

3097 At said usham?

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Wayne Noseworthy
Furniture Consultant

Re-Upholstery
Re-Construction
Re-Design

Krys Pawlak
Interior Decorator

Drapery
Bedding
Blinds

Wayne and Krys are busy designing their showroom but invite you to visit their workshop Tues., Wed. 10 a.m.-5 p.m., Thurs. & Fri. 10 a.m.-9 p.m., Sat. 10 a.m.-5 p.m.

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June 20 in Georgetown Workshop for caregivers

Caregivers, are you taking care of yourself?

It is essential that you take care of yourself as well as you take care of your spouse, parent, sibling, child or significant other. Too often, the caregiver focuses on the recipient of their care with little attention to themselves and others. Shifting demographics toward an aging population means that elder care is becoming a major issue for many people in our society.

Although approximately 90 per cent of Canada's elderly population now live independently, an ever increasing number require assistance to do so. This assistance is most often from an informal network of family, friends and neighbors. It ranges from minimal care (home repairs or looking after finances) to intensive involvement that requires bathing, dressing and feeding of aging parents. This can result in feelings of sadness, guilt

and isolation.

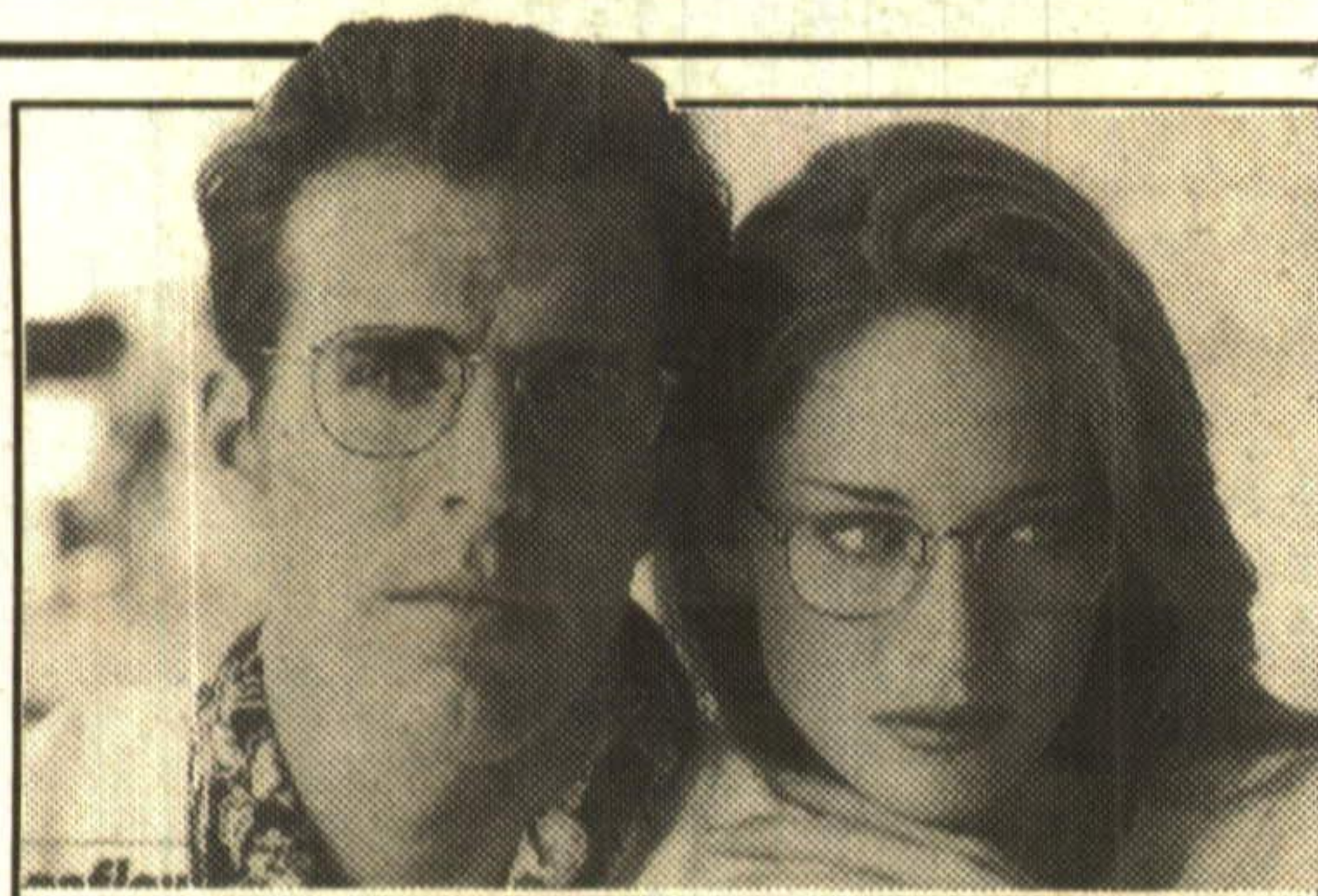
It can be very difficult to balance caregiving with the needs of children, work or your own personal needs.

