see us wherever people get together - sports events, rock concerts, parades - anywhere we might be needed. We're such a familiar part of the Halton Hills scene that you might overlook us. Unless you need us!

We're St. John Ambulance. - and right now, we need your help. Find out about serving as a brigade volunteer in Halton Hills. If you're between 18 and 65 and enjoy helping people, let us put you to the test. We'll teach you first aid and cpr, put you in one of our distinctive uniforms, and send you out where you're needed. We're St. John Ambulance, and we need volunteers.

In Halton Hills, phone Carol - 873-1425 or Greg - 853-3888

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Ask about our free "Shop At Home" window blind service.

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