

DISCOVER GUELPH

Rupert's Gasthaus MOTHER'S DAY SPECIAL

Select from our menu or try our Mothers Day Selection

*Sauerbraten *Hawaiian Chicken *Salmon Steak **Call For Reservations**



Special Seatings Sunday May 12th at 12:00, 2:00, 4:30 or 6:30
768 York Road, Guelph 519-836-1484

GUELPH SPRING FESTIVAL

Simon Wynberg, Artistic Director,

Ancestral Voices

MAY 31 TO JUNE 16, 1996



Chamber & Classic Series
Jazz & World Music &
Family Programs
"Streetfest '96" - June 1

May 31 - Opening Gala Performance - Sisa Pacari & Papo Ross's "Orquesta Pambiche"

June 1 - The Scholars of London

June 2 - Celebrity Recital - Alexander Baillie, cello with Marc-André Hamelin, piano

June 6 - Vocal Recital - Catherine Robbin

June 7 - The Alexander String Quartet

June 8 - Natalie MacMaster, Celtic Fiddler

June 9 - Yuki Matsuzawa, pianist

June 12 - Choral Celebration

The Exultate Singers & The Elora Festival Singers

June 13 & 14 - "Jazz In The Loft" Rane Lee, Jazz Vocalist

June 15 - G S F Chamber Orchestra

June 16 - Jeff Healey & The Hot Five Jazzmakers

Family Sunday Afternoons

June 2 - Puppet Mongers

June 9 - Mapapa Acrobats

June 16 - "Babar the Elephant"

CALL (519) 821-7570



The Guelph Spring Festival is funded by the Edward Johnson Music Foundation

WRAP UP YOUR MOTHER'S DAY SHOPPING

MOTHER'S DAY, MAY 12



FREE GIFT WRAPPING MAY 8 TO 11

Stone Road Mall is the place for Mother's Day shopping. From flowers and candy, to soup mix and nuts & bolts, you can find it here. And if you are not sure what the perfect gift will be, try a Stone Road Mall Gift Certificate, good at any of our 150 stores & services. When you're done, wrap it all up for free.

YOU CAN GET ANYTHING (ALMOST) AT STONE ROAD MALL

Free Parking • Let's Play Childcare Centre • Special Events

• Free Stroller & Wheelchair Use • Parcel Check & Carry Out • Car Boosting • Help Phones

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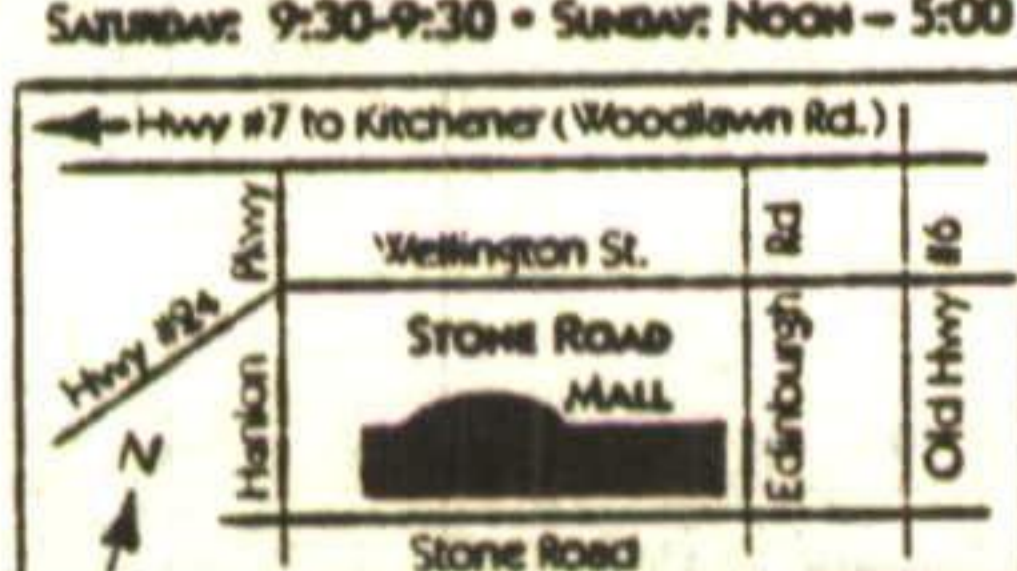
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WE'VE GOT 150 OF THE STORES & SERVICES YOU WANT!

MALL HOURS: MONDAY TO FRIDAY 10:00 - 9:30
SATURDAY 9:30-9:30 • SUNDAY NOON - 5:00



stoneroad mall You'll love the Difference



Frank Bible and Matt Borg of GDHS received a silver medal when they competed in the team carpentry event at the Ontario Skills Olympics recently at Copps Coliseum. JANET BAINE photo

Bird-a-thon takes flight

Students who raise the most funds during the sixth annual Mountsberg May Bird-a-thon will enjoy a real bird's eye view on their next nature outing — they'll win a class set of binoculars donated by Bushnell Sport Optics.

The binoculars are among more than \$3,000 in prizes available to participants in this year's Bird-a-thon organized by the volunteers of the Halton Region Conservation Foundation. The prizes for the top three individual fundraisers include a framed Robert Bateman print of a red-tailed hawk, a pair of Bushnell binoculars, and a camera.

Participants raise funds by seeking sponsors for the number of bird species they see at any location

during the month of May. Pledge sheets and bird checklists are available at Mountsberg and other Halton Region Conservation areas. Several guided bird watching walks are also available at Mountsberg.

During the peak of the May migration, birders may see as many as 50 species in a single day. More than 260 species of birds have been seen at Mountsberg over the years the park has been open to visitors.

Proceeds from this year's event will be used to expand and improve the R. Ross Craig Interpretive Centre.

For information about the Bird-a-thon and pledge forms call the Halton Region Conservation Authority at 905-336-1158.



Tooth Chatter

by ALEX TRENTON DENTURIST

WORLDS CHEAPEST STRESSBUSTER - A SMILE!

Put on a happy face! An annoying musical adage or sound medical advice? Score a big grin for science. Research shows that the physical act of smiling - even when you don't feel like it - can measurably reduce stress and improve your mood. Psychologist Paul Ekman of the Human Interaction Lab at the University of California, San Francisco, has discovered that faking a smile produces the same changes in brain activity, respiration, skin temperature, and heart rate as a genuine feel-good smile - the these physical changes promote a sense of well being. Smiling may also boost your mood because it elicits positive responses from people, faking a smile won't jolt you out of a serious depression, notes Ekman, who has been studying facial expressions for 30 years, but it can lift your mood and help you relax!

You do not need a referral; simply call our office direct.

WE CARE ABOUT YOUR SMILE!

Alex W. Trenton, D.D., F.C.A.D. (A)

Denturist

The Denture Clinic,

18 Church Street,

Georgetown, Ontario

(905) 877-2359

(Across from the Library and Cultural Centre)



Michael J. Fronchak

Mr. Robert J. Penston, General Manager of Boehmers, is pleased to announce the following appointment of Mike Fronchak, as Manager, Energy Products Division.

Mr. Fronchak joined Boehmers in 1993 as Manager of Accounting and Information Systems. He is a Certified Management Accountant and holds a degree in Business Administration from Wilfrid Laurier University. Mr. Fronchak has held various positions in the construction and building materials industries.

Boehmers, a St. Lawrence Cement Unit, provides home energy management products to consumers across Southwestern Ontario, as well as ready-mix concrete and masonry products to the construction industry.

BOEHMERS ALWAYS GLAD TO HELP