The Halton Hills Community Caregiver Coalition will like to help you deal with issues around caregiving. A Care for the Caregiver workshop, helping You in Your Caregiving Role, is being held on Thursday, June 20, 6:30-9 p.m. at the Georgetown Seniors Centre in the Indoor Mall, Guelph St.

The workshop will provide information on coping strategies, home care, placement options, legal and financial issues and long distance caregiving.

For information about the workshop or to register call ASSIC 853-3310 or Halton Regional Health Department 877-2238.

If you don't take good care of yourself, you can't take good care of your loved one for very long.



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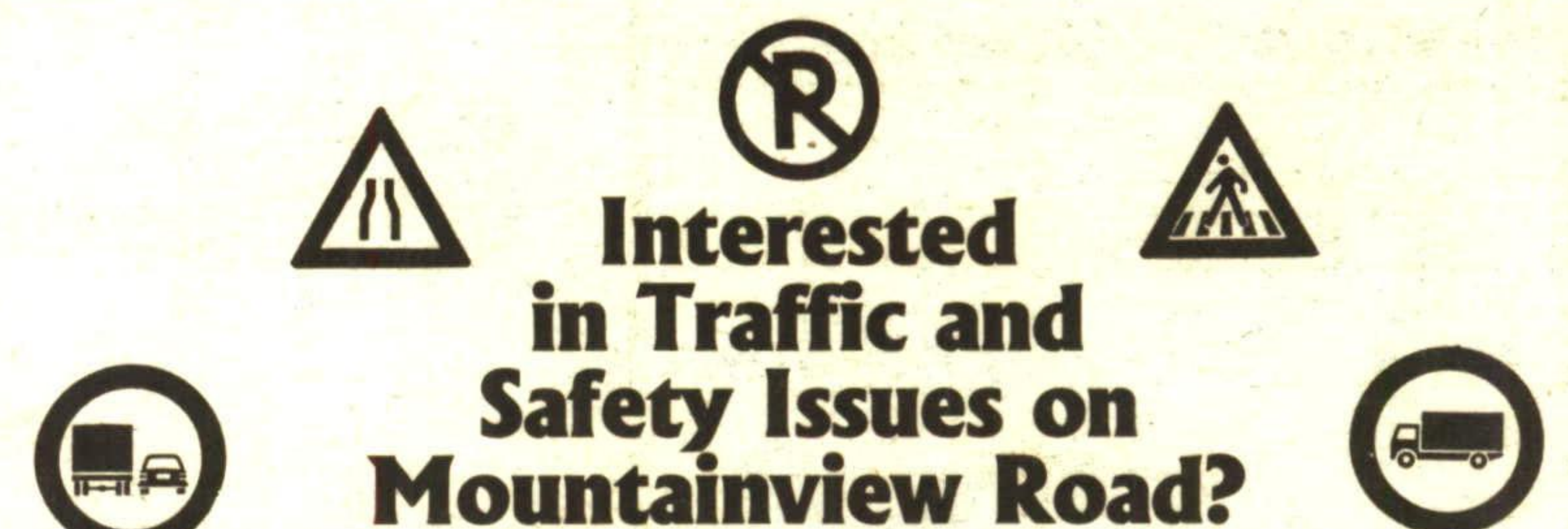
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HOURS: 10:00 - 9:00 MONDAY TO FRIDAY - 9:30-6:00 SATURDAY

