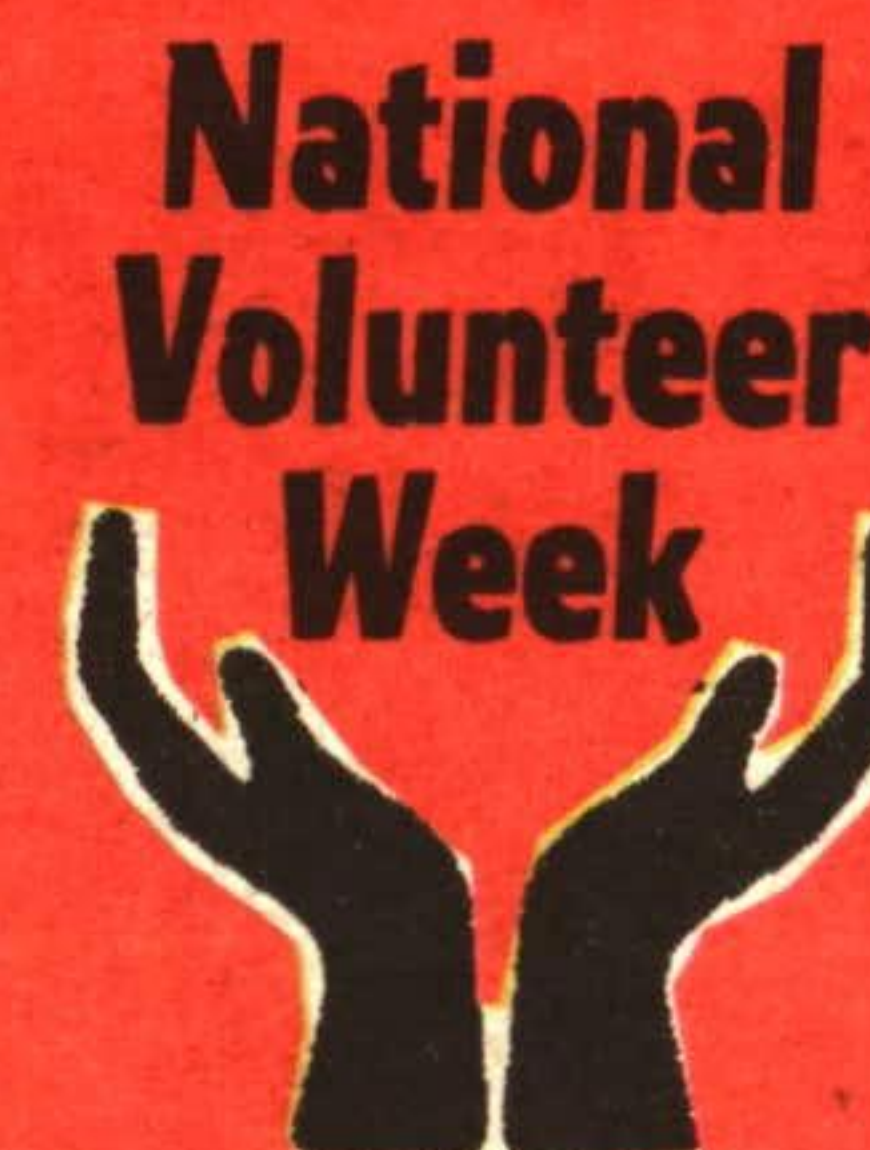


We Are A Caring Community



April 21 - 27

VOLUNTEERS
Our Greatest Natural Resource

Celebrate National Volunteer Week
21 to 27 April 1996

Volunteering — Everyone wins

Volunteer-driven programs and activities touch the lives of everyone in this community...whether directly or indirectly...whether we are beneficiaries or volunteers.

Today's volunteers focus on helping others to take charge of their lives. These interventions often come at junctures in people's lives when such support is critical. Volunteering is also valuable for the volunteers. It provides new experiences, new skills and new confidence. It can be a vehicle for self-expression. And, for people on the sidelines of life, it is a way to meet others and get involved in their community.

Volunteer experience offers definite advantages to people trying to enter the labour market, find a new job or change the direction of their career. And volunteering can ease the transition from school to employment or from employment to retirement.

HALTON HILLS CHAMBER OF COMMERCE

Thanks to business individuals for supporting your business community.

877-7119

HALTON SOCIAL PLANNING COUNCIL AND VOLUNTEER CENTRE

Thank You
Volunteers

878-0955

Community Kitchens
Healthy Choices Restaurants
Electronic Network Nutrition

Tel: 905-842-2120

CANADIAN MENTAL HEALTH ASSOCIATION
L'ASSOCIATION CANADIENNE POUR LA SANTÉ MENTALE

The Canadian Mental Health Association (CMHA), Halton Region Branch would like to extend great appreciation to the dedicated volunteers who are the cornerstone to many of our programs and services. Volunteers are always needed.

Give us a call at (905) 845-5044

Volunteer Agency Directory

Halton Healthy Lifestyles Coalition
Volunteer Program and Service Provided: Healthy Lifestyles Program - Community Kitchens, Healthy Choices Restaurants, Electronic Network Nutrition Information and Quality Daily Fitness in Schools.
Contact Person: Merle Kisby
Phone: (905) 842-2120

Halton Helping Hands
Volunteer Program and Service Provided: Volunteers do Visiting, Shopping, Odd Jobs, Repairs, and Seasonal Maintenance for Halton's seniors and permanently physically challenged adults.
Contact Person: Karen Pipes
Phone: (905) 878-6403

Halton Hills Aikido
Volunteer Program and Service Provided: Community non-profit program for children and adults who wish to learn the martial art of Aikido.
Contact Person: Dr. Fred Haynes
Phone: 873-1295

Halton Peel Genealogical Society
Volunteer Program and Service Provided: Volunteers assist family tree research in Halton Peel by branch publications of cemetery recordings, newspaper indexes and much more.
Contact Person: Lois Knight
Phone: (905) 878-4645

Halton Region Museum
Volunteer Program and Service Provided: The Friends of the Halton Region Museum are a group of volunteers dedicated to preserving Halton's Heritage by working with museum staff in research, education programs, exhibits and artifact and

archival collections conservation.
Contact Person: Linda Twitchell
Phone: (905) 875-2200
Halton Roman Catholic School Board
Volunteer Program and Service Provided: Help in class, the library or in school trips - contact your local Catholic school.
Also Grandteacher Program in Georgetown.
Contact Person: Geraldine Barnes
(905) 877-4451, Chris Jewell (905) 632-6300

Halton Social Planning Council and Volunteer Centre
Volunteer Program and Service Provided: Provides support through Planning, Research, Community Development, Support to Volunteers, and the Voluntary Sector through promotion and recruitment.
Phone: 878-0955 or 632-1975

Halton VON Volunteer Visiting Program
Volunteer Program and Service Provided: Friendly Visitor Program - supports visits to the elderly. Hospice Volunteer Program - assistance and support to those experiencing a terminal illness.
Contact Person: Linda Shaver
Phone: 1-800-387-7127

Heart and Stroke Foundation of Ontario
Volunteer Program and Service Provided: A community-based volunteer organization whose mission is to reduce the risk of premature

death and disability from heart disease and stroke by raising funds for research and education.
Contact Person: Avril Goffredo
Phone: (905) 634-7732

Maplehurst Correctional Complex
Volunteer Program and Service Provided: Self Help Programs, Tutoring, Fellowship for adult male offenders who have been sentenced to less than two years of imprisonment.
Contact Person: Frances Pedder
Phone: (905) 878-8141

Meals on Wheels
Volunteer Program and Service Provided: supply hot meal to people with illness or disability from Monday-Friday at Lunchtime. Various diets are available including: diabetic, low fat and low salt. Meals cost \$3.
Contact Person: Liz Hardstaff
Phone: 873-1378

Moore Place Day Care
Volunteer Program and Service Provided: Volunteers play with children, sit on the board of directors, help with fund raising, and promote Moore Place Day Care.
Contact Person: Lucy Quaglia
Phone: 877-9314

Multiple Sclerosis Society, Halton Chapter
Volunteer Program and Service Provided: Our invaluable volunteers organize fund raisers and spend hours working at them to provide resources for patient services and research.
Contact Person: Mary Gulka
Phone: (905) 681-8770

North Halton Distress and Information Centre
Volunteer Program and Service Provided: Volunteers trained in telephone suicide and crisis intervention skills offer a caring, non-judgemental listening ear to callers needing assistance.
Contact Person: Judith Rasanen
Phone: (905) 877-1211

St. John Ambulance Brigade
Volunteer Program and Service Provided: Teach first aid and C.P.R. and babysitting courses to the public. Provide first aid coverage for community events with a mobile first aid post.
Contact Person: David Burke
Phone: (905) 873-8442

Tele-Touch
Volunteer Program and Service Provided: Volunteers make telephone calls to seniors or individuals with a disability. Volunteer from your home!
Contact Person: Sharon Gerry
Phone: 875-0808

Twins Plus Association
Volunteer Program and Service Provided: Support group for parents and expectant parents of twins, triplets, quads and quints. Meetings twice a month plus social activities for the families during the year. Contact Person: Larysa Pittman. (905) 459-4488

United Way of Halton Hills
Volunteer Program and Service Provided: A volunteer driven organization dedicated to providing leadership in the raising and responsible allocation of funds to meet human needs and improve social conditions in a caring community.
Contact Person: Kathleen Hayward. Phone: 877-3066

GEORGETOWN MEALS ON WHEELS
would like to thank all volunteers for their time and dedication over the past 20 years.
1976 - 1996
Call Liz Hardstaff
Co-ordinator
873-1378

TED CHUDLEIGH M.P.P.
HALTON NORTH
192 Main St. E #200
Milton, Ontario
L9T 1N8
878-1729
878-5144 (Fax)

Congratulations and sincere thanks to all of our dedicated and caring volunteers who give unselfishly of their time and talents to make our community such a wonderful place to live, work and grow.

Halton Roman Catholic Board of Education • Halton Board of Education

The Friends Partnership thanks the 90 volunteers in Halton who are making a difference.

Friends: A social growth program for school children in Halton.

For information call: **Diane Salter 844-8211 ext. 282**

Canadian Mental Health Association Halton Branch

Thank You
to all of our volunteers who share their time and talents to enrich all of our school communities!

Recreation Centre
ACTON SENIORS

30 Park Avenue,
Acton
Telephone: (519) 853-5951

Centre Hours: Monday - Friday
9:00 am - 4:00 pm

The Acton Seniors Recreation Centre sincerely thanks all of the wonderful Volunteers who give so generously of their time, energy and talents to make our Centre the place to be for Fun & Friendship.