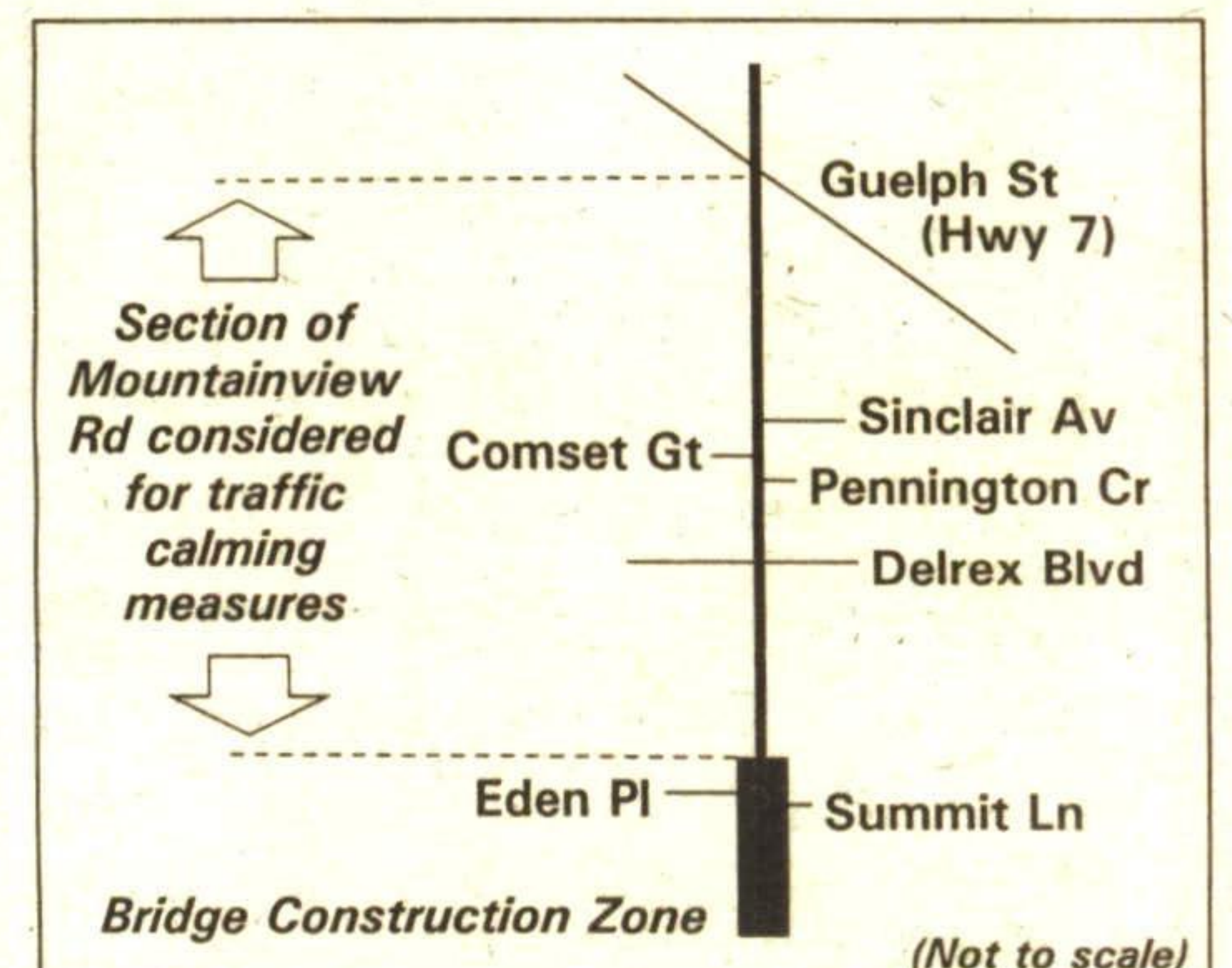


Interested in Traffic and Safety Issues on Mountainview Road?

... then consider being part of a Public Liaison Committee to work with Town, Region, Police Services and other representatives of the community to look at various traffic calming measures to promote safety and reduce conflicts along the section of Mountainview Road in Georgetown shown in the sketch.

The Mountainview Road bridge construction will be completed in November 1996. The Town and the Region would like to explore with community representatives physical improvements to the section of Mountainview Road shown, as well as other measures, to address community concerns over traffic flow and safety. If you are interested in being a member of the Public Liaison Committee, please submit (by fax if you wish) your name, address, phone number and a brief statement of your interests and affiliation, if any, to:

Bruce MacLean
Director of Planning
Town of Halton Hills
P.O. Box 128, 1 Halton Hills Dr
Halton Hills (Georgetown)
(905)873-2600
(416)798-4730 from Toronto
Fax (905)877-3524



If there are a large number of applicants, a selection committee made up of Town/Regional Councillors will determine the most appropriate candidates to provide a representative cross-section of the community interests. Applications will be received until Friday, **June 21, 1996.**



Thank you for your interest.



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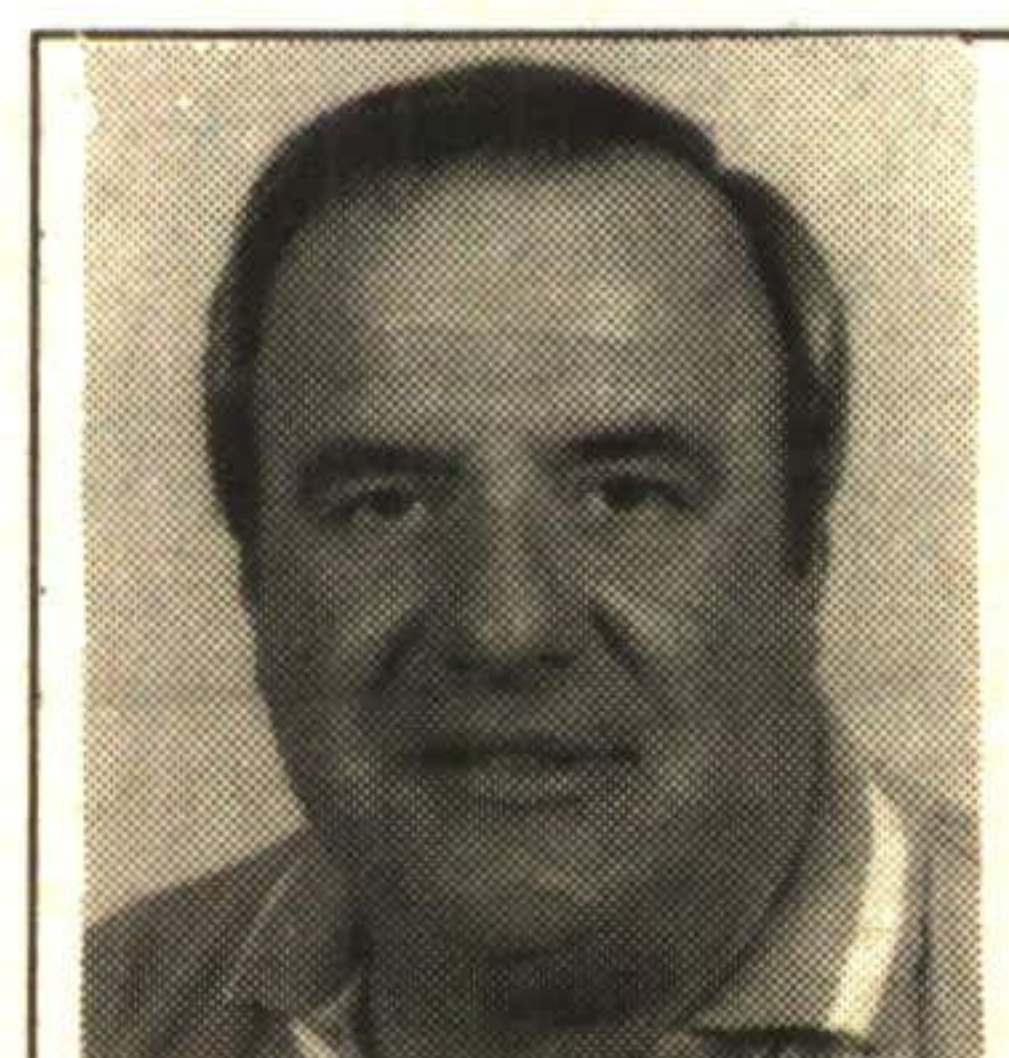
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